

ISSUE HIGHLIGHTS:

- Arts Week 2019
- Year 5 Adare Camp
- Amnesty International Talk
- Cutting Edge Science

Pictured: Staff Vs Students netball game (see page 14)



DIARY DATES

4/7	Year 7-12 Reconciliation Assembly - 9.00am
5/7	Last Day of Term 2 (2.05pm Dismissal)
22/7	First Day Term 3
25/7-1/8	Osaki High School Internationalism Visit
25/7	Year 12 English Excursion - Dunstan Playhouse
25- 26/7	SAPSASA Basketball Championships
26-30/7	Year 12 Mid-Year Trial Exams
29/7	Osaki High School & Buddies Excursion - Gorge Wildlife Park
31/7	ICAS Payments Due School Tour 9.00am SAPSASA Hockey Carnival

See more upcoming dates on the [next page](#)

[Click here](#) to view our online calendar

CONTACT

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[f](#) /heightsschool



Government
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Department for Education

PRINCIPAL'S MESSAGE

Governing Council Recognition

It's great for the school community to learn about our individual student successes and pursuits.

In doing so Governing Council would like to acknowledge student successes and provide a small donation to contribute towards expenses involved with interstate/overseas travel and accommodation for State Team selection and representation or its equivalent.

If you are interested in viewing the criteria to make a request to Governing Council for a donation towards the cost of travel for your child's competition, please email the Principal's Assistant, Dani Camillo on dl.1430.info@schools.sa.edu.au

STEM \$30 000

Our School has accepted an invitation to be part of a STEM Evaluation Program and as a result will receive \$30 000 to provided resourcing for this work. As part of the evaluation work we will highlight where we are providing STEM learning opportunities and see where there are future possibilities to realise more real life problem solving learning in the science, technology, engineering and mathematics areas.

Preschool – Enrol now

We are currently accepting registrations for Preschool in 2020. If you are interested in enrolling a child in Preschool for 2020 please contact Dani Camillo on dani.camillo890@schools.sa.edu.au or visit the Front Office to collect a Preschool Registration Form.

Farewell

It is often at the midyear end of term semester change over when we farewell and wish people well whether they are taking up other positions, completing a contract or taking leave.

This time we don't have too many. Earlier this term we farewellled long serving teacher librarian Joan Sullivan and midway through Term 3 our Arts Coordinator and Music Teacher Algis Lauriniatis is retiring.

We also welcome Bridget Roberts back after four weeks leave.

End of Term

I wish everyone a safe and enjoyable end of Term 2 school break. Thank you to the students and staff for their effort and hard work throughout a very busy term.

Students return to school on Monday 22nd July.



Nigel Gill
Principal

Last Day of Term 2:

Friday 5 July 2019
(2.05pm Dismissal)

First Day of Term 3:

Monday 22 July 2019

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UPCOMING DATES TO REMEMBER

SCHOOL TOURS 2019

School tours are held from 9.00am-10.15am as listed below.
Bookings are required via our website.

Wednesday 31 July Term 3, Week 2
Wednesday 21 August Term 3, Week 5
Wednesday 6 November Term 4, Week 4

PUPIL FREE DAYS 2019

Friday 30 August Term 3, Week 6

SCHOOL CLOSURE DAY

Monday 2 September Term 3, Week 7



WELLBEING AT THE HEIGHTS SCHOOL

Throughout the first half of the year the Wellbeing Team has been working on a consistent whole school approach to wellbeing for our students, families and wider community. There have been several processes and programs put in place that are being monitored and improved by the team, some of these include:

- ✓ Play is the Way Primary focus on the importance of friendliness and kindness
- ✓ CFI I and CG4 students shared their work on friendliness and what makes a good friend when they hosted an Assembly (see photo)
- ✓ Harmony Day celebrations
- ✓ P-12 Student Leadership Teams
- ✓ Successful start day with SAPOL cyber safety session
- ✓ Peer mediation, respectfulness and assertiveness
- ✓ Student and staff led lunchtime programs
- ✓ Road Awareness Programs
- ✓ Wellbeing website update
- ✓ Planning for RUOK Day/ Wellbeing Day celebration
- ✓ Whole School Wellbeing Strategy
- ✓ Becoming a 'Be You' School, a nationwide government initiative endorsed by Beyond Blue supported by Headspace and Early Childhood Australia <https://beyou.edu.au/>



What does a whole school approach to wellbeing mean?

Schools operate on a cycle of continuous improvement, across everything required to support learning – this includes supporting the mental health and wellbeing of everyone.

Promoting mental health and wellbeing in everyday practice is an integral step in creating a healthy learning community.

We know that the most effective way to achieve the aims of promotion, prevention and early intervention is by using a whole-school approach, where everyone is involved.

What Day-to-day strategies are the Wellbeing team promoting to staff and students at THS:

- Active listening and respectful communication
- Smiling, showing an interest and expressing curiosity
- Involving children and young people in classroom decisions
- Avoiding any form of discrimination
- Rewarding effort rather than achievement
- Building strong relationships with all young people by making the effort to spend time and getting to know them.

It has been successful start to the 2019 year for The Heights. The Wellbeing Team has noticed an increase in students speaking up and seeking support when necessary. An inclusive, kind and supportive environment is central to our work with students and families. The Wellbeing Team has some excellent strategies and ideas on how to move forward as a whole school towards positive mental health and wellbeing. Watch this space!!!

If you are ever in need of support for your child or family please contact the school.

Daniel Brzezinski, Student Wellbeing Leader
daniel.brzezinski598@schools.sa.edu.au (0439 540 067)

Suzanne Ierace, Student Wellbeing Leader
suzanne.ierace378@schools.sa.edu.au

ENTERTAINMENT BOOK 2019-2020

The Heights School is raising funds. Here's how you can help...

We are working hard to support our fundraising and we need your help! Order your NEW 2019 | 2020 Entertainment Book now to be launched in April, date to be confirmed soon! You'll receive hundreds of valuable offers for everything you love to do, and help our fundraising at the same time!

If you wish to pre-order a hard copy of the Entertainment Book for \$70 you can contact Sonja Hahn, Finance Officer on sonia.hahn343@schools.sa.edu.au or call 8263 6244.

