

# The Heights School

# **NEWSLETTER**

**ISSUE 1** | 7 February 2019



> Serving our community

> Instilling values and embracing our future



The Heights School has received \$3.5 million to upgrade student facilities to provide vital new learning spaces and opportunities in Science, Technology, Engineering and Maths (STEM)

Additionally, The Heights School has received a further \$10 Million to develop state of the art new buildings and facilities.



A Fair Go Have a Go, Go Hard, Keep Going! Go Together

# **ISSUE** HIGHLIGHTS:

- The Heights Stephanie Alexander Kitchen Garden News
- Arts News
- VISTA Sport Term | Dates
- Splash Carnival 2019

## **DIARY DATES**

11/2	PUPIL FREE DAY
12/2	Governing Council (6pm)
13/2	Splash Carnival Years 6-9
19/2	School Photo Day
20/2	VISTA Senior Boys & Girls Ultimate Frisbee
22/2	Catch up School Photos
23/2	Ignite Testing
25/2	VISTA Yr 8 Girls Basketball
26/2	Governing Council AGM (6pm)

VISTA Yr 8 Boys Basketball

See more upcoming dates on the next page

Sports Day P-12

Click here to view our online calendar

#### CONTACT

8/3

Ph: (08) 8263 6244 Fax: (08) 8263 6072

www.theheights.sa.edu.au /heightsschool



Department for Education

# **PRINCIPAL'S MESSAGE**

Welcome to our first newsletter for the 2019 school year at The Heights School.

Congratulations to our 2018 Year 12 students for achieving excellent results. Over the last three years, the Year 12 student groups have achieved the best results at The Heights School for some years!

18.91% of all grades were at A grade standard improved from 9.5% in 2015.

57.97% of all grades were at A or B grade standard improved from 51.3% on 2015.

Special congratulations to the following students who achieved ATAR scores over 90:

Nathanael Botten	98.35%
Alexandra Wilson	97.95%
Samuel Wallis	95.50%
Elyssa Yeo	94.65%
Courtney Smith	94.60%
Justin James	92.55%
Willow Mather	91.90%

In total 19.5% of Year 12 students achieved an ATAR over 80%. We also had 18 students completing SACE using VET studies. Well done to you all.

We are into the second week and are very pleased with the Successful Start Initiative now running for the second year. Our Preschool and many junior classes are near capacity. We begin the year with 80 Preschool children, 1350 students from Reception to Year 12 plus 30 Flexible Learning Program students and 5 students in the Autism Intervention Program.

The Executive Leadership Team for this year involves: Deputy Principal - Robyn McLachlan Assistant Principal P-6 - Rebekah Goodall Assistant Principal 7-12 - Meg Fay Assistant Principal Student Support P-6 - Laura Tambe Assistant Principal Student Support 7-12 - Nathan Elliot Assistant Principal Ignite, STEM & Data-

Sharon Robertson Business Manager - Vicki Cook



Nigel Gill Principal

New appointments for the year include: Janette Bandjak - EAL Coordinator and Literacy

Monday 11th February

Ian Benjafield - SACE Improvement and Year 12 Coordinator

Khara Rogers - VET, FLO and Year 11 Coordinator David Eglinton - Defence Industry Skills & Science Coordinator

We welcome a number of new teachers to the school: Meg Fay - Assistant Principal 7-12

Nathan Elliot - Assistant Principal Student Support 7-12 Laura Tambe - Assistant Principal Student Support P-6

Kate Hallam - Preschool Coordinator

Daniel Brezezinski - Student Wellbeing Leader 7-12 Kirsty Williams - English, LOTE & Year 8 Coordinator

Christopher Peters - H&PE Coordinator Kayla Crompton - Reception Teacher Simone Toohey - Year I Teacher Kate McMahon - Year I Teacher

Zoe Skewes - Year 4 Teacher Zoe Tziortzis - Year 4 Team Teacher Natalie Fong-Yip - Year 5/6 Teacher

Nicole Zacher - Year 6 Teacher

Melissa Stephenson - Year 6 Team Teacher Pierce Seymour - Primary PE Teacher

Kimberley Crocker - Secondary Teacher Andrew Smith - Secondary Teacher

Alison Coleman- Secondary teacher Alexandra Harvey - Secondary Teacher

Julie Carter - Secondary Teacher

Kellye Rowe - Resource Centre & First Aid Officer Yasmine Flinn - Community Liaison Gjuzide Apat - P-I 2 Administration Assistant

We also welcome new support staff appointments:

Eva Rose - Stephanie Alexander Kitchen

#### **Pupil Free Day:**

A reminder, next Monday 11th February is the first Pupil Free Day / Staff Professional Development day of the year.



