

# The Heights School NEWSLETTER

**ISSUE 16** | 24 October 2019

> Educating young minds

> Serving our community

> Instilling values and embracing our future

ignite 💋

The Heights School has completed the \$3.5 Million upgrade to student facilities, providing vital new learning spaces and opportunities in Science, Technology, Engineering and Maths (STEM). Additionally, The Heights School has received a \$10 Million grant to provide brand new buildings with state of the art furniture and equipment to enhance student learning. Planning has already commenced.



Go Together

A Fair Go Have a Go, Go Hard, Keep Going!

# **ISSUE** HIGHLIGHTS:

- Volunteer Appreciation Morning Tea
- Year 9 Stagecraft Set Designs
- Year 7 Aquatics Camp
- Pedal Prix

Pictured: Volunteer Appreciation Morning Tea

### **DIARY** DATES

- 24/10 Primary Years Assembly (CF4 & FI) SAPSASA T20 Blast Cricket
- 25/10 World Teachers' Day STAR Group Meeting Night (7.30pm-9.30pm)
- 28/10 Primary Swimming week (R-5)
- -1/11
- 28/10 VISTA Year 10 Boys T20 Blast Cricket
- 29/10 Governing Council Meeting 6.00pm Year 12 Last Teaching Day
- 30/10 Year 12 Farewell Morning Tea VISTA Year 8-10 Boys Ultimate Frisbee
- 31/10 907 Science Excursion-Ingenuity 2019
- I/II Year 6 Ignite Enrichment Day
- 4/11 Year 12 Exams
- -15/11
- 4/11 Year 9 Stagecraft Excursion - Festival Theatre
- 5/11 New Reception Visit 1 - Tues/Wed Group
- 6/11 School Tour 9.00am (fully booked)
- 7/11 New Reception Visit 1
- Thurs/Fri Group

<u>Click here</u> to view our online calendar

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# PRINCIPAL'S MESSAGE

#### Welcome to Term 4

Preparations begin for a range celebrations held this term and depending on the age of your child and what they've been involved in you might want to make note of some of these dates.

- Year 12 Valediction on Thursday 21st November
- Celebration of Success for Middle and Senior students on Tuesday 26th November
- Celebration in the Courtyard predominantly for Primary students on Tuesday 10th December

Keep an eye out for more information and  ${\sf I}$  look forward to seeing you at one of these events.

This term sees Deb Tilley return from long service leave. Derk Kappelle and Shirley Robinson will be on leave; filling in for them are Mamta Khanna, Champak Khurmi and Algis Lauriniatis.

#### World Teachers' Day

World Teachers' Day is recognised and celebrated on Friday 25th October throughout the world to raise the profile of the profession. The time teachers give to the role in this school and many schools is an indication of the importance teachers place on their work. For example, recently we've had many teachers on duty during the school holidays preparing students for their Year 12 exams and other assessment tasks. There have also been school camps, numerous sporting and extra curricula activities, information sessions and celebration events that often occur in the evenings. These are only a few additional parts of a teacher's work, each week there would be other different activities teachers get involved in.

Congratulations teachers and thank you for the work you do.

#### Student Attendance

We are still emphasising the importance of regular school attendance. Other than for reasons of exceptional medical circumstances, more than 10 days absent in a school year is considered to be too many. We are concerned that many of our students are exceeding this level. We continue to follow up student absence if we haven't heard from you. Please endeavour to inform us soon as possible if your child is absent from school.

#### **Benefits of Regular Attendance for Students**

- Getting the maximum benefit from school will optimise your life choices.
  - Attending school regularly will develop skills and attitudes that will help you to be successful in later life. These include self discipline, punctuality, being organised and sticking to routines.
  - Regular attendance leads to an increased likelihood of being successful at school.
  - · Attending regularly leads to making friends and learning to maintain relationships over a length of time.
  - You will learn social skills necessary to live and work successfully with others.
  - People will be more positive about you if you have a good attendance record.
  - Attending school provides opportunities for socialising with your friends.
  - The more you attend, the more you learn, and this will probably mean you will like school more.

#### Year 12 Students

The last of the scheduled lessons for students sitting exams takes place next week. Study programs continue up to the beginning of the exams, for groups of students exams start Monday 4th November.

Good luck to our Year 12 students at this time of their study programs.





