



We invite all Parents/Caregivers to join us for our

Preschool to Year 12 2020 SPORTS DAY

Friday 6th March

P – 12 PROGRAMME
COMMENCING AT 8:55am

HOUSE LEADERS

AQUILA DINGOES

LEADERS

Senior Secondary Years	Amelia Sanders
Secondary Years	Saskia DeVries
Primary Years	Callum Carter & Brieya Stephenson

CORVUS REDBACKS

LEADERS

Senior Secondary Years	Dylan Gorse
Secondary Years	Dain Dunling
Primary Years	Ben Coleman & Charli Hulmes

HYDRA SHARKS

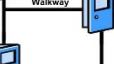
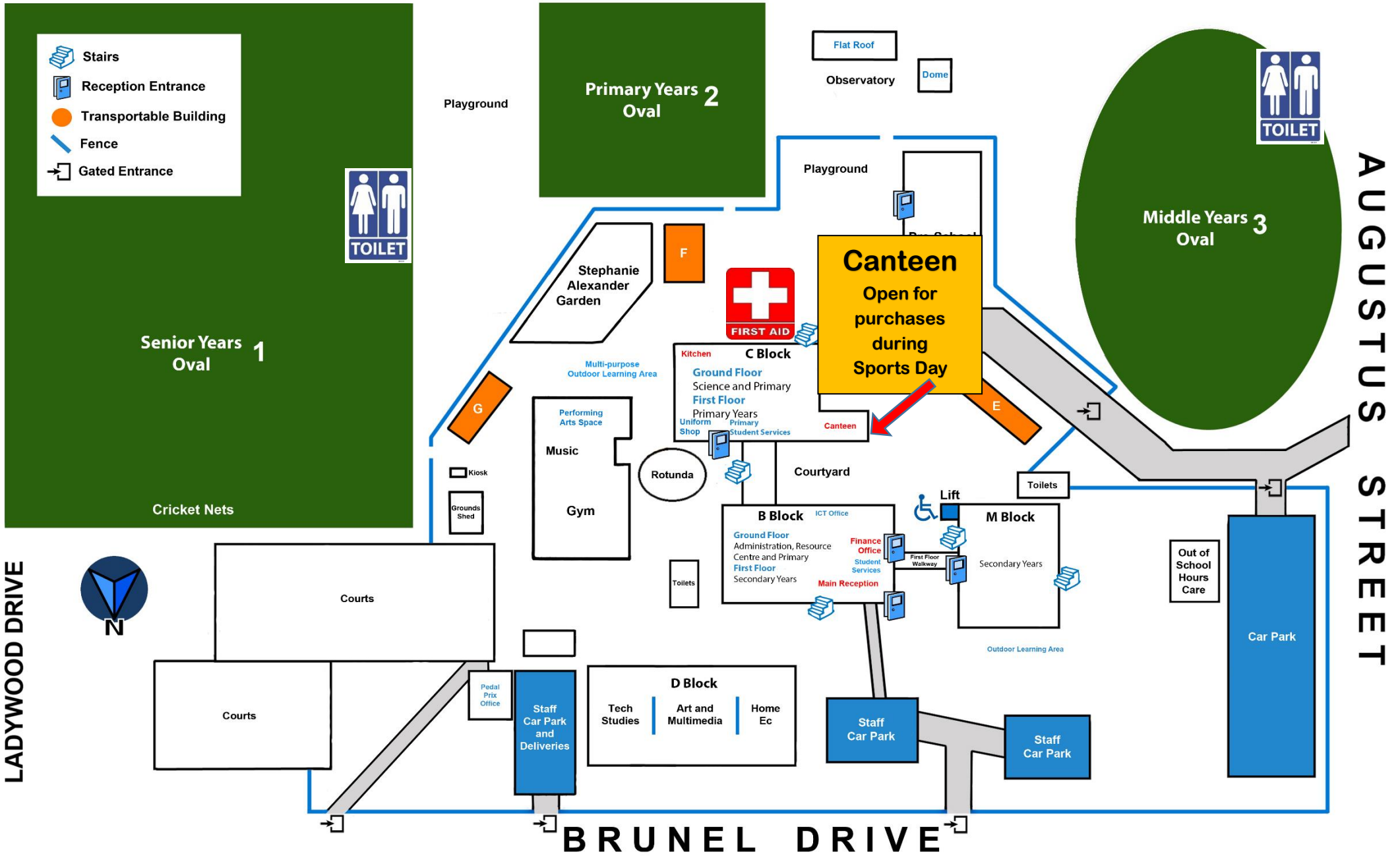
LEADERS

