

The Heights School NEWSLETTER

ISSUE 4 | 22 March 2018

> Educating young minds

> Serving our community

> Instilling values and embracing our future



The Heights School has received **\$3.5 million** to upgrade student facilities to provide vital new learning spaces and opportunities in **Science, Technology, Engineering and Maths (STEM).** Additionally, The Heights School has received a further **\$10 Million** to develop state of the art new buildings and facilities.



Go Together

A Fair Go Have a Go, Go Hard, Keep Going!

ISSUE HIGHLIGHTS:

- Pre-school Year 12 Sports Day
- Hahndorf Farm Barn excursion
- Luka Lesson visits The Heights
- Vacation Care program

(Pictured: Pre-school - Year 12 Sports Day - see pages 6-8)

DIARY DATES

- 22/3 Thailand Students and Buddies Excursion - Adelaide City
- 23/3 ASSA Public Viewing Night (Observatory)
- 26/3 SAPSASA Crows Cup Girls Football Carnival (Years 5-7)
- 28/3 VISTA Athletics Carnival SAPSASA District Athletics Carnival Open Event Evening 6-7.30pm
- 29/3 Open Event Morning 9.15-10.30am
- 30/3 GOOD FRIDAY PUBLIC HOLIDAY
- 2/4 EASTER MONDAY PUBLIC HOLIDAY
- 4/4 Year 7 Science Excursion - Museum/Botanic Gardens
- 5/4 Primary Years Assembly CG6 & 702

See next page for **Upcoming Dates**

<u>Click here</u> to view our online calendar

CONTACT

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PRINCIPAL'S MESSAGE

P-12 Sports Day

Many exciting activities and events have occurred over the last couple of weeks. Our second P-12 Sports Day was held on Friday 9th March. It was the first one where a class of Year 11 peer support students took on a leading role. It was great see the event bring the community into the school. Once again participation, support, encouragement and a great family support atmosphere was present.



Anti Bullying

We have also revisited our commitment to Anti Bullying, through a new focus of Imagine – Imagine a world free from bullying! This will be picked up with every class.

Harassment, bullying and violence in all its forms have no place in The Heights School community. Our school affirms the right of all members of the school community to work, learn and play in a safe and secure environment.

Open Day

Looking further ahead next week we have Open Evening 6.00pm Wednesday 28th March and Open School 9.15am Thursday 29th March. We are looking forward to showcasing our school and providing evidence of the learning improvements being achieved by our students.

\$3.5 Million STEM Project

I am pleased to inform you the \$3.5 million dollar STEM Program officially begins this week in terms of the commencement of constructions. Construction will be carried out throughout most of the year with a Term 4 anticipated completion date.

STEM Career Development Project

More good news, we are the recipients of a \$50 000 grant following a successful application to integrate career development into STEM Curriculum and open students minds to future pathway options in the science technology, engineering and maths fields of work.

Thank you and well done Lyn Davis and Sharon Robertson for working on our application and taking on managing this new learning project.





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UPCOMING DATES TO REMEMBER

PARENT TEACHER INTERVIEWS R-12 Wednesday 2 May 2018 2.05pm Dismissal

SCHOOL TOURS 2018

School tours are held on Wednesdays mornings from 9.00am-10.15am as listed below. Bookings are required via

16 May
23 May
15 August
12 September
7 November

our website.				
Term 2, Week 3				
Term 2, Week 4				
Term 3, Week 4				
Term 3, Week 8				
Term 4, Week 4				

OPEN EVENTS

Booking are not required Wednesday, 28 March 6.00pm-7.30pm Thursday, 29 March 9.15am-10.30am

THE HEIGHTS SCHOOL Preschool - Year 12

> Educating young minds > Serving our community > Instilling values and embracing our future

The Heights School Preschool to Year 12 The Heights School has received **\$10 Million** to develop state of the art new buildings and facilities

Building better Schools.