SUPPORT US NOW.

Purchases for hard copies can also be made on our website through BPOINT. If you would like a hard copy book, please order from the school, not the Entertainment Book website.

"The Entertainment Membership is great value. With lots of instant savings. It more than outweighs the price. There is something for everyone – casual and fine dining, adventure and family activities. I couldn't live without it. Plus, I get to support a good cause." – Zana B. Sydney

PEOPLE'S CHOICE COMMUNITY LOTTERY

The Heights School is participating in the People's Choice Community Lottery this year.

Over the last 30 years, the People's Choice Community Lottery has become a well-recognised initiative and vital fundraising tool for not-for-profit organisations in South Australia, Victoria, Northern Territory and the ACT. It has raised more than \$17.5 million for community groups, with 100% of the proceeds from every \$2 ticket sold returned to the group you choose to support.

By purchasing a ticket, you will not only be supporting The Heights School but go in the draw to win **115 prizes** worth more than \$360,000, including a 2019 Toyota RAV4 GXL and 2019 Toyota Corolla Ascent Sport thanks to CMI Toyota and an Ultimate Home Package worth \$20,263 from Harvey Norman!

\$2 tickets will be sold for the school **online only** via this link:

<https://communitylottery.peopleschoicecu.com.au/public/community-groups/the-heights-school/>

Close of ticket sales is 30th August. Final prize draw is 9th October.

people's choice
COMMUNITY LOTTERY



PRESCHOOL 2020

WAITING LIST FOR PRESCHOOL 2020

LET YOUR CHILD GROW WITH US

The Heights Preschool is an integral part of The Heights P-12 School. We provide an engaging and stimulating learning environment for children. Our philosophy revolves around play as a tool for learning. We encourage children to be curious and empowered, to seek answers through learning, underpinned by a partnership with family and the community.

If you would like your child to attend The Heights Preschool in 2020 please contact Dani Camillo on the details below.

Email: Dani.Camillo890@schools.sa.edu.au

Website: <https://www.theheights.sa.edu.au/preschool.html>



ARTS WEEK 2019 "Realising the Dream"

"...Artists and creative practitioners are at the heart of the cultural economy. It is their work that fills theatres, cinemas, galleries, bookshops and countless digital devices. Writers, visual artists, actors, performers, musicians, composers and Arts teachers are unique individuals with highly specialised skills, knowledge, discipline and talent, who generate new ideas and new ways of understanding the world and prepare our children for the challenges that face them in the 21st Century." (Creative Australia)

At The Heights the study of the Arts actively involves students in Art, Music, Drama and Media Arts from Preschool to Year 12. To celebrate the promotion of the Arts within the school community we have held an Annual Arts Week for last 11 years.

This year's Arts Week theme is "Realising the Dream" and it's going to be bigger and better than ever!

- SALA Art Exhibition and Competition
- "The Dream" Production by The Heights Players
- "The Last Sounds of Winter" Showcase Concert
- Wakakirri
- The Heights Got Talent
- Primary School Art Exhibition
- Book Week "Reading is my Secret Power"
- Poetry Slam
- "There's a Bear in There" Music production for Junior School
- And More



Arts Week 2019

Realising the Dream

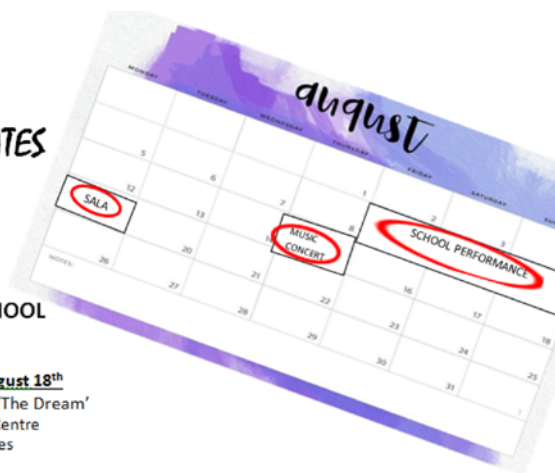
Friday 17th - Friday 23rd August



Government of South Australia
Department for Education

SAVE THE DATES

CELEBRATE
ARTS WEEK
WITH
THE HEIGHTS SCHOOL



August 16th - August 18th

School Performance - 'The Dream'
Golden Grove Arts Centre
Performance times
and
Ticket pricing
to follow

August 22nd from 6.30pm

The Heights Music students
Present
The Last Sounds of Winter
Showcase Concert
FREE EVENT



August 19th 5pm - 7pm

SALA
Student and Teacher
Art Exhibition
Opening Night
The Heights School
Special guest, local artist Alana Preece
FREE EVENT



SOUTH AUSTRALIAN LIVING ARTISTS' FESTIVAL
SALA

Annual Joint Student and Staff Art Exhibition

Lotus in the Mud
by Taita Chiyao Liu

at

The Heights School

Brunel Drive,
Modbury Heights

Opening Night:
Monday 19th August
5.00pm - 7.00pm

Opened by special guest,
local artist Alana Preece

Refreshments served upon arrival

FREE EVENT



scan for more
about SALA



scan for more
about Alana Preece

MORE INFORMATION TO FOLLOW

Prizes worth a total of \$200-00!

The Heights Art Exhibition Competition

19th to the 23rd
August 2019

SALA

Special Guest
Alana Preece

Opening event 19th August 5pm - 7pm

The Visual Arts Department would like to invite entries for this prestigious Art Award, now in its 11th Year and included in the SALA Festival for the first time! The Middle School Multi Space will once again be transformed into an art gallery venue for the exhibition. This venue will be a focal point for other activities planned for the week so your work will gain maximum exposure. Awards and prizes will be announced in the morning on Monday 19th August and the official opening by acclaimed local artist, Alana Preece, will occur in the evening from 5pm to 7pm.

First Prize

A Gift Voucher to purchase Art Materials to the value of \$80 plus a certificate acknowledging your achievement.

People's Choice Award

A Gift Voucher to purchase Art Materials to the value of \$30 plus a certificate acknowledging your achievement.

