

The Heights School

NEWSLETTER

ISSUE 8 | 7 June 2018



> Serving our community

> Instilling values and embracing our future



The Heights School has received \$3.5 million to upgrade student facilities to provide vital new learning spaces and opportunities in Science, Technology, Engineering and Maths (STEM)

Additionally, The Heights School has received a further \$10 Million to develop state of the art new buildings and facilities.



A Fair Go Have a Go, Go Hard, Keep Going!

ISSUE HIGHLIGHTS:

- School Volunteer Partnership
- Primary Years Assembly Awards
- Year 8 EALD English
- VISTA Year 8/9 Girls 5-A-Side Soccer

(Pictured: New lockers around the Middle Years building)



DIARY DATES

8/6	STAR Group Meeting Night
	7.30pm
	VISTA Sonior Mixed

Badminton Carnival

11/6 **PUBLIC HOLIDAY** Queen's Birthday

- 13/6 **ICAS Spelling Competition** (Years 2-7)
- 14/6 **ICAS** Writing Competition (Years 3-12)

Primary Years Assembly (CF4 & 601)

15/6 **NO YEAR 10 CLASSES**

Year 10 PLP Interviews

VISTA Year 8/9 Girls 9-A-Side **AFL Carnival**

Governing Council Meeting

20/6 SAPSASA Boys Football

World Refugee Day

See next page for **Upcoming Dates**

Click here to view our online calendar

CONTACT

19/6

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www.theheights.sa.edu.au



/heightsschool



PRINCIPAL'S MESSAGE

Reconciliation Week

Last week we acknowledged and celebrated Reconciliation Week with a secondary school assembly on the Monday and a primary assembly on the Thursday. National Reconciliation Week is held between the 27th May and 3rd June and is a time where Australians come together to join the reconciliation effort. It's a time where we learn about our shared stories and cultures and move forward towards a brighter and more equal future for all Australians. This year's theme was 'Let's Walk the Talk!' recognising the First Australians.

New Lockers

540 brand spanking new lockers have been installed around our Middle Years classrooms. After 41 years finally some of the old rusting grey metal lockers have been replaced. Spreading the cost over two years, next year we look forward to doing something similar around the Senior Years classrooms.

Take a look at our Middle Years building next time you are in school, the lockers look great!

Friday 25th May we recognised our volunteers with a special morning tea. At The Heights we are fortunate to benefit from many wonderful volunteers and it demonstrates what a healthy, vibrant community school we are!

Blair Boyer Member for Wright acknowledged and thanked people for the support and contributions they make. Kellye Rowe is our Community Liaison Officer who hosted this event and can be contacted through the school front office if you'd like to join our contributing team.

Play is the Way

Friday 1st June staff participated in a professional learning program titled Play is the Way. It was a very successful day and we greatly appreciated the time for all staff to work together. The program emphasised a common approach and being mindful about how we use language to build resilience, manage behaviour and educate people about the moral purpose of doing the right thing because it is the best thing to do. An additional by product of the day was fantastic team building and working together for all of our staff.

Regular Attendance

The likelihood of success in learning is strongly linked to regular attendance and participation in educational programs.

We are striving to maintain high student attendance rates. Our students' attendance rate is experiencing an improving trend coming in at 92% for 2017 up from 90.6% and 91.5% in 2016.

The importance of attending school regularly cannot be overstated. Students should have very few days absent each year. If your child is to achieve a 95% attendance rate this means they are absent for 10 school days per year.

Unless there are exceptional circumstances the number of days absent per year should be very small, no more than a handful and certainly less than 10. If your child is absent from school, please account for their absence.



Nigel Gill Princibal



AROUND OUR SCHOOL

UPCOMING DATES TO REMEMBER

SCHOOL TOURS 2018

School tours are held on Wednesdays mornings from 9.00am-10.15am as listed below. Bookings are required via our website.