Senior Secondary Years	Frank Krinis
Secondary Years	Cyrus Kelly
Primary Years	Adonis Angelaris & Ashlee Lessue

DRACO CROCODILES

LEADERS

Senior Secondary Years	Josh Occhiuto & Aidan Lake
Secondary Years	Tiana Orcales
Primary Years	Mabrur Hussain & Jaebeen Lee



Car Park

BRUNEL DRIVE

AUGUSTUS STREET

LADYWOOD DRIVE

Senior Years 1 Oval

Primary Years 2 Oval

Middle Years 3 Oval

Canteen
Open for purchases during Sports Day

C Block
Ground Floor: Science and Primary
First Floor: Primary Years, Uniform Shop, Student Services

B Block
Ground Floor: Administration, Resource Centre and Primary
First Floor: Secondary Years
ICT Office, Finance Office, Student Services, Main Reception

M Block
Secondary Years

D Block
Tech Studies, Art and Multimedia, Home Ec

Performing Arts Space

Music
Gym

Multi-purpose Outdoor Learning Area

Stephanie Alexander Garden

G

F

Playground

Playground

Flat Roof

Dome

Observatory

Cricket Nets

Courts

Courts

Staff Car Park and Deliveries

Staff Car Park

Staff Car Park

Out of School Hours Care

Outdoor Learning Area

Courtyard

Rotunda

Kiosk

Grounds Shed

Lift

First Floor Walkway

Main Reception

Student Services

Finance Office

Administration, Resource Centre and Primary

Ground Floor

ICT Office

Courtyard

Primary Years

Uniform Shop

Primary Years

Science and Primary

Ground Floor

C Block

Kitchen

FIRST AID

Playground

Reception Entrance

Reception Entrance

Stairs

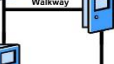
Stairs

Reception Entrance

Transportable Building

Fence

Gated Entrance



Car Park

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AUGUSTUS STREET

LADYWOOD DRIVE

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Car Park

BRUNEL DRIVE