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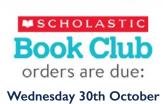
- 6 Senior Science
- 7-8 Year 7 Aquatics Camp
- 9-10 Pedal Prix

11 Stage 2 Food & Hospitality

**VISTA Sport** 

Community Notice

# DON'T FORGET!



## **IMPORTANT DATES IN TERM 4**

Across School Events:	26/11 10/12 13/12	Celebration of Success (Years 7-12) Celebration in the Courtyard (Whole School) Last Day Term 4 (Early Dismissal)
Year 12 Students:	29/10 30/10 4-15/11 21/11 29/11	Last Teaching Day for Year 12 Students Year 12 Farewell Morning Tea Year 12 Exams Year 12 Valediction Year 12 Formal
Year 11 Students:	5/    8-22/	Last Teaching Day for Year 11 Students Year 11 Exams
Year 10 Students:	29/11	Last Teaching Day for Year 10 Students
Year 7-9 Students:	12/11 10/12 11/12 20/11	Year 7 to 8 Transition Day Round Table Preparation Day Year 8/9- No scheduled classes Round Table Presentation Day Years 7-9- No scheduled classes Year 8 Immunisations (HPV2)
Primary Years:	28/10-1/11 5/11 7/11 12/11 14/11 5/12 12/12	Primary Years Swimming Week (Years R-5) Transition to Reception Visit I (Tues Group) Transition to Reception Visit I (Thurs Group) Transition to Reception Visit 2 (Tues Group) Transition to Reception Visit 2 (Thurs Group) Footsteps Primary Disco Primary Years Assembly & Year 6 Handover Ceremony

## VOLUNTEER APPRECIATION MORNING TEA

Our annual Appreciation Morning Tea was held during the last week of Term 3, to recognise and celebrate the contributions our many wonderful volunteers have made to our school.

Year 12 Hospitality students with support from their teacher Mrs Sarah Rogers catered for the event and presented the room beautifully. Catering for over 30 guests, it was an opportunity for students to showcase the culinary skills they had mastered throughout the year. A special mention to Jirah Baker, our Year 10 Digital Photography student who took photos at this event.

Each year volunteers are nominated by staff for their service to the school, students and wider community. At this year's event, our Principal Nigel Gill presented the below volunteers with awards to acknowledge their outstanding commitments.

- Herb Gall-La-Roche for his commitment to the breakfast program
- Jo Bolderoff for her dedication to the Stephanie Alexander Kitchen and Garden
- Alex Rast for his commitment to Design and Technology
- Megan Holland for her dedication to Wakakirri
- Moira Colquhoun for her dedication to Stephanie Alexander Kitchen and Garden
- Rekha Prabagaran for her dedication to Performing Arts
- Lynda Harris for her dedication to mentoring individual students
- Ann Hughes for her dedication to "BLAST" lunch time program
- Pam Smith for her commitment to Wakakirri
- Tara-Lea Mather for her commitment to fundraising and school events
  Brett Boyce for his dedication to Pedal Prix

Congratulations again to all of our nominees and award winners, and thank you to all volunteers who attended the celebration. We value and appreciate the time, skills and energy you freely give.

Yasmine Flinn, Community Liaison Officer



THANK YOU



# AROUND OUR SCHOOL

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# **BEAT THE RUSH – TO OUR UNIFORM SHOP**

Term 4 is a busy time in our Uniform Shop. We welcome new students starting with us in 2020 and look forward to assisting you with your uniform requirements. To help families we are offering some additional opening times.

#### **ADDITIONAL OPENING TIMES**

<u>Yr 7 to Yr 8 Transition Day:</u> Tuesday 12th November 2019	<u>Uniform Shop opening times:</u> 8.30am – 9.30am 2.30pm – 3.30pm			
Pre-school to Reception Visit 1: Tuesday 5th November 2019 Thursday 7th November 2019	Uniform Shop opening times: Tuesday – 8.30am – 9.30am Thursday – 8.30am – 9.30am & 2.30pm – 3.30pm			
Pre-school to Reception Visit 2: Tuesday 12th November 2019 Thursday 14th November 2019	<u>Uniform Shop opening times:</u> Tuesday – 8.30am – 9.30am Thursday – 8.30am – 9.30am & 2.30pm – 3.30pm			
Uniform Shop additional opening times in Term 4 – Week 10 Monday 16th December 9.00am – 1.00pm Tuesday 17th December 12.00pm – 3.00pm				

The Uniform Shop is normally very busy on Transition Days, but we would love to see our existing families as well and help you prepare for the new school year. Our normal opening hours are listed below if you would prefer to visit us at a more quiet time.

#### Trading Hours – DURING SCHOOL TERM ONLY

TUESDAYS	THURSDAYS	FRIDAYS
8:30-9:30am	8:30-9:30am & 2:30-3:30pm	8:30-9:30am

Please be advised that Uniform 30 Day Payment Plans for 2019 will close at the end of October 2019. We will offer these again in January 2020. Please contact us for more information.