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# **AROUND OUR SCHOOL**

# **UPCOMING DATES TO REMEMBER**

#### **SCHOOL TOURS 2019**

School tours are held from 9.00am-10.15am as listed below. Bookings are required via our website.

Monday 4 March	Term I, Week 6
Monday I April	Term I, Week I0
Thursday 9 May	Term 2, Week 2
Thursday 23 May	Term 2, Week 4
Wednesday 31 July	Term 3, Week 2
Wednesday 21 August	Term 3, Week 5
Wednesday 6 November	Term 4, Week 4



#### **OPEN EVENTS**

Booking are not required.

Wednesday, 27 March 6.00pm-7.30pm Thursday, 28 March 9.15am-10.30am

#### **PUPIL FREE DAYS 2019**

Monday I I FebruaryTerm	I, Week 3
Monday 29 AprilTerm	2, Week I
Friday 24 MayTerm	2, Week 4
Friday 30 AugustTerm	3, Week 6

#### SCHOOL CLOSURE DAY

Monday 2 September.....Term 3, Week 7

# 6 Instrumental Tuition

ruition Festival Choir

7 Year 8 Art

8 Pedal Prix & VISTA Sport

9 Splash Carnival

10 Community
Notices



# The Heights School Preschool to Year 12

- > Educating young minds
- > Serving our community
- > Instilling values and embracing our future

The Heights School has received a \$10 Million grant to provide brand new buildings with state of the art equipment to enhance student learning





# You are invited to our OPEN EVENTS

Wednesday 27th March **6:00pm to 7:30pm** 

Thursday 28th March 9:15am to 10:30am

Learn more about our Ignite Program, and our \$3.5 Million upgrade to student facililties, providing vital new learning spaces and opportunities in STEM



The Heights School - Preschool to Year 12

Brunel Drive, Modbury Heights 5092 | Ph: 8263 6244 | Fax: 8263 6072 Email: dl.1430.info@schools.sa.edu.au | www.theheights.sa.edu.au





# "Say Cheese"

MSP Photography are on the way!



# School Photo Day is:

# **Tuesday the 19<sup>th</sup> of February**

# Have your child's school memories captured forever.

Please take time to read the relevant information on the MSP payment envelopes & remember these helpful points:

- Don't seal envelopes inside each other You can pay for all children in one envelope however each child needs to have their own envelope on photo day.
  - Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given cash, cheques and money orders only. Credit card payments can only be made online.

Please feel free to visit our web site www.msp.com.au For photo enquiries Phone: (08) 8132 1148 or Email: enquiries.adl@msp.com.au



# School Tour



# You're Invited

Please join our school tour followed by the opportunity to meet our

Monday 4th March 2019 from 9:00am to 10:15am

Are you looking for a leading school for your child as they enter Year 8 schooling?

The Heights School would love to share it with you

Bookings are essential. Please book online at http://theheights.sa.edu.au/tour or contact Dani Camillo 8263 6244

Brunel Drive, Modbury Heights SA 5092 Telephone 8263 6244 - Fax 8263 6072 Email dl.1430.info@schools.sa.edu.au Website www.theheights.sa.edu.au



# **SCHOLASTIC BOOK CLUB**

The Heights School is offering **MSCHOLASTIC** Scholastic Book Club in 2019. LOOP, linked online ordering and payment is available

# Book Clubs

where parents using credit card pay and place their order online. We also accept cash payments for book club items as we have in the past. Please be reminded there is no obligation to purchase; book club is an optional service.

lust look over the catalogue with your child and select the items you like.

You can place an order 1 of 2 ways

- 1. ONLINE ORDERS Place and pay for your order online with your credit card using LOOP, linked ordering and online payment, new to Scholastic Book Club. If you are paying using LOOP there is no need to return your paper order form to school, our staff can track your orders online.
- 2. CASH ORDERS To pay with cash, simply complete the order form on the back of your catalogue and return with your cash payment to your class teacher.