15 August Term 3, Week 4
12 September Term 3, Week 8
7 November Term 4, Week 4

PUPIL FREE DAYS 2018

Friday 31 August Term 3, Week 6

SCHOOL CLOSURE DAY

Monday 3 September Term 3, Week 7



5-6 Year 8

2-4

EALD English

Around Our

School

7 Sports News

CONTENTS

8 Community
Notices

YEAR 11 & 12 EXAMS

YEAR II EXAMS:

18 June - 29 June (Weeks 8 & 9)

Year 11 exams are held during scheduled classes. Students are required to be in attendance for normal school hours during this time.

YEAR 12 EXAMS:

2 July - 6 July (Week 10)

There are no scheduled Year 12 classes during Week 10. Students are only required to attend school (in uniform) for their exams.



WAKAKIRRI TICKETS

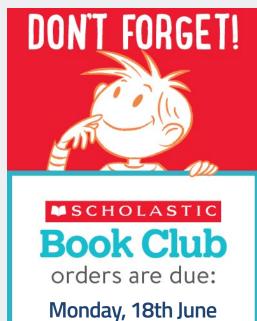
WAKAKIRRI Australia's Largest Performing Arts Event for Schools



Wakakirri 2018

'Hooked On Flight'
Adelaide Entertainment Centre
15 August 2018
Order tickets with payment
through the Finance Office
Final Day to pay June 13th

\$37 per ticket



SCHOOL VOLUNTEER PARTNERSHIP NEWS



National Volunteers Week



On Friday the 25th of May, during National Volunteers Week, our school was proud to host a morning tea in honour and appreciation of the members of our School Volunteer Partnership. About 30 of the 100 volunteers who have been active this year were able to attend and were addressed by our Principal, Nigel Gill and the MP for Wright, Blair Boyer. Thank you so much to all of the volunteers who were able to attend. For those of you who couldn't make it, a small gift will be coming home to you shortly.

Could you go without a device all day?

Like you, we are thrilled that all our high school students get the opportunity to use a laptop each day. Just like you, our students benefit from the advantages of being able to access the internet, save their work, research their areas of interest and connect with their teachers and fellow students online.

To make this possible, the school supplies the laptops to student who do not have their own and our amazing volunteers give the devices out and collect them back each day.

We are looking for volunteers who have their RAN-EC training and DCSI clearance who could be available to assist either in the mornings from 8.30 - 9am or in the afternoons from 3 – 3.30pm.

No experience is necessary. Just let us know when you will be coming and we arrange for our lovely Resource Centre staff to show you how it's done.

Date: Any school day

Time: 8.30 - 9am or 3 - 3.30pm. Location: Resource Centre

Contact: heightsvolunteerpartnership@gmail.com





School Volunteer Partnership (SVP) Meeting - Term 2

We are very excited to announce that in this term's SVP meeting we will be hearing from our *R-Year 7 School Wellbeing Leader, Suzanne lerace*, who will be sharing valuable information about the PLAY IS THE WAY® methodology.

The Heights School utilises this methodology for teaching <u>social</u> and emotional skills using guided play, classroom activities and an empowering language. It is a process that gives our school a way to develop, improve and entrench the <u>personal and social capabilities</u> of students.

All staff will be taking part in a full day of 'Play is the Way' training in June, and we encourage all of our volunteers, interested parents and caregiver to come along to this special SVP meeting to learn about the benefits of the curriculum and how you can use it at home.

For more info visit https://playistheway.com.au/content/l-about-play-is-the-way and click on the 'parents' tab.

Date: Tuesday, the 19th of June (Week 8)

Time: 9am Location: MG3 Host: Felicity Barty

Please RSVP to: heightsvolunteerpartnership@gmail.com

by the 14/06/18

PRIMARY YEARS ASSEMBLY AWARDS

At the Primary Years Assembly on Thursday 31st May, a number of awards were given out to students. These included; SAPSASA Sport Awards for soccer and cross country, Performing Arts class awards, Manga Maths Ninja Challenge awards, Citizenship awards and Home Group awards.

Well done to all the students who received one or multiple awards.