Please take advantage of these additional openings and avoid the possible queues at the beginning of 2020. Our Finance Office will also be open at these times, so if you'd like to settle your 2019 account it would be great to see you.

### LIBRARY NEWS

#### Book Week Art Awards

Congratulation to Liya Cojuhari (CG7) who won the Junior School Book Week Art prize along with Zoe Hatchard (E3) and Aditi Rajoram (CF10) who received highly commended awards for their effort.

The Senior School prize went to Jasmine Schubert who drew a character interpretation using pencil and fine liners. Her amazing work is on display in the Library. Both Liya and Jasmine won vouchers from Endersley Art Supplies.

Thank you to all the students who participated.

#### Scholastic Book Club

Thank you to all families and staff that purchase items from the Book Club brochure. This really helps obtain extra resources for our Library and they make excellent gifts for Christmas.

Issue 7 has been distributed to students - due date is Wednesday 30th October.

#### **Book Launch**

It is always a great joy to celebrate the achievements of our students and never more so than recognizing the efforts and ability of Hayley Frazer in 903. Hayley has written and had published a book dealing with bullying and individual difference and is suitable for students from late primary to middle school. The book titled "Something a little Different" tells the story of Jonnie who suffers bullying at school because he is a little different to the other students and he then goes on to help and befriend Charlie who is also being bullied. The story is simply but effectively told and is accompanied by vivid illustrations by Lauren Murray.



The celebration took place at the School on Tuesday 24th Sept. at 9.00 am and family, friends and fellow students were invited. Teachers were also invited and it is testimony to the regard Hayley is held in that so many teachers were able to attend.

Apart from honouring Hayley the event was also to show students what they can achieve if they set their minds to it. The book is available commercially and we would like to wish Hayley every success in the future.

Sandra Potts, Teacher Librarian



# **SAKG** PROGRAM

### THE HEIGHTS STEPHANIE ALEXANDER KITCHEN GARDEN PROGRAM

#### Term 4 begins and a very busy 9 weeks ahead for the SAKG program!

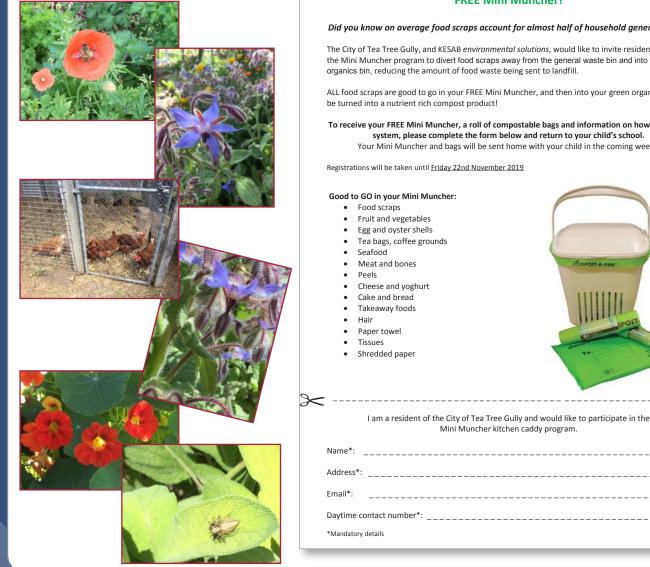
In the Kitchen, Mrs Lempens' Year 4-6 classes will be exploring food festivals and cultural celebrations around the world. Classes will investigate traditional foods that are prepared for the occasion, and the history and practices of the festivals and cultural celebrations. Classes will also be cooking this term - potato and carrot fritters, falafel lettuce wraps, granola bars and bliss energy balls. In Eva's Year 2 & 3 classes they will be learning about different foods around the world... Breakfasts, school lunches, and weekly household food eaten in other countries. The classes will be cooking different flavoured brownies using beetroot, sweet potato and lemons; and also pizzas and salads using various fresh ingredients from the school kitchen garden.

In the Garden, Amanda's Year 2-6 classes will continue preparation of garden beds for more spring planting; and as the weather warms up there will be plenty of weeding, mulching and watering to do. We have nearly finished spreading the huge pile of mulch on our garden paths. A huge thanks to our groundsmen Nick and Mark, who have recently finished off the fencing around the Citrus Orchard; and also fixing some capping to some of the raised garden beds.