## ORDERS MUST ARRIVE BACK TO SCHOOL AS PER THE DUE DATE.

The books will arrive around two weeks after close of ordering and will be sent home with your child. Each order helps earn free books and teaching materials for our Resource Centre. If you have any questions regarding Scholastic Book Club please contact Joan Sullivan in the Resource Centre.



"Reading is to the mind what exercise is to the body." Sir Richard Steele

## THE HEIGHTS SCHOOL UNIFORM POLICY

The Heights School has a uniform that is to be worn by all students. Class and Home Group teachers will regularly check that students are in their correct uniform. If your child is not in uniform your child may be given a loan uniform or a parent/caregiver will be contacted. Just a reminder no denim or leggings are to be worn. Pants need to be navy and for students in Years 7-12 pants need to be navy blue with the school logo. Further information about the School Uniform Policy can be found on the school website.

Thank you,

Robyn McLachlan Deputy Principal P-12

# **2019 YEAR 12 COMMEMORATIVE JACKETS**







Orders can now be placed for your child's 2019 Seniors Jacket. Jackets will arrive for distribution by the beginning of Term 2, 2019.

The cost of the Year 12 Jacket will be \$115.00 and order forms will need to be returned with payment by Friday 15 February 2019. Last day for online payments will be Wednesday 13 February 2019, no late online payments will be accepted. Last day for payments in person at the Finance Office will be Friday 15 February 2019. Unfortunately, any jacket orders not paid for by Friday 15 February 2019 will not be processed. Jacket orders will be accepted after this date but please be aware the manufacturing timeframe is 6 – 8 weeks from date of order, so late orders will not be delivered at the beginning of Term 2.

#### Sizing

Our supplier has provided sample jackets for students to try on before ordering. Students can access the sample jackets at the Uniform Shop during opening hours in Week 2 & 3.As the 2019 Seniors Jackets are a custom made item they cannot be exchanged if the incorrect size has been ordered.

#### Name Permission

Students' first name will be embroidered on the front of the jacket and their surname will be printed on the back of the jacket. (No nicknames). Please check the spelling on the order form.

If you are currently experiencing financial difficulty please contact our Finance Office to discuss payment options.

# YEAR 8 VACCINATION INFORMATION SESSION

Year 8 Vaccination Information Session for Student (parents very welcome).

In Week 6, on Monday the 4th of March at 11.55am (Lesson 4), The City of Tea Tree Gully will be presenting an information session at the school in MG3. At this session, our Year 8 students will receive further information about the immunisation program. Parents are very welcome to attend. No bookings are required. Please arrive at the school by 11.45am so that we may seat you before the presentation starts.

The first Year 8 Immunisation session will be held on Wednesday 10th April, (Term I, Week 11).

Kellye Rowe, Treatment Room



## **IGNITE PROGRAM 2020**

The Ignite Program Test is scheduled for Saturday 23 February 2019 for entry into the 2020 Year 8 Ignite Program.

Applications are available online at www.theheights.sa.edu.au

Payment to be made online no later than Thursday 21 February 2019 or in person at The Heights School Finance Office no later than Friday 22 February 2019.

If your child is currently in Year 7 at The Heights School and you would like them to be a part of the Ignite Program, they will need to sit the test in February to be eligible for entry into the Ignite program for 2020.

Michelle Crush

**Student Services** 



## THE HEIGHTS STEPHANIE ALEXANDER KITCHEN GARDEN

## Term I - 2019

The Heights Stephanie Alexander Kitchen Garden Team are back and we are looking forward to an exciting year ahead! Schools all over Australia are involved in this program where students are taught the skills of "growing, harvesting, preparing and sharing fresh, seasonal and delicious food". We will be teaching your children the value of growing and preparing their own food, as well as valuable life skills in our school kitchen and garden.

This year we welcome 2 new Kitchen Specialists......Gen Lempens (Years 4, 5 and 6) and Eva Rose (Years 2 and 3); and Amanda, our Garden Specialist (Years 2 – 6). Rebekah Goodall will be our SAKG Program Coordinator.The Pre-School, and students in the A.I.P. program will also spend time in the school kitchen garden.We would once again like to thank our wonderful Kitchen Specialist, Gail van Ryswyk, who retired at the end of 2018.....her knowledge, hard work and great sense of humour will be much missed by all of us.