The photos included are just a few of the awards given out. The photos are:

- Charlotte Birse certificate for attending the State SAPSASA Swimming Championships.
- Alisha Richardson and Kara Mortlock both students received Citizenship Awards (both girls received their awards for continually upholding the Play is the Way virtues, school values and class rules. Both students are supportive of students around them, always happy to help anyone that asks them.
- Brodie Smith, Miguel Tolentino, Jordan Chan and Averil Oon medals for top 4 achievements in Manga Maths Ninja Challenge.



Alisha Richardson and Kara Mortlock receiving Citizenship Awards





Manga Maths Medals: Averil Oon, Brodie Smith, Jordan Chan and Miguel Tolentino



Swimming State Carnival Partipicipation Charlotte Birse with State Carnival Certificicate

YOUTH LEADERSHIP PROGRAM - A NOTICE FROM THE CITY OF TEA TREE GULLY

Being a Leader in Our Community

City of Tea Tree Gully is once again offering the Youth Leadership Program, applications are now open and we would like to encourage you to share this opportunity with your students.

13 young leaders have recently graduated from Round 1 with great success and have gained valuable transferrable skills that can apply to their life, school or work environment,

Places are limited for Round 2 and we are currently seeking 10 young people who have a passion for being involved in their community and would like to be a part of this FREE personal development leadership program.

To apply via our online form, lease click to open the link

https://www.teatreegully.sa.gov.au/Services/Youth/Youth_leadership_program

The program will run once a week each Tuesday from 4 - 6pm for young people aged 14 - 22 years old.

Sessions include guest speakers and interactive activities that promote leadership skills and topics to be covered include:

- · Public speaking · Social change · Effective communication · Debating · Problem Solving · Character Strengths-V.I.A.
- Inspiration and motivation Values and perspective Peer mentoring Meaningful Volunteering

Please head to our website for more information about our Youth Development programs or contact Carly Didcote direct on 83977262. https://www.teatreegully.sa.gov.au/Lists/Search Results?dlv_DLV%20Search%20Results=(keyword=youth)(pagesize=10)(pageindex=1)

"Great Leaders don't set out to be a Leader....They set out to make a difference. It is never about the role - always about the goal" — Lisa Haisha

YEAR 8 EALD ENGLISH

Students in the Year 8 EALD English class have been analysing and creating a range of poems from Shakespeare's sonnets to rap music. You can read below some of the creative, and in some cases moving examples below. See if you can identify some of the literary devices (rhyme, personification, iambic pentameters, onomatopoeia, hyperboles, alliterations etc) they have used to influence the tone and rhythm in their texts. A. Niven

Sonnet - Diyem Hasan

- A When my stomach starts rumbling with hunger.
- B That's when I start to smell the dough cooking.
- A And then stumbling I'm not getting younger.
- B I go to the kitchen to start looking.
- C When I see the greasy cheese spread on top.
- D I start to imagine what's tastier.
- C Until the cheese starts to bubble and pop.
- D My mouth drools and brain goes crazier.
- E I reach for a slice then I take a bite.
- F I feel the hot steam start to burn my tongue.
- E Then the guilt sets in, is this diet right.
- F This is unhealthy and won't keep me young.
- G Pizza is unhealthy makes me feel bad.
- G The kilogram's creep on makes me feel sad.

Emotions Poem - Yara Hasan

Happiness in Autumn is yellow like the sun.

It tastes like hot chocolate.

It smells like the wood burning.

It looks like the forest in Autumn.

It sounds like crunching leaves at a forest.

It feels like Autumn.

First day at school - Harneet Dhaliwal

Weird feelings floating around me

Students staring right through me.

Who is he?

What is he doing here?

Is he new to this school?

My stomach is grumbling

Lam so nervous

Mum, where are you

Where are all my old friends

A part of my body wants to run back home

Why did we move houses in the first place, Dad?

I hope this was all a dream.

Sad Emotions Poem - Susan Faber

I sit alone in the dark.

Nobody sees me,

I see nobody.

In the dark I sit alone.

Flowers above,

My eyes have darkened to a colour

never seen before.

Forever closed.

In this room I've drowned too many times.

I remember the flood of water under my eyes.

My shiny sheets wrinkle and cold.

I die and die every day.

No one sees the pain that kills me,

Wounds that reach six feet deep.