The Heights School SAKG program is excited to be part of an upcoming event being held at the school on Wednesday, November 13th. The City of Tea Tree Gully and KESAB Environmental Solutions will be running 5 Recycling Relays and information sessions with 5 of our classes (ranging from Year 2-9); with additional information available in the courtyard area outside the Library at recess and lunchtime. Please read the flyer below for more information on the offer of a FREE MINI MUNCHER & compostable bags for all TTG residents.....there will be registration forms available at both the front desk and Primary Years Reception area; so please register before FRIDAY, November 22nd and a Mini Muncher will be sent home with your child before the end of Term 4.

Thanks, as always, to our trusty team of volunteers who turn up regularly to help us.....we couldn't do it without you all!

Amanda, Gen and Eva (SAKG Kitchen Garden team)



#### **FREE Mini Muncher!**

#### Did you know on average food scraps account for almost half of household general waste?

The City of Tea Tree Gully, and KESAB environmental solutions, would like to invite residents to join the Mini Muncher program to divert food scraps away from the general waste bin and into the green organics bin, reducing the amount of food waste being sent to landfill.

ALL food scraps are good to go in your FREE Mini Muncher, and then into your green organics bin, to

To receive your FREE Mini Muncher, a roll of compostable bags and information on how to use the system, please complete the form below and return to your child's school. Your Mini Muncher and bags will be sent home with your child in the coming weeks.

#### 5

# THE ARTS

# YEAR 5 & 6 PLAYS

During Term 3 many Year 5 and 6 students rehearsed plays in Performing Arts classes. Three of these were performed for audiences ranging from Preschool to Year 6 and the casts received some great feedback. Students enjoyed the comedy, play on words and the costumes used. I was very proud of how well the students focused on learning their lines and developing character.

Plays performed were

- E2 The Quiz Show
- E3 Footboy
- FI The Punk Pigs

We are looking forward to sharing the remaining plays from E4 and F2 in Week 2 of Term 4.

Penny Phillips and Michaela Arnold

### YEAR 9 STAGECRAFT SET DESIGNS

Students in Year 9 stagecraft have been exploring the world of a set designer. They were set the task of designing a set for either Professor Higgin's study or Mrs Higgin's Drawing room. They had to analyse the design brief as described by George Bernard Shaw in his play Pigmalion. Students had to research the period for appropriate interior design, furniture and accessories. Then they had to work out the size and type of the stage they wanted to use, design the set, and finally construct it.

To construct the sets, students had to use a lot of maths. They were measuring, using Pythagoras to work out the length of the sloping side of an end on stage, they had to work to a scale generally a ratio of 1:20 was used and as the designer they had to ensure that everything was in proportion to everything else on the set.

Students used a range of materials to achieve their final set and there was a reasonable amount of technical skill needed and some basic engineering. This was a great STEAM, science, technology, engineering, arts and mathematics project. The models are on display in the resource centre, please take a moment of two to go and have a look at them.

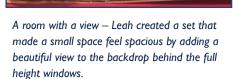
Students learned about picture rails and William Morris wallpaper, ottomans, architraves and skirting boards.

#### Sally Putnam



This study was made to a smaller scale than most of the other models and Lizzy and Hayley had to become very good at handling really miniature pieces.







Note the spiral staircase to the upstairs gallery

- the proportions of this two-storey model are

excellent. Hae-Yun and Emma had a very clear idea of what they wanted to achieve and they

worked together really well.







# **SENIOR SCIENCE**

# BIRTHDAY MONTH-SEPTEMBER

Late last term over the period of 2 days three of my students, from my Year 10 Science class and I celebrated our birthdays.

Mr Roubanis - 24th September, William Howe - 23rd September, Ben Appleton - 24th September, Kari Williams - 23rd September.

We stopped our exciting Science class 10 minutes early, blew out some candles and each made a wish before cutting the cake and sharing it with our fellow class members.

Happy Birthday Team!

Mr Roubanis, Year 10 Science Teacher



### EDUCATION PERFECT SUCCESS

This year I enrolled my class in an online program called Education Perfect. We have been trialling it as an electronic resource in class which supplements other online resources that the students have access to. I recently received a number of certificates for students in my classes

Rosemary Joseph and Jack Marschall entered the Education Perfect Science Championships which was held over 7 days.

They both outperformed more than 80,000 students to earn a Credit Award in the event , placing them in the top 20% of all competitors.

Noreen Sanchez and Madison Craker entered the languages competition in Education Perfect. Over the course of 3 days Noreen answered 1,326 questions which placed her in the top 10% of 150,000 competitors from around the world. Madison received a special commendation for her efforts.

Ken Hin and Jasmine Obordo also answered the highest number of Stage I Chemistry related questions over a 2 week period during my class. Ken answered 2,432 questions and Jasmine answered 2,152 questions. As this was an in class competition the students celebrated their success with a huge silver medal projected onto the screen in front of their peers. I look forward to both of them achieving highly in their

Stage 2 Chemistry class in 2020.