The SAKG students had a very generous delivery from the Yates Garden & Royal Show team in the last week of Term 4. Our students won 5 ribbons in the 2018 Adelaide Royal Show; and as a result, were given bags of potting soil, fertiliser, a watering can, a mini seed propagating unit, and various garden products. We have already started using these in the garden!

Please feel free to come and say hello to us (before or after school) if you'd like to know more about the program, or if you are interested in volunteering in the SAKG program – absolutely no experience required other than enthusiasm, and a spare hour or more! We can give you more information on all volunteering requirements.

Gen Lempens and Eva Rose (Kitchen Specialists) Amanda Pryor (Garden Specialist)



# **INSTRUMENTAL TUITION 2019**

The Heights School is offers Music at as an integral part of the general Arts curriculum within the classroom. This is evident throughout the Primary, and Secondary school, as well as Instrumental Tuition outside the classroom. At the Heights School at present there are over 100 students accessing Instrumental Tuition from IMS teachers and private providers in a range of instruments.



The school is offering this exciting opportunity to learn a Musical Instrument again. This unique opportunity is open students across the school. There is no cost for group lessons. Instruments available are **Strings** (starts in Yr. 3): Violin/Viola, Cello; **Woodwind** (starts in Yr. 5): Flute, Clarinet and Saxophone; **Brass** (starts in Yr 5): Trumpet, Trombone and Euphonium, **Classical Guitar** (starts in Yr. 5), and **Bass Guitar** (starts in Yr 7) **Percussion** (starts in Yr. 5), **Voice** (starts in Yr. 8). Lessons in **Piano** are also available through private provider (Fees to be advised).

If you have a child interested in one of these instruments there will be come and try sessions in Week 3

Instrument	Day	Time	
Strings Violin/Viola, Cello	Thursday	11.00am	
Bass Guitar	TBA	11.00am	
Voice	Friday	1.30pm	
Classical Guitar	Tuesday	I I.00am	
Percussion/Drums	Friday	1.30pm	
Woodwind Flute, Clarinet and Saxophone;	Friday	9.00am	
Brass Trumpet and Trombone	Monday	9.00am	

Lessons will start in Week 2 - Continuing students will be advised of their timetables. If you are looking into Instrumental tuition and the benefits for your child, you may be interested in the following clip on "How playing an instrument benefits your brain" <a href="https://www.youtube.com/watch?v=R0]KCYZ8hng">https://www.youtube.com/watch?v=R0]KCYZ8hng</a>

For more information contact Mr Laurinaitis in the Music Centre or by email: Algis.Laurinaitis647@ schools.sa.edu.au

## **FESTIVAL CHOIR 2019**

#### The Heights Festival Choir for 2019

We certainly have some exciting, challenging and rewarding times ahead of us. The information below contains important details that you will need to be aware of. The choir is available for Years 5, 6 and 7. The criteria for selection was based on:

- Interest in Singing
- Commitment
- · Quality of Voice and Vocal skills

The choir this year will be taken by Algis Laurinaitis and Kim Crocker (Music Teacher).

Choir sessions are held in school time 50 mins on Tuesdays Lesson 4 starting Week 4.

The annual Public Primary Schools' Music Festival will be held this year from the 11th to 21st of September at The Festival Theatre in the city. We will only be performing once during that time. As in previous years, The Height's is supporting this prestigious festival.

As part of the Festival Choir programme for the year, there will be a combined cluster rehearsal to introduce the songs at The Heights Tuesday March 5th and another combined rehearsal which will be held at "Magic Millions" at Morphettville Racecourse, between 21st to 28th August – again only once in this period. It is very important that your child is available for these dates in order to participate fully in the series. Transport will be organised for all combined rehearsal.





## YEAR 8 ART STUDENTS WRITE TO THE ARTIST WHO INSPIRED THEIR ART MAKING!

Last term (Term 4 2018) Year 8 Art students created ceramic work inspired by Melbourne based artist Fiona Hiscock. In support of their final pieces students also created a folio of ideas and experiments. They explored the artist's techniques and analysed how she uses visual conventions to communicate her ideas. Students then applied this knowledge to create their own artworks.

The exciting thing about this work was the written evaluation task. Instead of just writing the evaluation and reflection in their folios, students all wrote letters to Fiona Hiscock. The letters were posted to the artist, who was absolutely thrilled to receive them!

> In the letter students were able to explain the task, describe their vessel, how they constructed it and the meaning of their design. They also included a picture of their finished product.

