

## ISSUE HIGHLIGHTS:

- 703 - Integrated Learning
- Sports Day 2020
- Sports Day Art Competition Winners

Pictured: Sports Day 2020 (see article on page 5)



## DIARY DATES

PLEASE VISIT THE PARENT CALENDAR VIA THE WEBSITE FOR UP TO DATE INFORMATION REGARDING THE CANCELLATION OR POSTPONING OF ALL SCHOOL EVENTS

19/3	POSTPONED - Harmony Day CANCELLED - Year 5 - 9 ATSI Excursion - Wayville Showgrounds
20/3	CANCELLED - Year 10 Creative Arts Excursion - ABC
24/3	CANCELLED - Year 11 Outdoor Ed Excursion - Rock Climbing
25/3	CANCELLED - Open Event CANCELLED - VISTA Athletics Carnival
26/3	CANCELLED - Open Event
31/3	CANCELLED - Year 11 Outdoor Ed Excursion - Rock Climbing TBC - VISTA Year 8/9 Cricket

See more [UPCOMING DATES](#) on the next page

[Click here](#) to view our online calendar

## CONTACT

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[f](#) /heightsschool



Government  
of South Australia  
Department for Education

## PRINCIPAL'S MESSAGE

### 2020 Improvement Plan

Governing Council and Education Director Anne Lamont have discussed and signed off on our school's Improvement Plan. This is the second year of our three plan and we continue to target:

- Increase High Band Achievement in Reading
- Increase High Band Achievement in Numeracy
- Increase the percentage of A grades at Year 12

Many exciting activities and events have occurred over the last couple of weeks. Our R-12 Sports Day was held on Friday 6th March. Congratulations to all involved. It was great see so many people from our community come into the school for the event. Once again, participation, support, encouragement and a great family atmosphere was present.

We have also revisited our commitment against Bullying and Violence, and are recognising the National Day to coincide with Harmony Week. Although we have postponed the school assembly we are still supporting the initiative with ribbons, wrist bands and class discussion.

Harassment, bullying and violence in all its forms have no place in The Heights School community. Our school affirms the right of all members of the school community to work, learn and play in a safe and secure environment.

### Annual Report

The 2019 Annual Report is on our website. A hard copy can also be obtained from the Front Office.

### Open Events

In accordance with the current advice from SA Health, our Open Events scheduled for Wednesday 25th March 6.00pm-7.30pm and Thursday 26th March 9.15am-10.30am will no longer go ahead.

### External School Review

Our school will go through our Department's External School Review process next week, Monday 23rd to Wednesday 25th March. This practice occurs every four years and assesses the performance of the school with the view to commend its successes and to further support the school by identifying recommendations for improvement.

### COVID-19

Please pay close attention to the regular updates being sent home. We will be in regular communication with you through the normal channels.



Nigel Gill  
Principal

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### UPCOMING DATES TO REMEMBER

#### LAST DAY OF TERM 1

Wednesday 8 April 2020 (normal dismissal time)

#### PUPIL FREE DAYS 2020

Thursday 9 April	Term 1, Week 11
Friday 5 June	Term 2, Week 6
Monday 7 September	Term 3, Week 8

#### SCHOOL CLOSURE DAY 2020

Friday 4 September	Term 3, Week 7
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### ABSENTEE MESSAGES

Dear Parents/Caregivers,

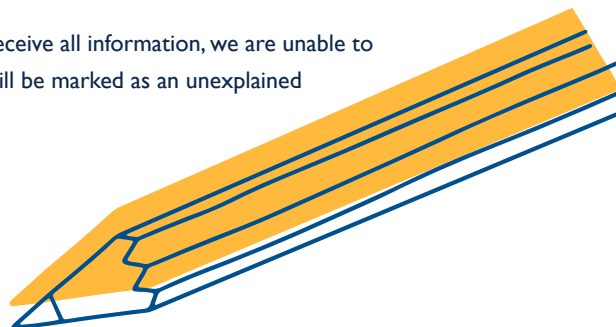
Please ensure you include the following information when reporting a student absence via email on [dl.1430.studentservices@schools.sa.edu.au](mailto:dl.1430.studentservices@schools.sa.edu.au), voicemail or response to an attendance text message:

- Student's full name
- Reason for absence
- Duration of absence

Please be advised that if we do not receive all information, we are unable to action your request and your child will be marked as an unexplained absence.

Thank you

*Student Services*





- > Educating young minds
- > Serving our community
- > Instilling values and embracing our future

The Heights School has completed the **\$3.5 Million** upgrade to student facilities, providing vital new learning spaces and opportunities in

**Science, Technology Engineering & Maths (STEM)**



Additionally, The Heights School has received a **\$10 Million** grant to provide brand new buildings with state of the art furniture and equipment to enhance student learning.

Planning has already commenced.

we create we provide  
we encourage we care

16 March 2020

Dear Parents/Caregivers,

RE: COVID-19

You will have noticed regular updates communicated to you. This will continue for the near future.

I thought I'd write to reassure you we are paying close attention to all updates, considering implications and making local decisions in line with advice received.

As a result of the most recent advice to cancel non-essential static mass gatherings attended by more than 500 people we have cancelled/postponed the following pending school events:

- Large assemblies
- Harmony Day Parade
- Alpha Show Incursion
- Participation in the VISTA Carnival
- RAA Street Smart Excursion

We will be constantly monitoring future events and applying the recent advice.