Well done to all! Mr Roubanis Science and Chemistry Teacher



Rosemary and Jack

Ken and Jasmine - Education Perfect Silver medal Madison and Noreen



### HYDROGEN POWER FORUM

With global demand for hydrogen increasing as a carbon-free fuel for transport, power and heating, the Ignite Year 10 Science class and Stage I Chemistry class travelled to the Convention Centre on the last day of school and heard from international experts and joined the discussion on how hydrogen is being delivered safely across many applications. The forum also featured the Minister for Energy and Mining - Hon Dan van Holst Pellekaan.

There was an exhibition of hydrogen vehicles, charging and refuelling infrastructure and a hydrogen barbecue where students had the opportunity to cook a sausage on a hydrogen fuelled BBQ.

Mr Roubanis Science and Chemistry Teacher

#### Pictured (from left):

I. Linh, Ashley and friends refuelling a hydrogen car.

2. Shanna, Alisha, Brooke and Grainne sitting in Hydrogen fuelled car that will be on sale in 2020 in Australia.

3. Brennan, John, Caleb and Onesimus looking at the internal structure of a hydrogen fuel tank.





# YEAR 7 AQUATICS CAMP

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#### YEAR 7 AQUATICS CAMP 2019



On Monday, 16th of September 2019, the first group of Year 7 campers left for Murraylands Aquatics Centre. The classes who came in the first group were 703 and 701 and the second camp was 702 and 704.

We got to Murraylands by coach.We put our entire luggage underneath the bus in a large compartment. It took just over one and a half hours to get to our destination.We were lucky that no one got motion sickness.

We did aquatic activities in groups of 5 to 7. The activities we participated in were knee boarding, water skiing, kayaking, canoeing, sailing the catamarans, stand up paddle boarding and small boat handling. Every group had an instructor to lead them and to make sure we knew what we were doing.

There were many memorable moments and some forgettable ones too, including near misses on the boats! On both the nights we were there, there was a harvest blood moon and it looked so cool over the river at night time.

Tuesday night was -3 degrees Celsius and everyone froze while they were in their tents. Sophie said she wore every piece of clothing she brought to try and keep warm!! The tents even froze over with ice.

By Wednesday it was nice and warm down by the river bank.

During the night, we went on a night walk down a trail and saw alpacas on a farm ground. There also was a bonfire where everyone roasted marshmallows and some students ate them very messily!

We would like to thank our instructors, teachers and SSOs for everything they did for us while we were at the Murraylands Aquatic Centre.

Year 7 Camp was a fun experience for everyone that came.We participated in many activities that we have never tried before. Everyone definitely stepped out of their comfort zone at this camp. We think everyone would definitely go again.

By Ashlynn Bunt, Natasha Dodd and Sarah Kent, 703



On the 18th of September, 702 and 704 were privileged to attend the Murraylands Aquatics Camp for 2 nights and 3 days. The 2 classes had a bus drive to camp which lasted for 1 hour and 50 minutes. Once we reached camp, we were split into groups of 6 to 7 people. These would be our groups for the duration of the camp. There were many fun activities such as sailing, knee boarding, skiing, stand up paddle boarding, canoeing, sit on kayaking, small boat handling and more.

We were lucky with the weather, being warmer than camp I, even though it was a little windy. After the sessions were completed, we had excess time to do whatever we wished to do. We had dinner, followed by an enjoyable games night during the first day. On the second day, after all sessions were complete, we went on a 30-minute night walk. Then, we had 2 hours to socialize with others. Our friends played UNO and chasey; it was fun, yet a little dangerous, as we ran in the dark. Our curfew was to sleep at 10pm and to wake up at 7 am.

The last day was the most memorable for most. Some (Jiya, Anna, Angel, Alisha, Kit Yi, Aditya, Jordan, Sina) woke up minutes prior to 5:30am to play chasey near the tents. It was great fun although we had to clean our tents and pack our luggage. At around 12:30pm we all hopped on the bus and returned to school.

Overall, all students appreciated the opportunity to attend the Murray Lands Aquatics camp and would be happy to go back. We would like to thank all the teachers and SSOs who helped to organise the camp.

By Jiya, Anna, Alisha and Angel, 702



## YEAR 7 AQUATICS CAMP 2019 (continued)

In Week 9, 16th of September, 701 and 703 went to the Murray Lands Aquatic Centre for the first of 2 Year 7 camps.We travelled by coach bus from the Heights School (leaving at 8:45 roughly) to the Camp (arriving at 10:40 roughly) taking us 1 hour and 55 minutes to get there.