Below are some samples of the letters that we sent. Catherine Bourn & Beth Sztekel

Dear Mrs Hiscock

In our class we were inspired by your style of artwork and style of pots for this term's subject. My name is Emma and I attend The Heights school that's located in Adelaide, South

In our class we did a lot research about your work. It was really interesting the way you designed your pots and how you went all around Australia to find different plants. I chose

We practiced a long time making clay pots with slabs and pinch pots. Along with making pots took a lot of time practicing painting them. I made my pot by hand building and making a pinch pot for the base and then built it up with coils until it got the right shape. Once I built up the pot I made the top fan out and put the clay leaves on. I was inspired by your detailed trims to put the leaves on. I choose this pot shape because it's a representation of

The design I used was a tree and my chosen flower all around with leaves from the tree blowing in the wind. The base is a pale blue background.

Thank you for your inspiration.

Kind regards,

Emma

Dear Fiona Hiscock.

My name is Zoe and I'm a year 8 student at the Heights School. For art this term I was assigned the task of making a clay vessel and decorating it with paintings of plants. My class used your work as inspiration for our artworks.

Correa Water Pitcher by Fiona Hiscock

After spending weeks developing my skills and ideas I decided to make a pot with a thin coil around the rim. I used the pinch pot technique as I felt this style was more suitable for me. I chose to paint the lavender plant on my pot, because I am not very confident at painting, so I felt that the lavender was simple enough for me to portray well. I painted the lavender on my pot as if it was blowing in the wind. I painted a dot pattern around the coil rim of my pot, in a slightly darker shade of purple then on my flowers. I believe the rounded shape of my pot complements the position of my lavender painting. Overall. I am happy with my end product.

My class has developed their work in a step by step process, like you do when making a new clay vessel. At the beginning of this term we worked on sketching native plants that our teacher brought in. We all quickly progressed to painting our sketches with watercolour paints, before beginning to brainstorm ideas around what we wanted our final product to look like. We made multiple A3 posters to help us finalize our ideas on the plant and vessel. Next, we began practicing with the clay to make small vessels, then continued on to make our final products.

You have inspired me because of the dedication you show in portraying the plants to their full beauty. The fact that you spend countless hours painting your chosen plant, shows others that you're serious about the artwork that you produce. I'm particularly impressed by your reasons for deciding to depict Australian native plants, it gives your artwork more depth and meaning.

I have really enjoyed learning about you and your art during this term.

Zoe M



Unfired



Fired





Dear Ms Hiscock, I am Tuan from the heights school, located in Modbury, Adelaide. I was assigned a task to design and create a clay vessel that would have my images of plants that I've researched and annotated through your artwork as inspiration. An inspiration of your amazing art work and pieces made me want to make something similar to your creations.

The vessel that I've created had patterns on the clay vessel. The vessel was shaped with straight, a bit curved sides. With 2 stacks of coil and a flat bottom. The vessel was made from rolling the clay, puncturing the middle of the ball creating the inside of the vessel, pinching the sides of the vessel gently then I grabbed a piece of spare clay, rolling long enough to cover the top and repeated that coil process once more. The patterns are red painted sashes on top of the coil stack.

The plant that I painted on the clay vessel had 5 red small petals and resembles my personality which is hot tempered, independent, stubborn and passionate. My vessel size is about half a rule in height and the same in width. The painted plant filled the space below the coil stack and I put matching patterns on the coil stack. Fiona Hiscock's style of artwork has inspired my piece of artwork by the smoothly pinched sides and coils you made, all of your artwork's shapes have really inspired me and made me make something like your expertise.

Kind regards.





## **PEDAL PRIX**







### Pedal Prix at The Heights in 2019 is about to Start!

#### **EXPRESSION OF INTEREST**

Students who are interested in joining the 2019 Pedal Prix team should complete and return an "Expression of Interest" form available on the school website or from student services or from Mr Button.

#### TRAINING

Training will start in the next few weeks after school on the oval. Times are yet to be decided.

#### MORE INFORMATION

- · Ask your home class teacher for a Pedal Prix brochure
- Email Roger.Button955@schools.sa.edu.au
- Visit the school's website under "programs\pedal prix" Information
- Visit the pedal prix website: www.pedalprix.com.au

You can also stay in touch on our Facebook page: https://www.facebook.com/groups/thspedalprix/



## NORTH EASTERN VISTA ZONE SPORT

#### What is VISTA Sport?

The NEVISTA Zone is The Heights Schools sporting zone area.VISTA sport offers opportunities for students in North Eastern schools form years 8-12 to complete against each other schools at a serious of sporting events throughout the year.