Term 2, Week 5

Term 3, Week 6

Term 3, Week 7

You are invited to our OPEN EVENTS

Wednesday 28th March 6:00pm to 7:30pm

Thursday 29th March 9:15am to 10:30am

our Ignite Program, and our \$3.5 Million grant for upgrades to STEM facilities



The Heights School - Preschool to Year 12 Brunel Drive, Modbury Heights 5092 | Ph: 8263 6244 | Fax: 8263 6072 Email: dl.1430.info@schools.sa.edu.au | www.theheights.sa.edu.au

CAR PARK SAFETY REMINDER

SRIFE

SCHOOLS

Government of South Australia

Department for Education and Child Development

G

There has been an increase in reports of parents stopping their cars inside the Augustus Street car park to allow their children to exit vehicles and cross in front of moving traffic in the mornings. Parents have also been reported waiting in cars to pick up their children blocking other cars in during the afternoon when there is no free car parking available. We request that cars first stop in an available car park space before allowing students to exit the car and whilst waiting for students after school. Double parking/waiting in any school car park is not allowed. There is concern that students are being placed in unsafe situations with cars waiting in front of parked cars which affects visibility to other drivers.

We would like to remind parents that if you do not wish to park your car or a car park is not available, there is a drop off/collection lane outside the school on Brunel Drive which enables your children to safely exit vehicles and enter the school from the footpath.

We are also aware that some families are using the staff car park in front of Reception to quickly collect their children. We ask that families do not enter the staff car park for any reason as there is no safe turnaround point for extra vehicles and is a safety concern for those students waiting for allocated taxi pick up.

Thank you for your co-operation to ensure the safety of both students and families.

AROUND OUR SCHOOL

PUPIL FREE DAYS 2018

SCHOOL CLOSURE DAY

Monday 3 September

Friday | June

Friday 31 August

AROUND OUR SCHOOL

ENTERTAINMENT BOOK FUNDRAISER

The Heights School is raising funds. Here's how you can help...

We are working hard to support our fundraising and we need your help! Order your *NEW 2018/2019 Entertainment Book* now to be launched in April, date to be confirmed soon! You'll receive hundreds of valuable offers for everything you love to do, and help our fundraising at the same time!

If you wish to pre-order a hard copy of the Entertainment Book you can contact Sonja Hahn, Finance Officer on <u>Sonia.hahn343@schools.sa.edu.au</u> or call 8263 6244.

PLUS, order now to receive **over \$150** of bonus Early Bird Offers (hurry, these sell out quickly).



Purchases for hard copies can also be made on our website through BPOINT. If you would like a hard copy book, please order from the school, not the Entertainment Book website.

"The Entertainment Book is great value for such a low price. There are a lot of savings I get back instantly. It more than outweighs the original price. There is something for everyone casual, fine dining, adventure and family. I couldn't live without it." – Susan L

HAHNDORF FARM BARN EXCURSION

In Week 7 CG4, CG6, CG7 and CF2 visited the Hahndorf Farm Barn. During the visit children had many opportunities to touch, feed or hold farm animals and learn about where some of our food comes from. A highlight of the day was milking Daisy the cow and learning about the milking process.



AROUND OUR SCHOOL

LUKA LESSON VISITS THE HEIGHTS

On Tuesday the 6th of March students from Year 10, Year 11 Essential and Year 12 English were lucky enough to be visited by a famous Australian performance poet Luka Lesson. Luka has won the prestigious Australian Poetry Slam and the Melbourne Poetry Festival, he is also a songwriter and has toured widely throughout





our students, leaving them inspired and questioning their previous perceptions that

poetry is something which is 'boring' or 'out dated'. This performance ties in with learning about different forms of poetry and performance poetry as a genre. Here are some of the comments the students made about Luka's performance:

"Luka Lesson is both an interesting and entertaining performer who share his opinions through poetry" – Ella,Year 10

"His performance was extremely entertaining and a lot better than what I expected." – Jun,Year 10

"Opening up times in between poems for questions was very useful in allowing us to gain new knowledge about poetry and the poet himself" -Tristan, Year 12

"Inspiring! You could clearly see his passion for poetry through his performance" - Shenyll, Year 12

"I am not usually a fan of poetry, but Luka's presentation was actually beautiful" – Jaidan,Year 10

Bridget Roberts, English teacher

STAGE 2 VISIT TO THE ADELAIDE CENTRAL MARKETS AND CHINA TOWN

On Thursday the 1st of March, the Stage 2 Food and Hospitality students visited the Adelaide Central Markets and China Town as part of their research into the socio-cultural factors that influence modern Australian cuisine.