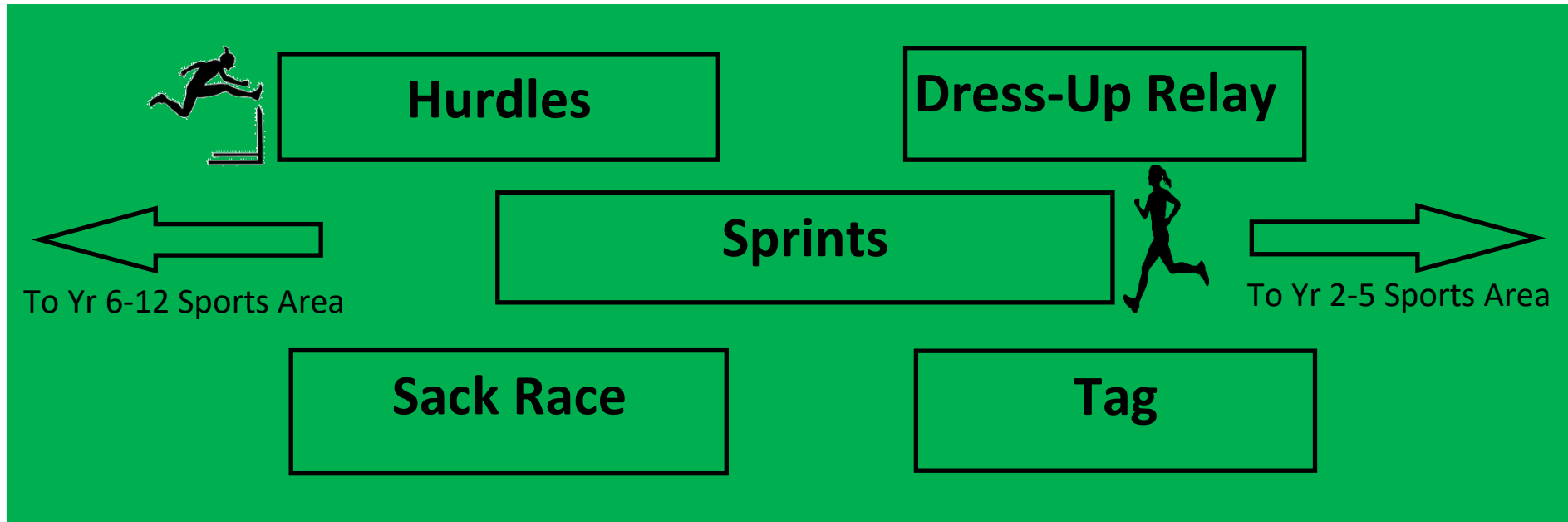
AUGUSTUS STREET

LADYWOOD DRIVE

Preschool – Year 1 PROGRAMME

Time	P1 Kirsty	P2 Kate	CF1 Christina	CF2 Hayley	CF3 Carrie	CF4 Ingrid	CF9 Heather	CF10 Simone	CF11 Kate
8.45am	Roll to be taken then students move to the Senior Oval and sit in their House colours								
8.55am	Opening Address, expectations and warm up for the day. Years R-5 move to Middle and Junior Ovals to begin events								
9.30am	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw	Sprints	Parachute	Rest	Sack Relay	Hurdles
9.45am	Hurdles	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw	Sprints	Parachute	Rest	Sack Relay
10.00am	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw	Sprints	Parachute	Rest
10.15am	Rest	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw	Sprints	Parachute
	Recess 10.30am-10.45am								
10.45am	Parachute	Rest	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw	Sprints
11.00am	30 M Sprints	Parachute	Rest	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay	Tag	Accuracy Throw
11.15am	Accuracy throw	Sprints	Parachute	Rest	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay	Tag
11.30pm	Tag	Accuracy throw	Sprints	Parachute	Rest	Sack relay	Hurdles	Fireman's Relay	Dress Up Relay
11.45pm 20mins for rest	Dress up relay	Tag	Accuracy throw	Sprints	Parachute	Rest	Sack relay	Hurdles	Fireman's Relay
12.05pm	Pack up / Move to 50m track and sit in house colours								
12.15	Whole Primary Event (2-5 Novelty Relay)								
12.30pm	Eating time with classroom teacher								
12.40pm	Lunch and Play								
1.00pm	Return to Class. Parents option to pick up or remain with Teacher until the end of school								
2:45pm	Remaining students move to Senior oval for Presentations								