#### How do I know what sports are on offer?

A VISTA Sport year and term calendar will be displayed on the Sports notice board outside the HPE office.

#### How do I nominate for a VISTA team?

Sign-up sheets will be placed on the Sports Notice Board outside the PE Office. Communication that nominations sheets are up is through the school bulletin on DayMap.

#### How much does it cost?

All VISTA carnival coast \$12. Financial support can be available for those who require it. Please speak to the finance office or Eulaly Allen, Sports Coordinator if you have further questions regarding this.

#### Where/when do I get a consent form?

Forms are available for collection from the PE Office 3 weeks prior to the Carnival.

#### Where/when do I return my consent form and payment?

Both consent forms and payment are returned to the Finance Office. Both the consent form and payment must be made by the due date outlined on the consent form. This due date will be I week and I day prior to the carnival.

# What do I need to do, to ensure I get to go to the VISTA Lightening Carnival?

Students selected to attend the carnival are chosen through a first forms and payment returned policy. For carnivals that attract a large amount of interest it will not be possible for all students to attend. To secure your spot, return your form and payment as soon as possible before the deadline. Forms returned and payments made after the deadline will not be accepted.

#### **VISTA DATES FOR TERM | 2019**

#### Week 4

Senior Boys and Girls Ultimate Frisbee
 Wednesday 20th February

#### Week 5

- Year 8 Girls Basketball Monday 25th February
- Year 8 Boys Basketball Thursday 28th February

#### Week 6

Boys Senior Indoor Cricket – Tuesday 5th March

#### Week 7

• Year 10 Boys Indoor Cricket – Thursday 14th March

#### Week 8

• Senior European handball – Wednesday 20th March

#### Week 9

- Years 8-12 Athletics Wednesday 27th March
- Year 8/9 Boys T20 Blast Cricket Friday 29th March



## SPLASH CARNIVAL 2019 - WEDNESDAY 13TH FEBRUARY

• Years: 6-9 • Save the date: Wednesday 13th February, Week 3

#### **Programme Release**

Novelty favourites; peg scramble & rope pull as well NEW INTRODUCTIONS: 30m races, Finska, Stand up water polo and novelty event; elimination.

#### **Key Information**

- Payment, the consent and medical forms MUST be return by Thursday 7th February, Week 2. Online payments will close at 11.59pm on this date.
- Slip, Slop, Slap and Shade. Students are required to be sun smart and will be expected to wear a tee-shirt while they are not in the pool.
- Students come to school wearing their bathers underneath their clothing. Hat, long sleeved shirt, sunglasses, sunscreen.
- Students will have access to a kiosk throughout the day and are also welcome to bring their own food.
   Please remember glass items are not permitted.
- Students are responsible for bringing any personal medication they require.

Splash Carnival 2019 is focusing on student engagement and enjoyment, collaboration and participation... and of course the annual Staff vs Student 50m Freestyle Swim. It promises to be a fun filled day with the return of old favourites as well as new additions based on student feedback. Get excited for a fun filled day!