With \$5 each, students set out to find an ingredient or a food that they had not tasted before and wished to include into their practical cooking class in the following week. After two hours of exploring the markets, students returned with a wide variety of ingredients. Pomegranate molasses, star anise, miso paste, pate and Spanish cheese are just a few of the ingredients that students found.

In the following weeks the students will bring together their experiences and ingredients from the markets to create their own unique modern Australian fusion dish. How fortunate we are in Adelaide to have such an amazing and vibrant market, where students are able to experience firsthand the impact that many diverse cultures have had on our local cuisine!

Sarah Rogers Curriculum Leader Health and PE Food and Hospitality Teacher



VISTA YEAR 10 BOYS INDOOR CRICKET

On Thursday 22nd March, the Year 9/10 Boys Indoor Cricket Team participated in a NEVista Carnival at Brahma Lodge ICA. With a variety of players ranging from highly accomplished, to those having their first experience, the team won 3 out of their 5 games and concluded the carnival in 3rd place. Well done to all students; Ali, Benjamin, Dhrumil, Jordan, Josh, Shawn and Tyson, who participated in a sporting manner on the day.





VACATION CARE

THE HEIGHTS VACATION CARE

WHERE:	OSHC Building (in front of Augustus St carpark), The Heights School, Brunel Drive, Modbury Heights Ph: 8395 6879
WHEN:	16th April – 27th April 2018 Times when centre is closed are specified 7.00am-6.00pm
WHO:	Children aged 4-13 years
COST:	\$52.00 per day (Child Care Benefit and Rebate available)

BOOKINGS:

* Places in care can only be made by ensuring your child(ren) are enrolled in the OSHC service and submitting a Vacation Care booking form. Please contact OSHC staff on 8395 6879 to discuss enrolment.

* Bookings for care are filled in order of the forms being returned

*All outstanding fees need to be paid before booking forms are accepted

* Please note our five business day policy of cancellation. All cancellations made within five business days of nominated care, will incur FULL FEES for families for each child. (Without CCB)

Please return vacation care forms ASAP to ensure your place!

We ask that families pay a small deposit to secure their child's place.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 th April	17 th April	18 th April	19 th April	20 th April
OSHC'S MEGA	EXCURSION	INCURSION	DONUT MAKING	EXCURSION
SLEEPOVER PARTY	<u>MONARTO ZOO</u>	<u>Pokémon workshop</u>	You will get to make your own donuts and decorate	'DADAGASCAR
(during the day!)		We have a special guest	own donuts and decorate them! Yum!	Ghe musical'
We are having yummy pizza		today who will be doing a		James and Alexandree
delivered today for lunch!		workshop on all things Pokémon!		
Wear your PJ's!		POREINON:		AQUENTURE
Sreepever	1000			
	We are off to Monarto Zoo		OSHC BINGO	We are off to the Arts
	today – Take 2!		We are going to play OSHC	Theatre today to see
	You will need your lunches and drink bottles!		bingo! Prizes galore!	'Madagascar – The
Bring your blankets, sleeping	You will be on a bus and	And if Pokémon is not your thing, you'll enjoy	BEYBLADE MANIA	Musical'
bags and pillows!	get to see some animals	ining, you il enjoy	Let's have a Beyblade	Be at OSHC by 8.45am
We'll set up OSHC like a slumber party!	close up!	Tie Dye	competition! Battle your	Back by approx 12.15pm
With new movies to watch!	Be at oshc by 9am	Slime	friends!	Hama beads
No lunch required	Back by approx 4.30pm	Hot chocolate and marshmallows		Stress balls
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 rd April	24 th April	25 th April	26 th April	27 th April
EXCURSION	INCURSION	-	EXCURSION	OSHC GRAND PRIX
PUMPT	TUNZ OF FUN			On your mark, get set, go!
	TUESDAY!!!	ANZAC DAY		Come to OSHC today and
Back by popular demand! You will get to ride a bike or	You are going to love our plans	CLOSED	We are off to 'Latitude!'	make your own grand prix
scooter on some tracks,	for today		You will get to have <u>2</u>	car. You will get to paint it!
indoors!	We have hired a jumping		hours of climbing and	And race it on our track outside!
(age appropriate) Please bring your helmets or	castle for the day!	Lest We Forget	bouncing!	
\$2 to rent a helmet!	Anda fairy floss machine!!		Please wear comfy clothes to	
			bounce in!	
🏹 🐙 -			*	
I I I I I I I I I I I I I I I I I I I			AGO,	
No sandals or thongs	TT	1		Medals and prizes for all
please!	FLOSS			involved!
Be at oshc by 12.30pm	Today is going to be full of fun activities!		Be at oshc by 11.45am	
Back by approx 4pm	ion acritinos:		Back by approx 3.45pm	