Karnkanthi Award (meaning 'lifting up' in Kaurna language. Open to Aboriginal and Torres Strait Islander students only).

A Gift Voucher to purchase Art Materials to the value of \$30 plus a certificate acknowledging your achievement.

Book Week Prizes (Book week entries must be A4 size)

Senior School Prize \$20 gift voucher for Art Materials

Middle School Prize \$20 gift voucher for Art Materials

Junior School Prize Art Materials to the value of \$20

Diary Cover for 2020 - Your art work could be selected for the cover of next year's school diary.

Conditions of Entry

1. Art works can be of any medium
i.e. acrylic, oil, watercolour, ink, pencil, pastel, charcoal, photography, digital imaging, multi-media.
2. Art works can be 2D or 3D, except Book Week Entries (A4 only).
3. Art works must be no larger than 1.5m x 1.5m including frame, except Book Week Entries (A4 only).
4. If works are framed they must include a wire or hook to hang them from.
5. You can offer your art works for sale but any work sold must remain on display until the exhibition closes.
6. The judging panel consists of Nigel Gill – Principal, Vicki Cook – Business Manager and Catherine Bourn – Artist and Art Teacher.
7. The judges' decision will be final and no correspondence will be entered into.
8. The winning entry will be chosen according to the following criteria.
 - a. Creativity and originality
 - b. Sensitivity and skill in use of media
 - c. Presentation
9. Winners will be announced in the venue on Monday 19th August at 9.30am. Entry forms are available from the Art Department and the Library. Please use a separate entry form for each art work entered. Entries must be received by Monday 12th August and work must be delivered to the Art Department by Wednesday 14th August.

No late entries will be accepted.

Background Image by Shreya Mitra

The Heights Art Exhibition Competition Entry Form

Due date for entries Monday 12th August

Due date for delivery of art works Wednesday 14th August

SALA

Please tick one:

General Entry	Karnkanthi Prize	Book Week Prize
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(All entries delivered to Art Staff - No late entries will be accepted.)

Name: _____

Year Level: _____

Home Group: _____

Title of Art Work: _____

Description (What's it about?): _____

Medium: _____

Dimensions: _____

Is your art work for sale? Yes / No

Price: \$ _____

Please fill in a separate entry form for each individual art work.

THE HEIGHTS SCHOOL PLAYERS PRESENTS...

A Bollywood adaptation of
William Shakespeare's
'A Midsummer
Night's Dream'

*Magic,
moonlight,
exotic location.
What could go
wrong...?*

the dream

Golden Grove Arts Centre Theatre
The Golden Way, Golden Grove

scan me to
purchase tickets

TICKETS AVAILABLE FROM THEHEIGHTS.SA.EDU.AU
Online ticket sales end Friday 9th August. Last minute tickets available from school until Thursday 15th August.

Friday 16th August @ 7.00pm
Saturday 17th August @ 2.00pm & 7.00pm
Sunday 18th August @ 2.00pm
(doors open 30 minutes prior)

Adults: \$10; Children (5-17) and Concession: \$5;
Family (2 children, 2 adults): \$25

THE HEIGHTS SCHOOL
Preschool - Year 12

Department of South Australia
Department for Education

ignite

Proud Sponsor:
CardSpring

Design by Beth Satekel

Last Sounds of
WINTER
Showcase Concert

Enjoy the musical talents of our Primary and Secondary students

The Heights School
Performance Space
Brunel Drive,
Modbury Heights

Thursday 22nd August
6.30pm - 8.30pm

scan to contact us
for more info

YEAR 5 ADARE CAMP REFLECTION

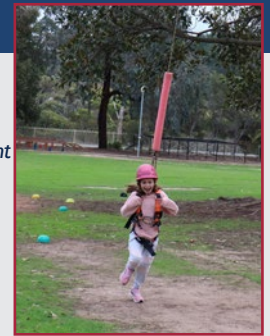
Beach Activities

The beach activities were the messiest activities at Adare Camp.

In activity 1 we had 5 minutes to dig under a pool noodle. If we touched the pool noodle we had to put our hands in the air and count to five before we could dig again. If you touched the pool noodle while you tried to get to the other side you had to go back and try again. You also got to dig from the other side if you got to the other side.

In activity 2 each tribe had a bucket full of sea water. Then we had to dig and decorate a trench to the water. We had 5 minutes. We had to pour the water into the trench to see if it would make it to the sea.

By Sarah Le, F2



How the brain twister relay works at Adare Camp

The brain twister relay has 6 courses (I'm going to explain two of them to you) - The holy tarp, the golf course, the dominoes, the key trap, the treasure chest and the puzzle.

At Adare Camp the brain twister relay is a two team activity. There are 6 courses and each team has to complete them and pack them up before moving onto the next one. The first activity is the holy tarp. The holy tarp has three holes in it and there are three different sized balls that have to go in each hole, a golf ball, a tennis ball and a GIANT tennis ball. You have to make sure that each ball goes into a different hole otherwise you have to start again! I found this activity quite challenging! The next activity is the golf course. To complete the golf course each of your team members have to take a half pipe and the goal is to get the ball through the tube up to the finish line. This is an activity that requires a lot of teamwork!

In conclusion, the brain twister relay is a very exciting activity that contains a lot of teamwork and faith!

By Gwyn Phung, F2

How to do the Amazing Race

The Amazing Race is an activity with two parts that you can do at Adare Camp which involves the Mummy Race and the Challenge Race.

What you have to do in the Mummy Race is design a mummy in groups of 3 and wrap them up with toilet paper like you planned with your group. After that there is a Mummy Race. The mummy with the most toilet paper left and is fastest wins. In the second activity you get 4 blocks. You have to try and throw the bean bags on the blocks, in teams of 3 or 4. After that you get cards with questions on them about Adare Camp. You have to work as a team and communicate to get the answers. If you get the answer wrong then you get a 10 second penalty. When your time runs out you count up how many questions you answered and the team with the most answers wins.

The activities in the Amazing Race tests how well you work as a team and communicate together.

By Chitra Dave, F2

On Year 5 Camp

On Monday 3rd June to Wednesday 5th June during Wweek 6, 60 Year 5 students in F2, F1 and E1 went to Adare Camp in Victor Harbor where we did lots of fun activities with Beyond Limits Outdoor Education.