#### **Eulaly Allen**

**Sports Coordinator** 

SPLASH CARNIVAL PROGRAMME 2019							
TIME	EVENT	YEAR	TIME	EVENT	YEAR		
9.30am	30m Boys Freestyle	Yr.6	11.00am	4 x 50m Relay Fr/St Boys	Yr.6		
H	30m Girls Freestyle	Yr.6		4 x 50m Relay Fr/St Girls	Yr.6		
Ш	30m Boys Freestyle	Yr.7		4 x 50m Relay Fr/St Boys	Yr.7		
H	30m Girls Freestyle	Yr.7		4 x 50m Relay Fr/St Girls	Yr.7		
H	30m Boys Freestyle	Yr.8		4 x 50m Relay Fr/St Mixed	Yr.8		
Ш	30m Girls Freestyle	Yr.8		4 x 50m Relay Fr/St Mixed	Yr.9		
Ш	30m Boys Freestyle	Yr.9		4 x 50m Relay Winner Yr 6/7/8/9 Teams vs Staff Team			
ll .	30m Girls Freestyle	Yr.9			1 1		
Ш			11:40am	FREE SWIM/ INFLATABLE FUN RUN			
ll .	STAND UP WATER POLO	Yr.6/7			1 1		
H	VOLLEYBALL	Yr.9	12:15pm	Rope Pull Relay	Yr.6		
ll .	FINSKA	Yr.8		Across Swim/Walk Relay	Yr.7		
ll .				Peg Scramble	Yr.8		
10.00am	30m Boys Breast stroke	Yr.6		Ellimination	Yr.9		
Ш	30m Girls Breast stroke	Yr.6			1 1		
Ш	30m Boys Breast stroke	Yr.7	12:35pm	Rope Pull Relay	Yr.9		
H	30m Girls Breast stroke	Yr.7		Across Swim/Walk Relay	Yr.6		
ll .	30m Boys Breast stroke	Yr.8		Peg Scramble	Yr.7		
Ш	30m Girls Breast stroke	Yr.8		Ellimination	Yr.8		
Ш	30m Boys Breast stroke	Yr.9			1		
Ш	30m Girls Breast stroke	Yr.9	12:55pm	Rope Pull Relay	Yr.8		
H	amily the wilder part of			Across Swim/Walk Relay	Yr.9		
Ш	STAND UP WATER POLO	Yr. 9		Peg Scramble	Yr.6		
Ш	VOLLEYBALL	Yr. 8		Ellimination	Yr.7		
Ш	FINSKA	Year 6/7		D. D. II.D. I			
10.20	20 B W. I B I	N7. 6	1.15pm	Rope Pull Relay	Yr.7		
10.30am	30m Boys Kick Board	Yr.6		Across Swim/Walk Relay	Yr.8 Yr.9		
ll .	30m Girls Kick Board	Yr.6 Yr.7		Peg Scramble Ellimination	Yr.9 Yr.6		
ll .	30m Boys Kick Board	Yr. / Yr. 7		Ellimination	Yr.o		
ll .	30m Girls Kick Board 30m Boys Kick Board	Yr.8	1.35pm	FREE SWIM	1 1		
ll .	30m Girls Kick Board	Yr.8	1.55pm	FREE SWINI	1 1		
Ш	30m Boys Kick Board	Yr.9	2:00 pm	CLEAN UP			
H	30m Girls Kick Board	Yr.9	2.00 pm	CLEAN OF	1 1		
П	Join Onis Rick Board	11.7	2:10 pm	PRESENTATIONS			
H	STAND UP WATER POLO	Yr.8	2.10 pm	FRESENTATIONS	1 1		
П	VOLLEYBALL	Yr 6/7	2:30 pm.	BUSES BOARD to DEPART			
Ш	FINSKA	Yr. 9	2.30 pm.	DOSES BOARD IS DEFART			
Ш	THOMA	11. 9	3:05 nm	ALL STUDENTS DISMISSED FROM T.H.S. upon arrival	1		
ll .	Times are to be used as a guide only as the time		5.05 pm	The of the entire promised by the intrinstruction and antivar			
П	of each event will depend upon the number of						
Ш	competitors / heats in previous events.				1		
			3:05 pm	ALL STUDENTS DISMISSED FROM T.H.S. upon arrival			

#### PARA HILLS WEST SOCCER CLUB INC.

#### 2019 REGISTRATION DATE

SATURDAY 23rd FEBRUARY 9.00am - 12.00pm

#### **FEES ARE AS FOLLOWS**

UNDER 6,7 AND 8s \$190 UNDER 9s AND UP \$220

**DEPOSIT OF \$50 REQUIRED** 

WE OFFER A FAMILY DISCOUNT OF: \$5 REDUCTION FOR  $2^{\rm ND}$  CHILD IN FAMILY AND \$10 REDUCTION FOR  $3^{\rm RD}$  AND SUBSEQUENT CHILD IN FAMILY

#### **IN ADDITION TO THE ABOVE:**

**EACH PLAYER** WHO HAS **PAID IN FULL** BY THE 2<sup>ND</sup> AND FINAL REGISTRATION ON THE 23<sup>rd</sup> FEBURARY IS ALSO ELIGIBLE FOR A \$10 DISCOUNT

Kerrie McInerney Junior Registrar, Para Hills West Soccer Club Phone: 0413955904 Email: jkmaca1@bigpond.com



#### MODBURY VISTA SOCCER CLUB

## 2019 U13 GIRLS SOCCER

MODBURY VISTA SOCCER CLUB WOULD LIKE TO INVITE NEW PLAYERS BORN 2006 – 2008 TO COME AND TRY SOCCER FOR POSSIBLE SELECTION IN THE 2019 U13 GIRLS MODBURY VISTA SOCCER SQUAD.