Preschool – Year 1 Area



**Accuracy
Throw**

Stephanie
Alexander
Garden

F BLOCK



Parachute

Fireman's Relay



Year 2 - 3 PROGRAMME

Time	CF5 Jenne	CF6 Angel	CF7 Trent	CF8 Jess	BG1 Bridgette	BG2 Shanna	BG3 Jemma
8.45am	Roll to be taken then students move to the Senior Oval and sit in their House Colours						
8.55am	Opening Address, expectations and warm up for the day. Years P-5 move to Middle and Junior Ovals to begin events						
9.30am	Fireman's Relay	Sprints	Accuracy Throw	Obstacle Course	Egg and Spoon Relay	Vortex	Hurdles
9.50am	Hurdles	Fireman's Relay	Sprints	Accuracy Throw	Obstacle Course	Egg and Spoon Relay	Vortex
10.10am	Vortex	Hurdles	Fireman's Relay	Sprints	Accuracy Throw	Obstacle Course	Egg and Spoon Relay
	Recess 10.30am-10.45am						
10.45am	Egg and Spoon Relay	Vortex	Hurdles	Fireman's Relay	Sprints	Accuracy Throw	Obstacle Course
11.05am	Obstacle Course	Egg and Spoon Relay	Vortex	Hurdles	Fireman's Relay	Sprints	Accuracy Throw
11.25am	Accuracy Throw	Obstacle Course	Egg and Spoon Relay	Vortex	Hurdles	Fireman's Relay	Sprints
11.45pm	50 M Sprints	Accuracy Throw	Obstacle Course	Egg and Spoon Relay	Vortex	Hurdles	Fireman's Relay
12.05pm	Pack up / Move to 50m track and sit in house colours						
12.15pm	Whole Primary Event (2-5 Novelty relay)						
12.30pm	Eating time with Classroom teacher						
12.40pm	Lunch and Play						
1.20pm	Return to Class. Parents option to pick up or remain with Teacher until the end of school						
2:45pm	Remaining students move to Senior oval for Presentations						

Year 4 - 5 PROGRAMME

Time	CG4 Catherine	CG6 Zoe	CG7 Kasey	F1 Santhi	F2 Pam	E4 Renee
8.45am	Roll to be taken then students move to the Senior Oval and sit in their House Colours					
8.55am	Opening Address, expectations and warm up for the day. Years P-5 move to Middle and Junior Ovals to begin events					
9.30am	X Country Run	Fireman's Relay	Vortex	Tug-o-war	Long Jump	Shot Put
9.50am	Shot Put	X Country Run	Fireman's Relay	Vortex	Tug of war	Long Jump
10.10am	Long Jump	Shotput	X Country Run	Fireman's relay	Vortex	Tug-o-war
Recess 10.30am-10.45am						
10.45am	Tug of war	Long Jump	Shot Put	X Country Run	Fireman's Relay	Vortex
11.05am	Vortex	Tug of war	Long Jump	Shot Put	X Country Run	Fireman's Relay
11.25am	Fireman's relay	Vortex	Tug of war	Long Jump	Shot Put	X Country Run
11.45am	100m Sprints Years 4 and 5					
12.05pm	Pack up / Sit at 50m Sprints area in house colours					
12.15pm	Whole Primary Event (2-5 Novelty relay)					
12.30pm	Eating time with classroom teacher					
12.40pm	Lunch and Play					
1.00pm	Return to class ready to move to Senior oval					
1.30pm	ALL STUDENTS (Years 4-12) MUST MOVE TO THE SENIOR OVAL MAIN RUNNING TRACK 4 x 100m Relay - for all year levels (2 girls and 2 boys per team)					
2.45pm	PRESENTATION					
3.05pm	DISMISAL					

Year 2 - 5 Area



Observatory



Long Jump

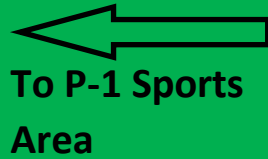


TOILET

Tent

Tent

Tent



To P-1 Sports Area



Shot Put A



Egg & Spoon



50m Track



100m Track



Vortex 2



Tug-O-War



Coffee Van



Fireman's Relay
(Yr 2 + 3)