By Lachlan Warner, F2

Shelter Building at Adare Camp 2019

The goal of shelter building is to build shelters out of a limited amount of materials. The materials were tarps, ropes and wood. We got the materials to make the shelter in 5 to 10 minutes then one of the leaders sprayed us with a hose. He wanted to see how our shelters could handle a heavy rain storm. After the water stopped we saw the results of the shelters. There was lots of team work. The better the shelter was the more points the team got.

By Max Gobell, F2

How to do the Flying Kiwi

You may have heard of a kiwi, but not a flying kiwi. The joke is that a kiwi cannot fly so they named it a flying kiwi to make it fun. The flying kiwi is a fun activity that the Adare camp provides.

The flying kiwi is not that complicated to work. The flying kiwi has a harness to wear. The kiwi is on one side of the rope. On the other side is the rest of the group which are called pirates. The pirates also have a harness and need to pull hard on the rope attached to them. The pirates have to stop at the red cone. When the pirates pull they have to run straight to the right. The kiwi has to run straight to the left. Then the kiwi flies into the air and swings quite a few times and goes back down slowly. After all the people have had a shot, then the next group comes.

You also may be wondering how the flying kiwi is made. There are two wooden poles and they are very long. Then there are two harnesses next to the wooden poles. At the top of the two poles is a rope attached to them.

By Sophia Chan, F2



YEAR 5 ADARE CAMP REFLECTION (CONTINUED)

How do you do the survivor course

In the next activity you needed to balance on a balancing beam and get to the end. But you needed to collect bags containing puzzle pieces and go to the end. No-one was blind folded in this activity because it could be hazardous. Only one person was allowed to go at once and only one bag could be collected at a time. You finished that activity by getting the bags across. The next activity was called the spider web. Two people needed to be blind folded. Once everyone was across the balance beam, the teams that were across unhooked themselves from the balance beam, then hooked on to the next rope. After that they had to weave under and over ropes on the spider web. The next activity was for the ones who had passed the spider web first. What you had to do was transport three tyres to a pole that sat far left, but you couldn't move the tyres across to the other pole without moving them onto the middle pole, then you could move them to the third pole. Also the tyres had to be in order 1 to 3 and if let's say 2 was on top of 1 then tyre 1 would pop! Only one tyre could be touched at a time. The last activity was the number puzzle in the bags, which contained numbers up to 45. All three teams had one team member blind folded. That team member had to solve the puzzle, so all the other teammates couldn't touch the puzzle. That meant that your other team members had to guide your blind folded teammate so they could finish the puzzle. If your team finished the puzzle first your team won!

The Adare Camp was really fun especially the survivor course.

By Ben Marschall, F2

How does the Brain Twister Relay work at Adare Camp?

The Brain Twister Relay is a multi- staged activity. The Brain Twister Relay has six challenging tasks, the Holy Tarp, the Golf Course, the Dominoes, the Key Trap, and the chest with the puzzle.

At Adare camp the Brain Twister Relay is a two team competition, Firstly, in the Holy Tarp both teams grab a tarp with three holes. Both teams have to hold up a tarp, then three balls are dropped onto both teams' tarp. They are a golf ball, a tennis ball, and a gigantic tennis ball. After that both teams must roll the balls into the holes. But each ball has to fall into a different hole. Secondly, in the golf course both teams must use halved PVC tubes to roll two golf balls across a cone. Both teams must use the tubes as a slide to roll the balls across, but both teams can only roll one ball at a time. Thirdly, in Dominoes you have fifty dominoes and both teams must stack them to the other side, but if the dominoes don't reach the other side in one push your team must restack them. Next in the key trap there are two wooden poles surrounded by a fence and then a rope surrounding the fence sits a metre away. The wooden pole has seven keys surrounding it. Both teams have a stick to unhook the keys and when all the keys are unhooked there's a wooden chest with locks. Five were useless and two unlocked the chest. A puzzle is contained in the chest. Both teams must solve the puzzle and whichever team finishes first wins.

I loved doing the Brain Twister Relay at Adare Camp and I hope I can do it again.

By Riwoo Jung, F2

How does the Challenge Course at Adare Camp work?

The challenge course at Adare camp is a challenge course where you have to get from one side to the other using tennis rackets, milk crates and wooden planks. There are two sides. One group used the tennis rackets and the other group used the milk crates and wooden planks. There were checkpoints halfway to the end and once you had finished you would switch sides. The tennis rackets could only touch the ground with a body part on it, pretending that the ground was lava and the racket would float way. If your tennis racket had no body part on it, it would get taken away from your group. However the milk crates didn't have to have a body part on them as they were heavy enough to stay there. The wooden planks were like the tennis rackets as they had to have a body part on them at all times. When both teams had finished you would work together as a tribe to get across from the middle to the end. This meant you had to get across using either tennis rackets, milk crates and wooden planks or half of both.

By Lachlan Rowe, F2

How does The Survivor Course work?

The Survivor Course is an activity that the Adare camp inspired by a TV show. There are six activities in The Survivor Course.

The equipment that was used were ropes, puzzles, planks, tyres, tables, mega spider web, bags & poles. In the first activity we got a harness and we needed to get ourselves from one side of the rope to the other which was kind of hard. In the second activity there was a long piece of plank and there were a lot of ropes around it so we needed to do the same, get from one side to the other. One person was blind folded and we needed to help them. In the third activity we needed to walk on a balance beam without any blind folds because we needed to get a bag with puzzle pieces. In the fourth activity our small tribe needed to get through the mega spider web but one person was blind folded again. In the fifth activity we had two people blind folded and only they could touch the puzzle. Finally we made the puzzle that we got earlier. We needed to help the people who were blind folded. The puzzle was numbers from one to forty-five in order. And the lucky last, the sixth activity was where we had three poles and five numbered tyres. We needed to get the five tyres on another pole in order biggest on the bottom and the smallest on the top but you weren't allowed to have a higher numbered tyre on top of smaller tyre.

We had a lot of fun doing The Survivor Course!!!