Upon arriving, we ate our recess then set up tents (boys on one side girls on another) with our tent buddy. Some of us had more trouble than others, while others got theirs done quickly. After that, we took our luggage and got settled in for about 5 minutes before getting called to a shed by Michael, one of the chief instructors. He told us the dress code, where to meet our instructors and more about safety. We were separated into groups and we each did different activities at the same time.

Another 10 minutes passed, when we were called to meet at our designated areas to meet the instructors. Over the whole camp we experienced a range of exciting and new aquatic activities. This included kayaking, canoeing, catamaran sailing, stand up paddle boarding, skiing, knee boarding and small boat handling.

We then participated in two activities before it was break time (at roughly 3:30). Until 6:00 everyone had a break, waiting for dinner to be served. Some of us talked, some of us played games but most of us took a warm shower after getting out of the freezing cold river!

Around 4:30pm we had cinnamon donuts as afternoon tea. Dinner was lasagne, ravioli, garlic bread, salad and ice cream for dessert.

At 8:00pm people went on a night walk to see the local alpacas. Others sat by the bonfire, keeping warm with a marshmallow party. Soon, bedtime time came around and it was hard to sleep in the freezing conditions  $(-2^{\circ}C)$  while it felt like  $-4^{\circ}C$  or  $5^{\circ}C$ .

In the morning the grass was frosted with ice and there was fog everywhere! Mr Markou's car was frozen with ice on the windshield and roof! Even some tents had frozen ice on them! Apparently, it was the coldest September on record!

The following day, we had 4 activities after breakfast (which was cereal and toast). After the first activity we had morning tea which was fruit and scones with jam and cream. After the second we had lunch which was sandwiches and watermelon. Later, we had afternoon tea which was cinnamon and apple cake. For dinner we had a barbeque.

The night was just as cold (we had another campfire). In the morning the grass was frozen again and the fog was nowhere to be found (thank goodness.) We packed our luggage back up and set it near the Sailing Club.We participated in two more activities, with cereal and pancakes for breakfast, choc chip muffins for morning tea and hot dogs and burgers for lunch. Soon after, 702 and 704 arrived and we did our fourth activity.

With no other camps planned for Year 8 onwards at this stage, the expectations are high for next year's Year 7 students. Let us tell them they won't be disappointed!! Thank you to everyone for their help in organising the event and giving up their extra time to make it happen! It will be a camp to remember!!

We travelled to The Murraylands Aquatic Centre on the Wednesday, 18th of September. After a long bus trip, we were greeted by the other Year 7s attending the camp before us. We got off the bus, chose our tents and emptied our stuff and before we knew it, the first activity started.

Everyone was separated into seven groups. We each did all the activities, just at different times. For the first day we did sailing, followed by knee boarding. Sailing was really fun as we got to watch the other group crash and have to get rescued by the instructor, Stu. Then came knee boarding, which was probably the most fun of them all. The wind rushing in your face, going faster than a speeding car.

After these activities, our first day was over, or so we thought. We all had showers and ate a beautiful lasagne for dinner. We were all prepared to go to bed when the teacher shouted, "Game Night!"

All our friends gathered into one group, and the challenges rolled in. From squats, to eating a dry brick of cereal, to popping people's balloons tied to their ankle. After a long night, of endless shouting and cheering, the night had ended. Some of us gathered at the campfire, others went to bed right away, the point was we survived.

Day two came, some say the sleep was horrid, some had a good night sleep, either way we had to do more activities. There was small boat handling, canoeing, stand up paddle-boarding and skiing/knee-boarding. Everyone in our group chose to do knee-boarding instead of skiing as you had to start in the middle of the Murray River, and it was very cold and windy. Small boat handing was also very fun as we got to do drifts in a boat, we almost tipped the boat over!

Then the second day was over, we were all very tired. Everyone rushed over to the showers with their dry clothes, racing to get in first. Afterwards we all grabbed our torches and went for a night walk. We had an entertaining evening watching Ms Sulley-Beales enjoy the Bachelor. Let's just say, it was very amusing!

Then came the third and final day.We packed our stuff and got ready for our final activity. For our first activity we were supposed to do more sailing, but with a different type of sailboat. However, there was no wind, so we got to join with another group and their instructor on whatever activity they were doing, free choice! I chose to do canoeing as it was the easiest, and I didn't have to get that wet. Then came the final activity of our camp.We were said yet happy that we would be dry! The last activity we had was kayaking. Kayaking was very easy and fun as I didn't have anyone else to slow me down.

Finally, we got back into our dry clothes and hopped on the bus. The bus ride felt a lot quicker and more enjoyable. For the entire ride we sang songs and yelled memes. It truly was a great ride and a memorable experience overall!