SPORTS NEWS

PRE-SCHOOL TO YEAR 12 SPORTS DAY

Pre-school –Year 12 Sports Day was held on Friday 9th March. It was a fierce contest between Houses with less than 200 points separating 1st and 2nd place and only 17 points separating 3rd and 4th! Congratulations to our Sports Day House Winner: Hyrda Sharks.

The point summary is as follows:

HYDRA SHARKS – 3, 202 POINTS

DRACO CROCODILES – 3, 027 POINTS

CORVUS REDBACKS - 3, 012 POINTS

AQUILA DINGOES – 2, 730 POINTS



Congratulations to our Year Level Champions and Runners Up for Years 3-12:

Year Level Champions

- Year 3 Cameron Smith and Jaebeen Lee
- Year 4 Felix Schellhase and Angeline Tung
- Year 5 Michael Williams and Ganguli Netthasinghe
- Year 6 Alex Jose and Jorja Jennings
- Year 7 Jonas Cameron and Amberlee Bryant
- Year 8 Jackson Li and Aimee Wilson
- Year 9 Onesimus Hewett and Grannie O'Connell
- Year 10 Lionnel Muhitira and Minuka De Silva
- Year II Awal Dut and Jaimee Lake
- Year 12 Jordan Hocking and Alexandra Wilson

Year Level Runners Up

- Year 3 Nikhil Netthasinghe and Brieya Stephenson
- Year 4 Ben Marshall and Ayman Sabir
- Year 5 Harley Martin and Ab Bosworth-Schultz
- Year 6 Jett Tilmouth and Emily Stribling
- Year 7 Hamish Britton and Charlee Coleman
- Year 8 Robin Joseph and Saya Kikuchi
- Year 9 Mekhia Khiev and Abbie Stribling
- Year 10 Lucas Fenn and Megan Marron
- Year II Lachlan Searle and Suva Permezel
- Year 12 Kane Lehmann and Willow Mather















-12 SPORTS DAY 2018

SPORTS NEWS

PRE-SCHOOL TO YEAR 12 SPORTS DAY

The Learning Journey of the Stage I Peer Support Class

2018 was the first year The Heights School has included Pre-School within our Sports Day Programme. As well as the first year where our Stage I Peer Support Class have planned, organised and ran the day. I would like to publicly acknowledge my gratitude to the Stage I Peer Support Class who have undertaken an immense learning journey in an intensified time frame and produced a successful product on such a large scale. In their words, this was their journey;

Some of Our Opportunities

'I organised the menu and I asked Kellye and the volunteers about the prices to develop the price list for the menu, we spoke to the grounds men and I organised the nominees for the free icy poles. I also communicated with the manager from Krispy Kremes and made a phone call to Dominos to let them know we will be placing a big order.'