By Aida Duissenova, F2

Our thank you

We would like to thank all of the parents, teachers and of course the camp organizers for using their time for us and for making sure that we have a fun camp and a safe trip. We would like to thank Ms Weniton, Miss Fong, Mrs Ravi, Adrien Marschall, Kelly Miller, Jess Hulmes and Matt Howell.

By Gwyn Phung, F2



YEAR 5 ADARE CAMP REFLECTION (CONTINUED)

BRAIN TWISTER RELAY

Purpose
The purpose is to cooperate and to work together.

What you have to do in this mini game is to grab a domino and try to put them in a line to tightly push it over and try to make it hit the other cone.

After you open the chest you grab the puzzle that you have to try to solve.

What you have to do in this mini game is grab a bamboo stick and try to unhook the keys from the fence without touching the rope around the

Now that you have all of the keys from the last challenge you have to try to figure out which three is used for the chest and then open the chest.

The aim of this mini game is to grab a half short circle pole and role a golf ball to the cone at the other end.

The aim of this mini game is to role three balls into three different holes, without rolling two balls into the same hole.

By Aya, Nevaeh and Jessica F1

Flying kiwi

The purpose
We are doing this to learn about teamwork, leadership and coordination that will help you throughout your life.

How to play
Firstly, you put your helmet and harness on then attach to the rope. It is 13 metres high though you can only go 12. The captains lead the rest of your teammates running down a track lifting you up in the air. However, you can only go up a safe distance otherwise it will become dangerous. After you have been suspended in the air for a few seconds, the people who are pulling you up slowly walk you back down. The pulley makes it easier to pull you up and down. When you reach the ground, the adult takes your harness off.

Rules
1. Don't be silly
2. If you reach the pool noodle the activity will shut down
3. Listen to the captains
4. Listen to the teacher
5. Don't make fun of people
6. Have fun

Conclusion
We liked it was fun but it was a bit scary when you go high. We give it a 5 out of 5 stars but if we could we would give it an infinite amount. I am pretty sure everyone enjoyed it a lot.

By Patrick, Jack and Aadi F1

Survival challenge

The purpose of this challenge is to learn teamwork and to use teamwork to solve problems.

Another purpose is to learn how to use teamwork to solve problems.

The obstacles in the survival challenge

Our favourite part was using teamwork to solve the problem.

The equipment used was lots of rope, harness, and pulleys and puzzle pieces.

Buts you had to make by if you finished your harness from the rope you got a 5 second penalty.

If you are finished and you take off your harness you get a 5 second penalty.

By Lachie, Tori and Lorelai F1

Challenge Course

Purpose
We did it to improve communication and teamwork skills.

Equipment and rules
Lava bats
Lava bats are used to make the bridge. They must be touching a body part at all times or they will be taken away.
Planks and crates
Planks will be used to make the bridge. However, the crates don't touch so you can make a bridge.

Steps
1. We got started with two groups.
2. One group built a bridge with planks and crates to get to the checkpoint and then the last main platform, while the other group used 'lava bats' as stepping stones to get to the checkpoint and then the last main platform.
3. The first group to the end wins, and then the two groups swap to they are using the other pieces of equipment.
4. Then repeat the steps, and after that, the extras.

Ultimate
In the Ultimate you must cooperate to cross the line from the first main platform straight to the last main platform. You have to select one set of equipment, example planks and crates or lava bats. However, you can exchange one piece of equipment for another - example, one plank for two lava bats.

Stepping stones
In Stepping stones, you must get to the end by following the right path. You must remember what stones are right and which are wrong, and try different stones to get to the end.

Conclusion
We really liked this activity, we did give it four and a half stars. Our favourite part was Stepping stones. You never know which stone is right or wrong. The Challenge Course is lots of fun.

By Angelina and Tori F1

CHALLENGE COURSE

TORI AND ANGELINE

PURPOSE
We did it to improve communication and teamwork skills.

EQUIPMENT AND RULES
LAVA BATS
Lava Bats are red tennis rackets. They must be touching a body part at all times or they will be taken away.
PLANKS AND CRATES
Planks will be used to make the bridge. However, the crates don't touch so you can make a bridge.

HOW TO PLAY
1. We got started with two groups.
2. One group built a bridge with planks and crates to get to the checkpoint and then the last main platform, while the other group used 'lava bats' as stepping stones to get to the checkpoint and then the last main platform.
3. The first group to the end wins, and then the two groups swap to they are using the other pieces of equipment.
4. Then repeat the steps, and after that, the extras.

EXTRA
ULTIMATE 1.
In the Ultimate you must cooperate to cross the line from the first main platform straight to the last main platform. You have to select one set of equipment, example planks and crates or lava bats. However, you can exchange one piece of equipment for another - example, one plank for two lava bats.
STEPPING STONES 2.
In Stepping stones, you must get to the end by following the right path. You must remember what stones are right and which are wrong, and try different stones to get to the end.

CONCLUSION
We really liked this activity, we did give it four and a half stars. Our favourite part was Stepping stones. You never know which stone is right or wrong. The Challenge Course is lots of fun.

By Tori and Angelina F1

The Amazing Race

The amazing race was fun because we wrapped Ava in the soft toilet paper to make her into a crazy hospital mummy that looked like a piece of art.

So, what we did was we got toilet paper and we made our own mummy's.

Then all people that got dressed as a mummy had a race and whoever looked like a mummy walking got extra points.

As a bonus we did a little camp quiz we had to hunt to find the answer for the question. Some were easy, some were hard. The purpose of this challenge is to know adare better.

By Ayla, Tahira and Maddy F1



Shelter building

The purpose is to survive a cyclone.

Materials we used: we used sticks, tarps and ropes.

What did we do: You had to get nine items then another group would pick nine items. You get twenty minutes to build your shelter that you get protected by the water. We all stayed dry from our great shelters. Our shelters were all great because we all picked good materials.

Logan's favourite part was every time he poked his head out, he got soaked. Dev's favourite part was staying the driest. Zac's favourite part was building.

How to survive bad weather: You find materials in the jungle and start building. You can survive a cyclone if you get a good enough shelter.

Conclusion
We really loved shelter building we rate four and a half out of five stars. You never know if you stay dry or get soaked.