Please remember to follow all communication from the school, especially:

- Students and staff must not attend school if they or someone in their household is being tested for or has been diagnosed with COVID-19. Please alert the school immediately in this situation.
- Those who have been in close contact with a confirmed case of COVID-19 must self-isolate for 14 days after last contact with the confirmed case.
- If your child is unwell, they should not come to school.

We continue to stock all bathrooms and toilet areas with soap. Hand sanitiser has been distributed to Primary Classrooms and at key checkpoints. We are reminding students of hygiene practices and ask that you do as well. You are welcome to give your child hand sanitiser to bring and use at school.

We recognise this may be an anxious time for both parents and students, and as such our team of teachers, counsellors and school leaders can provide any support required.

Yours sincerely,

Nigel Gill  
Principal



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## CAR PARK SAFETY

There has been a concerning increase of instances where parents/caregivers are stopping their cars inside the Augustus Street car park to allow their child(ren) to enter or exit vehicles and cross in front of moving traffic. This has resulted in some near misses where students have nearly been struck by moving vehicles.

Parents have also been reported waiting in cars to pick up their children blocking other cars in during the drop off and pick up times when there is no free car parking available. We request that cars first stop in an available car park space before allowing students to enter or exit the car and whilst waiting for students after school. Double parking/waiting in any school car park is not allowed. There is concern that students are being placed in unsafe situations with cars waiting in front of parked cars which affects visibility to other drivers.

If you need to park and exit your car for pick up/drop off, please use the parent car parking provided in the Augustus Street car park. If there are no available spaces in this area, we request you exit the car park and find an alternate area to park your car. For students old enough to be dropped off and collected without parent assistance, please use the drop off/collection lane on Brunel Drive. This area is designed for your child(ren) to exit and enter both your vehicle and the school gate safely.

We are also aware that some families are using the staff car park in front of Reception to quickly drop off or collect their children. We ask that families do not enter the staff car park for any reason as there is no safe turnaround point for extra vehicles and is a safety concern for those students exiting the school on foot through this gate.

We appreciate that car parking at these busy times is challenging and thank you for your cooperation to ensure the safety of both students and families.



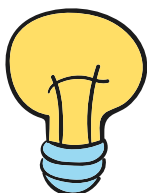
## 703 – INTEGRATED LEARNING

As part of a subject called Integrated Learning, students in 703 are designing small vehicles that can run on renewable resources only. Students are using varying sources including wind power, magnets and spring loading to power their vehicles.

The vehicles are being made out of recyclable materials. The goal is to create a sturdy vehicle that runs in a straight line for at least one metre. Through the designing and creating process, students are encouraged to analyse why things might not work and use their problem-solving skills to find new solutions.

What will they produce? We will see in future editions of our school newsletter.

*Mrs Rothery*



*Aaron and Thomas*



*Abby and Trinity*



*Mia*



*Zoe with Ms Robertson*



## SPORTS DAY 2020



Sports Day at The Heights took place on Friday of Week 6. The day was a hive of activity as students from the Pre-School to Year 12 competed in various events to earn their house valuable points.

Students should be praised for their efforts and sportsmanship across the day.

The final point tallies included points from the Drawing Competition, and for the first time in several years, a new Sports Day Champion was crowned in the Draco Crocodiles!

Individual student efforts were acknowledged in the year level championship.

Congratulations to our Champions and Runner-Ups.



1st	Draco Crocodiles	3107
2nd	Hydra Sharks	2979
3rd	Aquila Dingoes	2612
4th	Corvus Redbacks	2470

Year Level	Female Champion	Female Runner-Up	Male Champion	Male Runner-Up
12	Grace Finci	Minuka De Silva	Lionel Muhitra	Josh Occhiuto
11	Abbie Stribling	Grainne O'Connell	James Willis	Mekhia Khiev
10	Aimee Wilson	Emma Crawford	Thumith Chandrasena	Daniel Mather
9	Tryphena Hewett	Sarah Norton	Jonas Cameron	Harry Jeyakumar
8	Emily Stribling	Natasha Dodd	Liam Phung	Deo Suresh
7	Jasmine Batara	Chelsia Suresh	Brandon Price-Johnson	Asif Haque
6	Angeline Tung	Aaliyah Russell	Felix Schellhase	Sam Parkin

### Sports Day Art Competition Winners

Congratulations to the following people whose drawings of their team mascots were chosen as point winners:

#### 1st (100 pts)

Skye Jenkins (Aquila Dingoes)

Emily Marshall (Draco Crocs)

Mukhti Panchani (Aquila Dingoes)

#### 2nd (75 pts)

Vale Follett (Aquila Dingoes)

Mia Stevens (Aquila Dingoes)

Tryphena Hewett (Draco Crocs)

#### 3rd (50 pts)

Ridimaa Jasuja (Corvus Redbacks)

Lizzy Gow (Hydra Sharks)

#### 4th (25 pts)

Varsha Ajith (Draco Crocs)

Well done to all of those who participated, your points made a difference!

Mrs Sztekel



## Australian Childhood Anxiety TREATMENT STUDY

### Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

#### About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

#### About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.


Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.


#### Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 [cadrp@griffith.edu.au](mailto:cadrp@griffith.edu.au)

 [griffith.edu.au/childhood-anxiety-treatment-study](http://griffith.edu.au/childhood-anxiety-treatment-study)



Australian Government  
National Health and  
Medical Research Council



Queensland, Australia

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