Transparent demons,

Bleeding wrist,

Scary dreams,

My mind is screaming.

Incomplete,

Torn,

Broken

Is how I live.

I'm alone.

No one's around.

My body's like crates on the moon.

Stiff in my own home.



Free verse - Mitul Parmar

I have done it, I have done it.

Guess what I have done.

I have invented a light that plugs into the sun,

The sun is bright enough,

The bulb is strong enough,

but there is only one thing wrong.

The cord ain't long enough.



YEAR 8 EALD ENGLISH (Continued)



I am Poet - Truong Luu

I am smart and reliable

I wonder what is life in the afterlife

I hear people cheering for me

I see my future self, living a good life

I want to live my life with my parents forever

I am smart and reliable

I pretend I am an adult

I feel warmth from heaven

I touch my good side

I worry about being alone

I cry when I die

I am smart and reliable

I understand the consequences of my troubles

I say things that are made up from the past

I dream to show myself how to live the life

I try getting back up when I get knocked down

I hope to see all my friends when we all live together

I am smart and reliable

Free Verse- Dominic Saing

Amidst the dark

Soon a blaze

A little spark

Dance and plays

Looking for a chance

To grow and mature

Up, down, skip and prance

Finds itself a wooden skewer

Forests crackle beneath the fire

For there's no stopping situation dire

From the world's darkness now so bright

Stand upon up high, this fiery sight.

lam Poem - Harveen Kaur

I am sweet and bubbly

I wonder about my life and future

I hear the chirps of a golden bird singing

I see a unicorn on a rainbow

I want to be an actress

I am sweet and bubbly

I pretend to be a star (celebrity)

I feel a fairy's magic with me

I touch the success of my career

I worry about poverty

I cry about death

I am sweet and bubbly

I understand my mum's love for me

I say I will be a celebrity one day

I dream about becoming a actor/celebrity

I try my best to achieve my dreams

I hope my dream will come true

I am sweet and bubbly

Sonnet - Uhan Sohairudin

You're a peasant, captured with evil brute.

Thou are worked to your death without mercy.

From harsh winter to the hot summer suit.

Hearing screams and coughs of controversy.

Thou starving like a skeleton.

Desperate for something to quench your thirst

Sitting in mud puddles still a danger.

Fence preventing escape, the prisoners cursed.

The helmeted crew bring them together.

The rounded lived up destined to perish.

Hunting the birds through the feathers.

The scene of the massacre so hellish.

Life of a prisoner harsh and full of deaths.

Thought of loved ones before the final breath.



VISTA YEAR 8/9 GIRLS 5A-SIDE SOCCER

On Friday the 25th of May our year 8/9 Girls 5a-side Soccer participated in the North East VISTA carnival. Although the girls came away without a win, they enjoyed their memorable experience. Comments from the girls themselves:

It was a tough competition but we never gave up. We tried our best and we had fun. There were many goals lost and scored. I really enjoyed playing VISTA 5a-side Soccer today, we may not have won but we had a lot of fun. Our effort and spirits were high and we tried our hardest. I enjoyed playing with friends, scoring a few goals and having fun. I like that we all tried.

Year 8/9 Girls 5a-side Soccer Team







YEAR 8/9 & SENIOR GIRLS NETBALL

On Wednesday the 30th of June our Year 8/9 and Senior Girls Netball Teams competed in the North Eastern Zone VISTA Lightening Carnival held at The Argana Courts. The Year 8/9 team won 2 out of 5 games. They had rough games and close games and they grew together as the day progressed. Their team work and communication improved significantly over the day. Overall, they enjoyed playing sport all day, being outside and spending time with their friends. The Senior years teams displayed great teamwork and ability to read the play as the ball moved down the court. Their highlight was also being active and spending time with their friends.

Eulaly Allen Sports Coordinator





JOIN THE PARKRUN FAMILY

WALK, JOG, RUN, VOLUNTEER

or simply come and watch - it's up to you!

FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

FUN FOR ALL THE FAMILY

Prams and dogs can take part

IMPROVE HEALTH & FITNESS

Be active in the open air

DEVELOP NEW SKILLS

Opportunities to volunteer

FREE & EASY TO TAKE PART

No need for special equipment or clothing

YOU DON'T HAVE TO RUN

Walkers are always welcome

BE PART OF A COMMUNITY

Make new friends and socialise

BUILD CONFIDENCE

Track progress and achieve new goals

Register at parkrun.com.au

notes

Our local parkrun is called Jubilee Way parkrun and starts near the Jubilee Way lake, which is on the corner of Grenfell Road and Jubilee Way. This free event begins at 8am every Saturday morning (arrive at 7.50am).

Visit - http://www.parkrun.com.au/jubileeway/ to find out more and to register and receive your barcode.

COMMUNITY NOTICES



Bully Stoppers



Secondary: It's Private

It is important to protect your online identity.

What's the issue?

Sharing a password with someone who is close to you might seem like an expression of trust and intimacy, however it can become a problem if the relationship breaks down and it can actually undermine trust.

Why does it matter?

- Being in a close relationship doesn't mean that you have given away your individuality and right to privacy!
- If your relationship breaks down, you may not get to change your password before your partner, who may be hurt and angry decides to send unpleasant messages to all your friends, for example.
- If the person you're sharing your password with isn't as careful as you are, your privacy may be compromised by other parties who see your personal material-you could become a victim of all kinds of fraud.
- Someone else having your password means you could be locked out of your own account!
- Someone else having your password means they can pretend to be you online.
- If you don't tell everyone who sends you n email that it may be read by some else as well, you are not respecting the right to privacy of your other friends.

'Private' means it's not for everyone

 There is a range of information for which you are alone responsible, and for which you will be held responsible if something goes wrong.

My friends might not be your friends

Just because someone shares something with you it does not give you permission to pass it on or show it to others

Rules and guidelines about privacy are there to protect you and your identity

Thinking 'it won't happen to me' is not taking responsibility for your activities online or offline. Be aware of what you can do to protect your personal information,

online identity and material vou create If you are not sure what to do, ask a trusted adult.





Inclusive Football Program For All

Saturdays during school terms 9am (Juniors) & 10am (Seniors)

Dauntsey Reserve, Elizabeth North



Registration:

Nader Ibrahim - NDIS Coordinator 0410 960 061 ndis@oneculturefootball.org

Igor Negrao - Disability Manager 0403 703 816 disability@oneculturefootball.org

www.oneculturefootball.org

AN EVENING WITH

MARK LE MESSURIER



One of our communities favourite speakers is back!

Please join us for an evening of practical ideas to support your child to develop one of lifes most desirable qualities, how to



This session, developed for parents/carers and educators of children aged 0-14 years, will highlight the practical things we can do to improve our children's capacity to persevere and move beyond the 'I can't' and the 'I was gonna' into being doers and

Mark will help us explore why grittier kids and adults are ones who are less likely to give up when faced with a challenge and more likely to want to find a way to accomplish

Ioin us to learn..

- · How we can support our children and young people who say "I can't"? Or appear to give up easily?
- What happens for our children when we're tempted to step in and rescue them?
- Why is being perseverant a significant character trait in being able to succeed in life?

Along with why the ability to persevere is at the core of resilience, self-awareness. expressing emotions appropriately, understanding relationships and the skills of negotiation and conflict resolution.

Everyone is welcome to join us for this FREE seminar

WEDNESDAY 4 JULY 6:30PM- 8:30PM WHEN:

WHERE: GOLDEN GROVE HIGH SCHOOL- DAME ROMA MITCHELL THEATRE

TO BOOK: HTTPS://MARKLEMESSURIER_2018.EVENTBRITE.COM.AU

OR PHONE LAURA FRANCIS: 8251 2700







MODBURY DREAM

Inclusive Soccer Program for "all abilities"

Saturdays during school terms from 1pm to 2pm

Heights School, Brunel Drive, Modbury Heights

Registration:

Nader Ibrahim - NDIS Coordinator 0410 960 061 ndis@oneculturefootball.org



Igor Negrao - Disability Manager 0403 703 816 disability@oneculturefootball.org

www.oneculturefootball.org