By Zac, Logan and Dev F1

OUR STEM DAY

On Monday and Tuesday of Week 4, some of the ATSI students went to a STEM program at the Convention Centre in the city.

Firstly, we went to a room with a projector and lights where there were speeches and a successful man who loves STEM. Then we went to a room to weave with sunflower stems.

Secondly, we were learning about where light comes from and with a mirror we copied a tiny rainbow.

Thirdly, we were planting metal hands that had messages on them but before we planted them we put all hands on deck and stood on a statue.

Lastly we went to A.I class, learning how weed killing robot machines with A.I minds worked. Then we watched an A.I robot arm draw pictures of places and a YouTube video of it picking things up.

By Sebastian

It was a blast. It was really fun to weave and learn about A.I and getting to see a robot arm picking up things and drawing pictures. Overall, it was a good time and the food was good too.

By Michael



AMNESTY INTERNATIONAL TALK

On 18th June 2019 I attended an Amnesty International talk at the Bob Hawke Prime Ministerial Centre. The talk was delivered by two speakers: Charlie (Khalil) Shahin AO, the Managing Director of the Peregrine Corporation, and Kumi Naidoo, the Secretary General of Amnesty International and former Executive Director of Greenpeace.

I found Mr Shahin's talk amazing and eye opening as he discussed the racism he experienced, coming to Australia as a Palestinian refugee, and how his family built South Australia's largest private company. He explained that people have been fleeing their homes forever, longing for freedom and a better life. Even with what his family had experienced, it was a blessing when his father could not get a job. He started his own family business that has bloomed into the On the Run (OTR) service stations. Mr Shahin and his family represent that great things can happen with persistence and confidence.

Mr Naidoo gave an awe-inspiring speech about his childhood, his activism in South Africa, his expulsion from school to eventually gaining a Rhodes scholarship to study at Oxford. He has inspired me to learn more about activism, whether it be online or in front of South Australia's Parliament House.

After earning his PhD in political sciences, Mr Naidoo held multiple leadership roles that led him to his role as leader of the world's largest human rights organisation, Amnesty International. Mr Naidoo's journey shows that anyone can fight for human rights and that with tenacity and passion any goal is achievable.

Mr Naidoo explained that we are living in a time when hatred and fear are used to divide communities; close borders and distractions that stall our attention from the complex problems facing our world. He stated that intolerance and hate are being used to justify cruelty against others and build fear. He also discussed climate change, how this is tied to inequality and race and that civil and political rights are being suppressed.

The Amnesty International talk has inspired me to see the good in life, to realise the privileges I have, and the rights and freedom that other's do not have. It has taught me to be a better person in being kinder and more giving, if not for my own morality, but for the world's. I want to participate in Amnesty International's campaigns because I want to see the world thrive to being better and more inclusive place.

Felicity Birse, 906



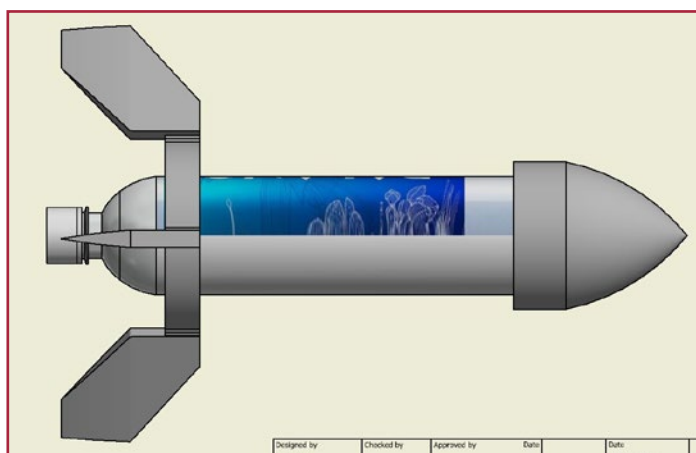
CUTTING EDGE SCIENCE PROJECT TAKES OFF AT THE HEIGHTS

Like a rocket taking off, students, from Mr Trainor's Year 10 Cutting Edge Science class, launched into a water propelled rocket design task. To mimic being in real industry, students were given a limited budget and time-frame, and were tasked with designing and constructing a water powered rocket that could achieve the greatest vertical height. Students were given a lot of freedom with the choice of building materials but had to work within an assigned budget of "\$1,000,000" (not actual money). The challenge started by working with online models and smaller cardboard rockets to determine the effects of mass, thrust, centre of pressure and centre of mass on the stability and launch height of rockets.

Using this information students came up with designs and sketches, as well as a detailed scale drawing of the final design. Students then launched into construction using a plastic bottle as the body of the rocket and using other materials, including 3D printed components to build the rockets.

On launch day, the energy in the class was palpable as the excitement of the students and the potential energy stored in the pressurised air of the rockets grew. Enthusiasm levels took off in unison with the rockets as they launched them using a bicycle pump and valve system. The height reached by each rocket was measured using student designed inclinometers and a bit of trigonometry. In the end 'JGT rockets', comprising of Jovan, Gurnoor, and Thomas, won the challenge with an out of this world 36.5m high launch.

Mr Trainor and The Cutting Edge Science class



Pictured: Zac launches his team rocket; Final design by Mekhia drawn in CAD software showing 3D printed nose and fin design

YEAR 11 BIOLOGY EXCURSION

An unbe-leaf-ably good day

On the 4th of June, 14 students from Mr Trainor's Year 11 Biology class visited the Adelaide Botanical Gardens to investigate plant adaptations. Students started in the Bicentennial conservatory to explore the range of adaptations that rainforest plants have evolved, such as dark green and hydrophobic leaves, to allow them deal with lots of water but not enough sunlight. "It's like a green umbrella" one student remarked. Students then compared this with desert plants which were lighter green and had structures to help get water to their roots and minimise water loss in the hot dry desert. They noted the stark contrast between the rainforest and desert plants. All in all it was "a tree-mendous day" that helped "sow the seeds of understanding biology" with a "bunch of fronds".