Obstacle Course



Hurdles 2



Vortex 1

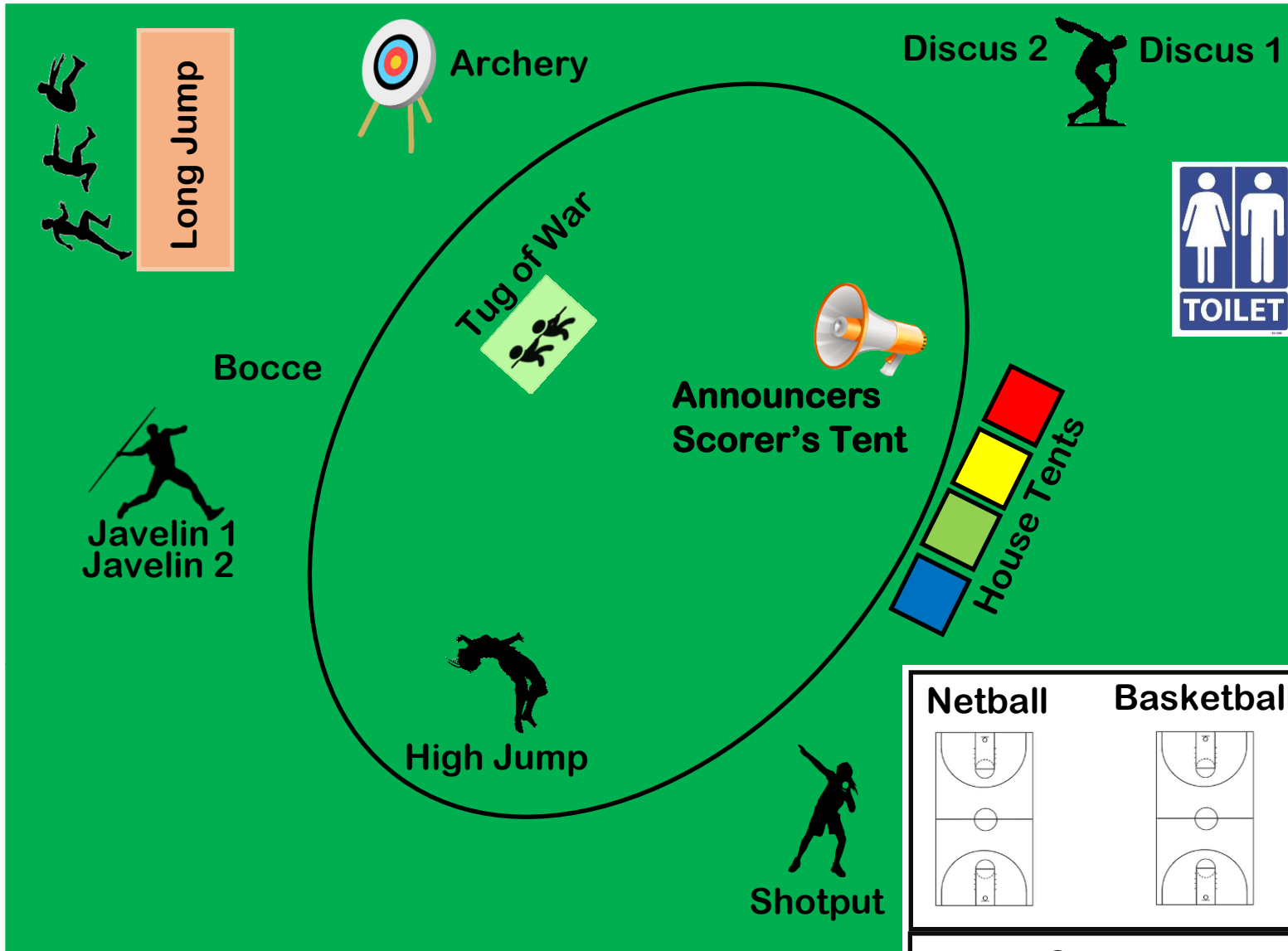


X Country

Years 6 - 12 PROGRAMME

TIME	YEAR	ACTIVITIES TO CHOOSE FROM	TIME	YEAR	ACTIVITIES TO CHOOSE FROM
8.45am to 8.55am	ALL	Roll to be taken then students move to the Senior Oval and sit in their House colours	SESSION 4 11.30am to 12.10pm	6 7 8 9 10 11 12	100m, Volleyball Long Jump, Bocce Javelin 1, Basketball 5 A Side Soccer, Tug of War 100m, Shot Put 2, Mixed Netball Discus 2 High Jump, Archery
8.55am to 9.20am	ALL	Opening Address, expectations and warm up for the day. Years R-5 move to Middle and Junior Ovals to begin events.	SESSION 5 12.10pm to 12.50pm	6 7 8 9 10 11 12	Basketball 100m, Tug of War Shot Put 1, Bocce 100m, Long Jump, Volleyball High Jump, 5 A Side Soccer, Archery 100m, Javelin 1, Mixed Netball Javelin 2, Mixed Netball
SESSION 1 9.20am to 10.00am	6 7 8 9 10 11 12	800m, Discus 1, 5 a Side Soccer 800m, Discus 2, Mixed Netball 800m, Tug of War 800m, Javelin 1, Basketball 800m, Long Jump, Volleyball 800m, High Jump, Bocce, Archery 800m, Bocce, Shot Put 1	SESSION 6 12.50pm to 1.30pm	6 7 8 9 10 11 12	Long Jump, Mixed Netball Javelin 2, Basketball 100m, High Jump, Volleyball Discus 2, Bocce Tug of War, Archery Shot Put 2, 5 A Side Soccer 100m, 5 A Side Soccer
SESSION 2 10.00am to 10.45am	6 7 8 9 10 11 12	Shot Put 1, Tug of War, Bocce 200m, High Jump, 5 A Side Soccer Long Jump, Mixed Netball 200m, Shot Put 2 200m, Discus 1, Basketball Volleyball, Archery 200m, Discus 2, Volleyball	SESSION 7 1.30pm to 2.30pm	ALL YEAR LEVELS (Year 3-12)	ALL STUDENTS (Years 3-12) MUST MOVE TO THE SENIOR OVAL MAIN RUNNING TRACK 4 x 100m Relay - for all year levels (2 girls and 2 boys per team)