By Ryan Ritter and Hayden Mortlock, 704

By Elijah Morgan and Charlotte Smart, 701



# **PEDAL PRIX**

## PEDAL PRIX - THE MAIN EVENT: MURRAY BRIDGE 24 HOURS





The Australian HPV Super Series 24 hour event was held at Murray Bridge at the end of last term with The Heights School entering 4 vehicles once again in 2019. This is our school's 15th consecutive year competing in this challenging event. The weather was a bit cool and drizzly at times but did not dampen our spirits for the whole 3 days from Friday to Sunday. Many students and parents attending their first 24 hour pedal prix enjoyed a camping out experience as well as the excitement of the 24 hour race.

#### From the Coach: (Alison Blake)

Pedal Prix this year has been a huge success with constant effort from each rider at training plus their best efforts when riding at each event. The results, particularly with the 24 hr race, show the level of commitment and team work from each student. With a lot of laughs and groans at training when asked to keep squatting, the team has supported each other throughout.

#### **Our Teams and Vehicles**



Team Odyssey: (From left) Toby, Phoebe, Zoe, Arlo, Deborah, Thomas, John, Sarah, Liam, Wyatt and Aiden. Special mention to: Arlo Yip who completed 42 laps (72kms) for his team.



Team Pulsar: (From left) Madeline, Jirah, Zayne, Tyler, Cooper, Evan, Malachi, Gemma and Lachlan. Special mention to Gemma Blake who completed 78 laps (132kms) for her team.



Team Orion: (From left) Raumund, Caleb, Alex, Matt Habbershaw, Matt Boyce and Sophia. Special mention to Brett Boyce who completed 71 laps (121kms)



Team THOR: (from left) Alison Blake, Peter Georgaras, Liam Mickan, , Anthony Ward-Colbert and Stephen Blake, Nikiita Mickan and Michael Ashby. Special mention to Alison Blake who completed 101 laps (172kms) in the 24 hours.





The Support Crew/Committee: (from left) Alison Blake (Coach / Fitness expert, organiser), Rob Baker vehicle manager/ mechanic), Renee Baker (catering support), Dione Thompson (Fundraising/ catering support), Stephen Dowding (Lap counting manager, vehicle electrics, logistics), Liz Dowding (catering manager, fundraising, logistics support), Stephen Blake (Track Marshall coordinator, logistics, fundraising etc.) & Catherine



Bourn (parent helper). This dynamic, hard-working team of mums, dads and old scholars, make pedal prix possible at The Heights School. They work tirelessly to raise funds, repair vehicles, plan events and catering, load trailers and develop pedal prix infrastructure. (Also thanks to Jason Habbershaw and Anthony Cox who still work quietly behind the scenes, supporting our teams back at the school). Our sincere thanks to this vital team.

#### The Race

On Saturday, the race didn't start until midday so we ensured that all bikes were ready and got everyone around for team photos – including our pit crew and catering team. The rolling lap prior to the start of the race highlighted the sheer numbers of bikes that were competing at this event. 207 bikes in total completing the race.

Crash corner was, as usual, tricky to navigate at times with many bikes rolling over, going sideways or going off the track completely. Our bikes managed to get through it fairly unscathed a most of the time. Any accidents or mechanical repairs were quickly dealt with whether it was chain/drive issues with Odyssey, taping up fibreglass body work for Orion and Pulsar or THOR having a broken windshield. This means that we all have some work to do before the beginning of the 2020 season.

#### (Nikita Mickan, old scholar/rider)

#### Our New Innovative Lap Timing System

Our thanks must go to our brilliant I man tech support, Stephen Dowding whose incredible talent for all things technical has developed a new Bluetooth lap counting system and trialled it for the first time with great success. In his own words... "Each vehicle has a radio beacon configured with a unique ID.A receiver unit connected to the lap timing computer listens for signals from the beacons and determines the proximity of the vehicle. Once the vehicle comes within a certain distance the system will record a lap. This eliminates the need for parent and student 'button-pushers' keeping a 24 hour vigil."

#### (Stephen Dowding, old scholar)

The Pedal Prix event, especially Murray Bridge is a great way for riders in all year levels to come together as a team and work together and the event is overall really enjoyable. For new riders and even experienced riders the Murray Bridge event is nerve racking but all the riders got through it and tried their best during the whole race. Everyone put in a lot of effort which allowed all 4 bikes to continue riding for the whole 24 hours.

(Year 9 rider, Gemma Blake)

(Continued over)

# **PEDAL PRIX**

### PEDAL PRIX - THE MAIN EVENT: MURRAY BRIDGE 24 HOURS (continued)









Our 4 teams on Saturday morning ready to race in our 15th consecutive year in the Australian International Pedal Prix 24 hour event.