Tim Trainor, Science and Maths Teacher

Pictured: Madeline investigates the water shedding ability of a plant in the Bicentennial Conservatory



SACE STAGE 2: TRIAL EXAMS



- > Educating young minds
- > Serving our community
- > Instilling values and embracing our future

The Heights School has completed the **\$3.5 Million** upgrade to student facilities, providing vital new learning spaces and opportunities in **Science, Technology Engineering & Maths (STEM)**

Building better Schools.

Additionally, The Heights School has received a **\$10 Million** grant to provide brand new buildings with state of the art furniture and equipment to enhance student learning.

Planning has already commenced.

**we create we provide
we encourage we care**

SACE STAGE 2: TRIAL EXAMS – DATE CHANGE AND ONLINE EXAMS

Dear Parent / Caregiver,

Stage 2 trial exams are fast approaching. These provide your child with an opportunity to develop an understanding of, and familiarisation with, SACE exam policies and procedures in preparation for their final examinations at the end of the year.

Traditionally at The Heights trial exams have occurred in Week 10 of Term 2. To make the trial experience more authentic for students the trial exams will occur in Term 3, allowing for more concise usage of the holiday break, holiday seminars and course concepts to be completed. The trial exams will occur over **3 school days** with a weekend in between. This shortened timeframe also allows for minimal impact on lesson time and allows some respite between exams, with the weekend providing additional revision time.

The Trial Exams will occur on **Friday of Week 1 Term 3 (26 July)** and the following **Monday and Tuesday of Week 2 Term 3 (29 & 30 July)**.

Lessons as normal will occur in Term 3 Week 1 from Monday to Thursday for Stage 2 students, there will be no scheduled lessons on Friday of Week One Term 3 and the following Monday and Tuesday of Week 2 Term 3 while exams take place. **Students of non-examinable subjects are expected to continue working on set tasks during the 3 day trial exam period.**

Additionally we are having **online exams** for two subjects, **Modern History** and **Psychology**, at the end of the year. These subjects will have separate **online trial examinations**, the dates are determined by SACE. The two online trial examinations are on:

- **Modern History** – 5 August
- **Psychology** – 6 August

Please ensure your child is prepared and understands the crucial importance of these trial exams and follow the below guidelines:

- Formal Lessons do not run from 26th to the 30th July.
- Students are to arrive 10 minutes before written exam time and 20 minutes before online exams, attending with subject appropriate materials.
- Formal lessons resume on Wednesday 31 July.

Kind regards,

Ian Benjafield
Year 12/SACE Coordinator

Meg Fay
Assistant Principal
Curriculum 7-12

Nigel Gill
Principal

ignite
a program for gifted and talented children

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SACE STAGE 2: TRIAL EXAMS



THE HEIGHTS SCHOOL

**2019 Year 12 Trial Exams (Written)**

Below is a copy of the Trial Exam Timetable for Term 3 Weeks 1 and 2
Times are inclusive of 10 minutes reading time

Subject	Date	Time	Room
EAL	26/7 Friday	8:50-11:30	Drama Space
Maths Methods	26/7 Friday	1:30-3:40	Drama Space
Maths General	26/7 Friday	1:30-3:40	Drama Space
Chemistry	29/7 Monday	8:50-11:00	Drama Space
Maths Essential	29/7 Monday	8:50-10:30	Drama Space
Specialist Mathematics	29/7 Monday	1:00-3:10	Drama Space
Biology	30/7 Tuesday	8:50-10:30	Drama Space
Legal Studies	30/7 Tuesday	1:00-3:10	Drama Space
Physics	30/7 Tuesday	1:00-3:10	Drama Space

2019 Year 12 Trial Exams (Online)

Subject	Date	Time	Room
Modern History	5/8 Monday	8:50-11:30 am	BF12
Psychology	6/8 Tuesday	8:50-11:30 am	BF12

2019 YEAR 12 TERM 2 HOLIDAY SEMINARS

Below is a copy of the holiday timetable, which includes room allocation.

Subject	Teacher	Date	Time	Place	Focus
Maths Methods	A Cadd	8/7/19	9:00am-11:00am	SC	Trial Exam Revision
Physics	A Cadd	8/7/19	11:00am-1:00pm	SC	Trial Exam Revision
Food and Hospitality	Rogers/Coleman	9/7/19	10:00am-1:00pm	Home Ec	External Investigation
Maths General	Roubanis	10/7/19	9:00am-11:00am	SC	Trial Exam Revision
Legal Studies	Utting	10/7/19	11:30am-2:30pm	SC	Trial exam Revision
EAL	Bandjak	11/7/19	10:00am-2:00pm	MSC	Exam Revision and Academic Literary Study
Psychology	R Van Hoof	11/7/09	10:00am-2:00pm	BG I	Exam Revision
Chemistry	R Parsons	12/7/19	10:00am-2:00pm	SC	Trial Exam Revision
Workplace Practices	Benjafeld	15/9/19	9:00am-12:00pm	SC	External Investigation/Log book
Material Products	Holt	17/7/19	9:00am-3:00pm	DG6	Practical Development
English	Roberts	19/7/19	10:00am-2:00pm	MG3	External Assessment

All students must enter and exit the senior building via the glass door by link stairs for security reasons. All students must sign in and out in the visitor register located in front of Mr Benjafeld's office, before moving to allocated room, any messages about last minute classroom changes will be left with the visitor register.

STAFF VS STUDENT NETBALL GAME

On Thursday 27th July the staff team took on the Year 11 girls in a game of netball. After the staff losing the basketball back in Term 1, they were keen to hit back to even up the series. The staff team consisted of Mr Peters, Ms Allen, Ms Williams, Mr Seymour, Mr Elliot, Ms McCabe, Ms Evans, Mr Thach, Ms Sulley-Beales and Mr Brzezinski.

It was a close game in open play, but the staff team had too much height under the ring and came out with the victory. A great effort by all involved!!!! We will continue the Staff vs Students competition once a term.

Mr Daniel Brzezinski, Student Wellbeing Leader



VISTA YEAR 8/9 GIRLS AFL CARNIVAL

On Friday 21st June our Year 8/9 Girls AFL teams competed against other schools at The Heights School. It was an absolute pleasure watching the girl's skill development and game awareness growth, many of whom participated in the carnival last year. The girls should be commended for their display of going together, a fair go and having a go, going hard and keep going. From the girls:

'We all did very well today and we had a fun experience. Everyone worked hard and kept going no matter what.'