'We designed posters to display around the school to advertise the drawing competition and promote Sports Day and communicated this information via display, Daymap, newsletter, Facebook and the student bulletin. We made adjustments to the programme and created portable signs to display at each event.'

'On Pre-School Sports Day I helped Mrs Eastley out with the students and helped explain the activities to the children, teachers and parents. On Sports Day I helped run events and encouraged my peers to participate in a respectful way.'

We wrote and presented an Opening Ceremony Speech, helped order medals and ribbons and spoke to all staff about their roles on the day.

Some of Our Risk Taking and Problem Solving

'Our Class has been faced with a few problems/difficulties that could have impacted Sports Day if we were unable to adapt our plan and overcome them.'

'We were on a tight timeline to get all of the event signs printed and laminated, when we realised the student who had them was away. We divided the task and redid them altogether, taking the risk of not finishing in time- but we did!'

'House Meetings also threatened to go wrong, when we were faced with the issue of having no event program. All of a sudden it seemed no one had any idea what events were being run on Sports Day, not even the students and teachers who have been involved in Sports Day. We had to rely on our previous experience and knowledge of the events to list as many events to each year level group. I pulled up a Google Docs document from class where we had previously brainstormed events and got students to write down events they may be interested in. Someone else even asked students to come up the front and demonstrate to other students what that event might look like.'

'The forecast for Sports Day made the catering team nervous. We had ordered all this food and had to make a decision as to what would happen if we needed to postpone the day. We spoke with Noelle, Kellye and Miss Allen to support us with this decision and took the educated risk to proceed with minor adjustments to our orders.'

Some of Our Successes

'Running House Meetings gave me the opportunity to overcome the difficulty of knowing what to say and asking for help when we needed it... It was pretty nerve racking when I had to talk to the year sixes... but I overcame that and carried on with what I had to do.'

'I stepped out of my comfort zone and I spoke up'

'I realised I could have done better if I had given more instruction before trying to solve problems, and taking more suggestions from my teammate.'

'I haven't spoken in front of a crowd for a very long time as I didn't feel comfortable with it. After the R-12 House Meetings, I am now confident in myself that I would be able to talk in front of crowds more often, and more comfortably.'

I have got to know many more teachers and students during the House Meetings, the Splash Carnival and the Pre-School Sports Day.

'My group has utilised our time extremely well, managing to complete all required work in the time provide. This is great for our morale as a group as it reinforces to us that we are working and gelling well as a group, which increases our ability to work efficiently and effectively.' Year II Peer Support and Eulaly Allen, Peer Support Teacher





SPORTS NEWS

PRE-SCHOOL TO YEAR 12 SPORTS DAY



Competition was a huge success. Congratulations to the P-12 Drawing Competition Award Recipients.

Pictured from top:Year 9 -12 winners; Pre-school - Year 5 winners; (below) Year 6-Year 8 winners.











Staff Tug of War

Acknowledgements

Overall, Sports Day was a great day for students, parents/caregivers and teachers. I would like to acknowledge the outstanding work of the following people:

- The Year 11 Peer Support Class
- Gemma Eastley, Kellye Rowe, Noelle Wallis, finance SSO's and the HPE facility for their support and guidance of the Year 11 Peer Support Students
- School Volunteer Partnership
- The Grounds Staff who did the line marking and other behind the scene work
- Pre-school-Year 12 Staff Members Without the dedication and enthusiasm all SSOs and teachers showed during the day, Sports Day would not have been such a success.
- To all the students who showed outstanding sportsmanship and behaviour throughout the day. Thank you!

Eulaly Allen, Sports Coordinator

P-12 SPORTS DAY 2018

UPCOMING EVENTS FOR CHILDREN AT TEA TREE GULLY LIBRARY

Anstey's Space Cub

This is the club for future astronauts, the kids who want to learn about the universe beyond earth. At monthly sessions you'll meet space experts, you'll help us launch Anstey the Echidna into space for the second time, and you'll even get your own Anstey toy and badge to keep! \$15 per person.