SESSION 3 10.45am to 11.30am	6 7 8 9 10 11 12	200m, Javelin 1 Shot Put 1, Volleyball 200m, Discus 1, 5 A Side Soccer High Jump, Mixed Netball Javelin 2, Bocce 200m, Long Jump, Basketball, Tug of War Long Jump, Basketball, Tug of War, Archery	2.45pm 3.05pm		PRESENTATION DISMISSAL

Year 6 - 12 Area



Playground

To P-1 Sports Area



Food trucks



(Music Room)
Scorers

Gym
Volleyball

Netball

Basketball

Soccer

SPORTS DAY MENU

FOOD AVAILABLE FROM THE SCHOOL CANTEEN	FOOD AVAILABLE FROM THE SPORTS SHED (Yr 6 – 12 Oval)
Hot Chips \$4.00	Bacon & Egg Muffin \$4.00
Hot Dog \$4.00	Cans of soft drink \$2.50
Pie or Sausage Roll \$4.00	Water \$2.00
Nachos \$5.00	Zoooper Dooper iceblocks \$1.00
Bolognese Pasta \$5.50	Hot Donuts – 2 for \$1.50
Chicken Burger \$5.50	Potato Chips \$2.00
Pizza – Cheese \$1.50, Ham & Pineapple \$2.00	
Garlic Bread \$1.00	
Assorted drinks and ice creams	

Lunch orders from the canteen menu above will be available for Reception to Year 5 students ONLY on Sports Day

Lunch orders will be ready for classroom monitors to collect at 12.30 pm

Please DO NOT collect lunch orders individually from the Canteen

Lunch orders will NOT be available for Year 6 - 12 students on Sports Day

Students in Year 6 – 12 are welcome to purchase food throughout the day

ALSO AVAILABLE

Coffee Van, Ice Cream truck and sausage sizzle

STEM UPGRADE

The Heights School has completed the **\$3.5 Million** upgrade to student facilities, providing vital new learning spaces and opportunities in Science, Technology Engineering & Maths

(STEM)



THE HEIGHTS SCHOOL Preschool - Year 12

*Thank you for your continued support of
The Heights School*

BUILDING BETTER SCHOOLS

Additionally, The Heights School has received a **\$10 Million** grant to provide brand new buildings with state of the art furniture and equipment to enhance student learning.

Planning has already commenced.

we create

we provide

we encourage

we care