COME AND TRY WILL BE HELD AT SMITH PARTNERS STADIUM, CNR GOLDEN GROVE RD AND MILNE RD, RIDGEHAVEN.

PLEASE ARRIVE 15 MINUTES BEFORE START TIME LISTED BELOW TO SIGN-IN

#### **U13 GIRLS COME AND TRY SESSIONS TIMES ARE:**

- FRIDAY 8 FEBRUARY 6.00 7.00PM
- FRIDAY 15 FEBRUARY 6.00 7.00PM

COME AND JOIN A PROGRESSIVE CLUB WITH AN EXPANDING PROGRAM THAT OFFERS A PATHWAY FROM GIRLS TO SENIOR WOMEN TEAMS.

WITH TWO NEW SYNTHETIC PITCHES CURRENTLY UNDER CONSTRUCTION AND STATE OF THE ART

VITH TWO NEW SYNTHETIC PITCHES CURRENTLY UNDER CONSTRUCTION AND STATE OF THE ART CLUBROOMS ON THEIR WAY, NOW IS THE TIME TO GET ON BOARD.

To register and receive additional information contact: Jason Barnden Mobile: 0432 753 668 Email: femalecoordinator@myss.com au

# A diagnosis of ASD

#### (Autism) and its impact on your family

Has your child been diagnosed with Autism?

Or maybe you're in the process of an assessment?

As a family this can be a challenging time as you learn and respond to this news. What really is ASD? What does it mean long term and what support will your child need to support their life- long learning?

Please join us as we hear from one of our favourite guest speakers;

#### **MARK LE MESSURIER**

This session will provide a personal and contemporary insight into ASD, and how best to deal with the tricky emotion and behaviour that often accompany it.

This evening will appeal to parents, carers, grandparents, family friends and anyone who wants to better understand Autism.

Educators, teachers and other professionals working with children and families are also welcome to attend.

This is a FREE information evening, with a crèche provided. However bookings are required in advance.

WHEN: WEDNESDAY 20 FEBRUARY 6:30PM

WHERE: Keithcot Farm Children's Centre

5 Keithcot Farm Drive, Wynn Vale

TO BOOK: Laura Francis, Community Development Coordinator

Ph. 8251 2700 or Email: laura.francis@sa.gov.au





# What's the Buzz?



#### For 7-12 year olds

What's the Buzz is an internationally recognised social skills program developed by Mark Le Messurier and Madhavi Nawana Parker as a 16 lesson highly structured, role play and playbased program designed to teach children how to think socially and make friendship work.

#### Who is it for?

What's the Buzz? Is designed for all children, but are especially valuable for those who struggle to appreciate the free-flowing reciprocal nature of social interactions. It has proven to be helpful for children with higher-functioning forms of Autism Spectrum Disorders, those identified with language disorder, specific learning difficulties, Auditory Processing Disorder, Non-verbal Learning Disorder, Pervasive Developmental Disorder - not otherwise specified, ADHD, reactive behaviours, anxiety, shyness and social phobia

The program engages children into feeling friendship together, it encourages them to see it, taste it, smell it and laugh with each other. It connects young people and offers them the skills to belong.

Each unit/session runs for an hour, with resources, course material and information sheets shared with students and parents/carers.

What's the Buzz for primary students is particularly aimed at children aged between 7- 12 years of age, with a <u>maximum group size of 8 students</u>.

#### Cost per child is \$40 per session.

<u>Please note:</u> For those children already receiving NDIS funding who are self or plan managed it may be possible to utilise funds to support payment of costs (this will need to be determined through your NDIS case manager).

When: Weds. afternoons weekly, Term 1 & 2 over 16 weeks

(Starting week 2 of each term)

Time: Group 1 (7- 9 year olds) 3:45pm- 4:40pm

Group 2 (9- 12 year olds) 4:45pm- 5:40pm

Location: Keithcot Farm Children's Centre, Community Room

#### **Bookings are essential as places are limited**

To book please contact Laura: Phone 8251 2700 or email laura.francis@sa.gov.au