'The whole experience was amazing and I enjoyed kicking 3 goals in a row.'

'The best fun I had in a long time.' 'The games were tough but we got through it.'

'The day went really well and we used really good team work and we all put in 100%.'

'We had fun and improved a lot over the day.'

Eulaly Allen- Sports Coordinator



TERM 3 VISTA EVENTS

Week 3

- Wednesday 7th August: Senior Boys – 5-a-side Soccer
- Thursday 8th August: Senior Girls – 5-a-side Soccer

Week 4

- Monday 12th August: Year 8/9 Boys – 9 a-side AFL
- Wednesday 14th August: Senior Boys – 9 a-side AFL
- Friday 16th August: Year 9/10 Girls – Basketball

Week 5

- Wednesday 21st August: Senior Girls – 9 a-side AFL
- Friday 23rd August: Year 8/9 and Senior Boys – Netball

Week 7

- Wednesday 4th September: Year 10 Boys – 5 a-side Soccer

Week 8

- Friday 13th September: Year 8/9 Girls and Boys – Volleyball

Week 9

- Wednesday 18th September: Year 8/9/10 Girls – Tag Rugby

Week 10

- Thursday 26th September: Year 9/10 Boys – Basketball





JULY SCHOOL HOLIDAYS

GO! CLINIC & JUNIOR FAST FIVE NETBALL @



Tuesday July 16

GO! CLINIC - \$10*
9 to 10:30am
Players born 2010, 2011 or 2012
*Includes Jags drink bottle

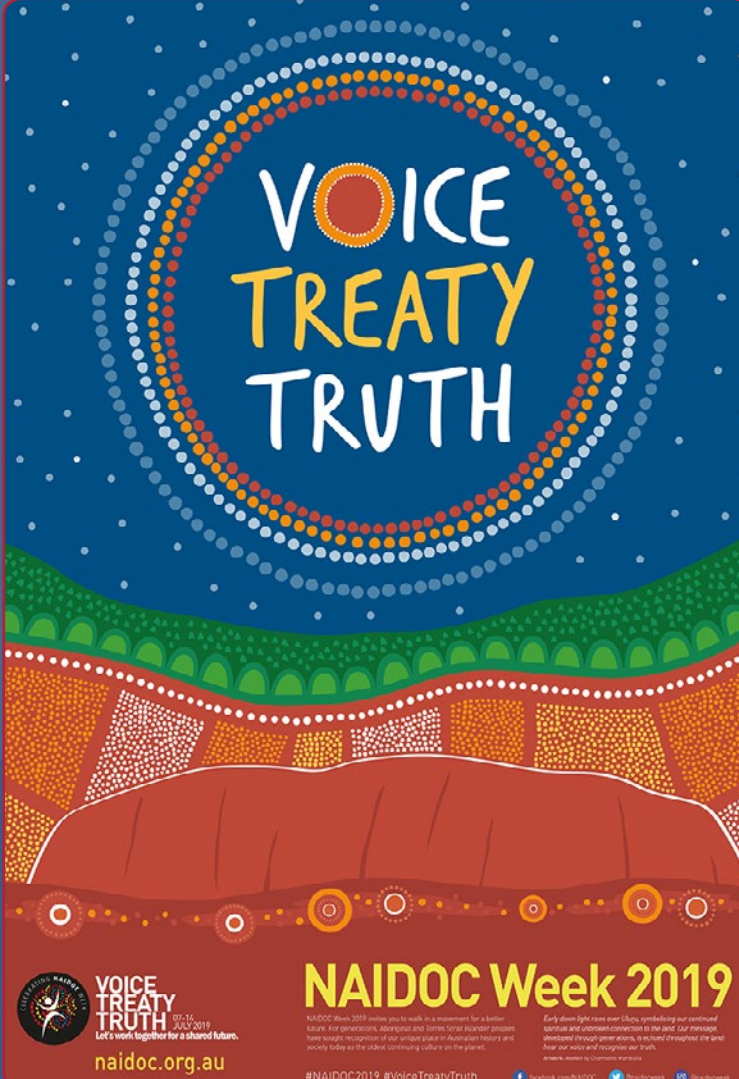
JUNIOR FAST FIVE TOURNAMENT
10:30 to 2:30pm
U11s (2008 - 2009)
U13s (2006 - 2007)
U15s (2004 - 2005)

\$100 per team.
Up to 6 players per team.
Be Quick!! Only 5 teams per age group.

Prizes for: Best dressed team. Age group winners.

Not sure what FAST FIVE is? Check it out [here](#)

Registrations - click below
[GO! Clinic](#)
[Fast Five](#)



VOICE TREATY TRUTH

NAIDOC Week 2019

07-14 JULY 2019
Let's work together for a shared future.
naidoc.org.au

#NAIDOC2019 #VoiceTreatyTruth

Facebook.com/NAIDOC @NAIDOCweek @NAIDOCweek



TENNIS FOR JUNIORS

We Get Kids Active!

Only \$75 for 6 classes in Term 3 2019

- Boys & Girls aged 3 - 8 Years
- Skills based intro to Tennis
- Indoor sessions
- Modified equipment
- Ideal for beginners
- Age appropriate programs
- Parent help for 3 - 4 year olds
- Kids Tennis Racquet to Keep!

Location: Wynn Vale
Keithcot Farm Primary School 5 Keithcot Farm Drive, Wynn Vale

Starts
Saturday 3rd August

\$75
3 and 4 year olds - 9.45am to 10.30am
5 and 6 year olds - 10.30am to 11.15am
7 and 8 year olds - 11.15am to 12.00pm

ENROL + PAY ONLINE AT
WWW.GETACTIVESPORTS.COM.AU

To receive the Earlybird price of \$75 you need to Enrol + Pay before 17th July.

After 17th July cost will be \$90 FOR 6 SESSIONS INCLUDING A KIDS TENNIS RACQUET FOR YOU TO KEEP!
Programs Focus on Improving Co-ordination and Motor Skills

For more info call us on 1300 772 106 or email us at info@getactivesports.com.au

COMMUNITY