Age: 10-13 years Date: March 14, 5:30-6:30pm (ends in July) Register online: teatreegully.sa.gov.au/ librarvevents

Storytime

Storytime sessions are a mixture of stories, rhymes, songs, and craft activities. Sessions are held at the same time every week and during school holidays. We sometimes have special guests, like Jon the Physiotherapist, who taught the kids about movement.

> Age: 2-5 years Date: Every Monday, Tuesday, Friday 10:15-11am Free: no booking needed

Homework Help for students

Homework help from qualified teachers in a range of subjects. Feel free to drop in to Teer Area of Library and ask your questions!

Grades: 6-12 Date: Every Wednesday, 3:30-4:30pm Free: no booking needed

Saturday Lego Club

Each Saturday, children and families are invited to come and join in the fun of playing and creating with Lego. This is a free play activity. Lego donations are welcome. All Lego items made on the day will be on display in the Library until the following week.

> Age: 4+ years Date: Every Saturday, 11am-1pm

Henny Penny for Easter

'Henny Penny Hatching' will be visiting the Library! They will bring baby chicks and fertile eggs, which will hatch over the first week of their stay at the Library. Henny Penny provides an exciting and educational experience for everyone!

Date: March 19-29, all day

Golden Grove backyard plant & produce exchange

And here's one for the parents and teachers! Exchange your surplus garden produce. Bring your plants, seeds, fruit, free-range eggs, and veggies. This will be a cashless environment. Only fresh produce will be accepted. No preserves, processed or dried food products please.

Date: Saturday 17 March, 10am-12:30pm Register online: teatreegully.sa.gov.au/ libraryevents

FOR MORE INFORMATION:

Web: teatreegully.sa.gov.au/libraryevents Email: childrensandyouth@cttg.sa.gov.au Phone: 8397 7333



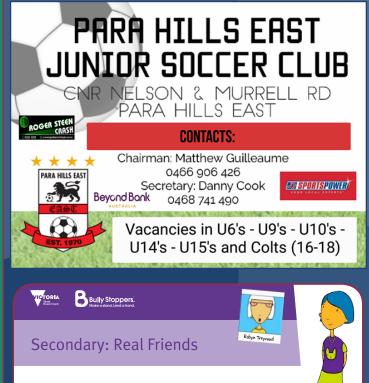












Is your online behaviour effecting you offline?

What's the issue?

Our smart phones and the other mobile devices we use are fantastic. But if they start to take over our lives, then we're in problem territory. If the way we're using them is having bad effects on our health and relationships, we need to stop and think about what's going on.

Why does it matter?

- Spending too much time online can be a health hazard! Recent research (Nov, 2012) from Edith Cowan University in Western Australia has recorded that 7% of Australian children aged 13 have spent so much time online that
- they have missed out on sleep and meals.
 Spending too much time online can disrupt your relationships with family and friends in the offline world.
- Spending too much time online can
 interfere with the quality of your
- homework or even just getting it done.
 Being a good friend—really caring about the wellbeing of your

friends—sometimes means challenging what a friend is doing and talking about it with them.

Advice

Be a real friend to others

Suggest your friend thinks privately about their answers to the questions below which help people recognise if they really have a problem with their online behaviour. If they answer yes to most of them they might need some professional support to get the balance right.

- Are you spending more and more time online?
 Do you lose track of time when you're online?
 Do you think about being online when
- you're away from your device? • Do you log on as soon as you wake up? • Are you not getting around to finishing
- homework or jobs at home?Are you skipping meals to go online?
- Are you online when most people are sleeping?

Find out in advance ways that your friend can be given support in this situation—seek advice from counsellors, level co-ordinators or teachers at your school so that you have something positive and concrete to suggest in your conversation.

Be a friend to yourself

 Keep an eye on the balance between your own online and offline activities.

Advice Sheets: Secondary: Real Friends | © 2013 | Department of Education and Training | Robyn Treyvaud - Internet Safety Co

COMMUNITY NOTICES