During the night our teams pushed themselves hard and actually improved their overall positions in the field.

We also had the long 8pm-4am marshalling shift which with a combination of THOR and Orion riders and parent volunteers, we managed to complete. A huge thank you to the parents who volunteered to do the early morning hours, we couldn't do it without you!

At the conclusion of the Murray Bridge race these were the final results:

- Odyssey 278 laps completed, finished 183rd at Murray Bridge and 61st overall in their category.
- Pulsar 301 laps completed, finished 168th at Murray Bridge and 55th overall in their category.
- Orion 340 laps completed, finished 132nd at Murray Bridge and 34th overall in their category.
- THOR 308 laps completed, 162nd at Murray Bridge and 36th overall in their category.

Getting our HPV's to four events this year (Loxton,Victoria Park twice and Murray Bridge) has been an amazing achievement. To our workshop team, thank you for all the hard work you put in to make sure our vehicles are race ready. To those who have helped out on race-day with catering, marshalling, and pit crew; all riders appreciate it and thank you. To our riders, you all have raced brilliantly and we are looking forward to the 2020 season with you!

Special thanks to:

- Alison Blake for her tireless dedication to organisation and coaching.
- Our old scholars who assisted event organisers with the scrutineering of all vehicles on Friday.
- Parents who stepped up at our events to help with catering, track marshalling and setting up marquees.

#### Presentation/Quiz night

The Pedal Prix Presentation/Quiz night will be held on Wednesday 6th November at 7.00 pm in the Senior School Home Economics room in D building. There will be a raffle plus soft drinks for sale. Come along for fun mixed in with thanking everyone involved with Pedal Prix this year. Tables can be organised beforehand or on the night.

#### Pedal Prix 2020

If you would like to be a part of this exciting, family friendly, event next year, then please send Roger Button an email (<u>Roger.Button955@schools.sa.edu.au</u>) or enquire at the Front Office.

Thanks to the following people for contributing to this article:Alison Blake, Nikita Mickan, Stephen Dowding and Gemma Blake.

# FOOD & HOSPITALITY / SPORT

# STAGE 2 FOOD AND HOSPITALITY DRIP CAKE DISPLAY

The final assessment task for the Stage 2 Food and Hospitality classes this year was to showcase their cake making skills. In this task students design, and then create their own contemporary drip cake for a specific event or occasion. The finished cakes were all amazing, with all students completing their cakes to a very high standard, their professional styling of the cakes was very impressive.

However, I think the highlight of the cake making for the students was the feedback and the reaction that was given to them by students and teachers, while they were displayed in the ibrary.

On behalf of all the students, we pass on our thanks and appreciation to everyone who gave such positive feedback, it was very welcomed. Thank you also to the library staff who enabled us to display them.

Sarah Rogers and Alison Coleman, Food and Hospitality Teachers



### VISTA YEAR 9/10 BOYS BASKETBALL CARNIVAL

Our Year 9/10 Boys Basketball Team represented The Heights School at the Year 9/10 Boys Basketball Carnival on Thursday the 26th of September at The Arc Sporting Complex.Although the day didn't pan out as we would have hoped, the boys improved significantly across the duration of the day. From the boys themselves:

'The Modbury team that won the grand final was our best game, it was only 4 points the difference throughout and then at the end it blew out a little to 9. It was our best game.'

'It was a good bonding day with the Year 9 and 10 boys.'

'Throughout the day, the team built chemistry and displayed significant improvement towards the end of the day.'

'Although we won only 1 game, our games were a lot closer than last year. It was great that the same group of boys could play together again. It was great to have been able to show improvement.'

Eulaly Allen, Sports Coordinator

# **COMMUNITY** NOTICE

#### PLAY T-BALL with THE DODGERS!

The Golden Grove Central Districts 'Dodgers' Baseball Club offer a **T-Ball** program for boys and girls that are played on their grounds at Illyarrie Reserve located on Illyarrie Avenue, Surrey Downs.

The program features U7 and U9 teams that play one-hour games on Fridays from 6pm. Games start on 25 October 2019. We have two pre-season 'Come n Try'/Training sessions. The one-hour sessions start at 6pm on Monday, 14th October and the following Friday, 28th October. Registrations can be done on-line at www.ggcdbaseball.com.au The \$100 Sports Vouchers are accepted, if not already used this calendar year.

For more information contact: Bob Neiswander, T-Ball Coordinator Mobile: 0402 068 738 Email: <u>ozwander42@gmail.com</u>





