

ISSUE HIGHLIGHTS:

- Education Perfect Maths Competition
- SAKG Program
- Term 1 Harmony Week Celebrations
- Integrated Learning 703

Pictured: Education Perfect Maths Competition



DIARY DATES

PLEASE VISIT THE PARENT
CALENDAR VIA THE WEBSITE
FOR UP TO DATE INFORMATION
REGARDING THE CANCELLATION
OR POSTPONING OF ALL
SCHOOL EVENTS

POSTPONED

PUPIL FREE DAY - FRIDAY 5 JUNE 2020

Please be advised that the Pupil Free Day scheduled for Friday 5 June 2020 (Term 2, Week 6) has been postponed due to restrictions.

This day will be re-scheduled for some time in Term 3 or 4 and we will let families know as soon as the new date is confirmed.

[Click here](#) to view our
online calendar

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Government
of South Australia
Department for Education

PRINCIPAL'S MESSAGE

Students Returning to School

Normal face to face lessons resumed across Preschool to Year 12 on Monday 4th May. 85% of students were back and it was clear there was positivity amongst students and staff about returning towards a more familiar model of teaching and learning.

Although we are far from where we started the year we are looking ahead and paying close attention to advice about when restrictions might begin to lift.

For now, only the essential school program is going ahead. Extra curricula activities, assemblies, excursions etc. are on hold along with adult visitors and volunteers. Social distancing and good hygiene practices practicable for a school shall continue to be reinforced. Additional cleaning is being carried out during and at the end of the school day.

Staff are not meeting face to face together in large groups. Parents are encouraged to drop their child outside the school, however if they wish to come on site they must practice social distancing. Parents are not allowed in classrooms or balconies.

These guidelines are being continually reviewed as we receive information from the Department for Education and SA Health.

Term 2 Staffing Changes

We have a number of staff taking leave this term:

- Susan Martin (Preschool Teacher) covered by Courtney Robb
- Deb Tilley (Year 7 Teacher) covered by Victoria Esposito
- Shirley Robinson (Music Teacher) covered by David Gerber
- Craig Holyhrim (Technical Studies Teacher) will take a few weeks with the arrival of his 2nd child and Sean Davis will take his classes.
- Sharon Robertson has taken up a Science Curriculum Writing position in our Department for Terms 2 and 3.
- We welcomed back Amanda Lamming (Maths and Science Teacher) from maternity leave.

Staff PD Day 5th June

We have postponed the staff professional learning pupil free day scheduled for Friday 5th June. With travel restrictions we haven't been able to plan the program with our presenter and given this day is fast approaching we feel there is more value to postpone and reschedule when we can get the most value.

\$20,000 for our Preschool

The Education Minister has written to all Preschools and Children's Centres informing them a grant of \$20,000 will be provided per site. The purpose of this money is to carry out minor works and maintenance to enhance the site and secondly support local tradesmen and small businesses.

We are very excited to receive this and will be working with Kate Hallam our Preschool Leader to determine the best use of this money.

(Continued over)

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PRINCIPAL'S MESSAGE (Continued)

Parent Teacher Interview Night

Obviously this couldn't happen in the usual format. Instead, phone interviews were offered and many went ahead. I'm aware this process wasn't as streamlined as we would have liked. If you weren't able to speak with a teacher you wanted to please contact the school. Thank you for your understanding as we work through changes to normal practices.



Nigel Gill
Principal

UNIFORM SHOP NEWS

There is no denying recent times have been unsettling, however advice from national public health officials is that schools are safe to remain open and will continue to operate. We are committed to continually provide service and support to our families during these times. Essential services are still available, therefore our Uniform Shop will remain open.

Uniform Shop opening times (during school term only):

Tuesday:	8.30am – 9.30am
Thursday:	8.30am – 9.30am and 2.30pm – 3.30pm
Friday:	8.30am – 9.30am

Our Uniform Shop is quite a small space so please understand that we may limit entry to 1 family at a time due to social distancing recommendations. We also have EFTPOS facilities with the option to use PayWave (tap and go) to limit contact. Our clothing suppliers are still operating, and we have jackets, windcheaters and track pants in stock.

As much as we would love to see you at the Uniform Shop, now might be a good time to try placing an online order through the school website: www.theheights.sa.edu.au. Instructions are below:

- Click on Online Payment to School or Preschool
- Click OK to confirm you are making a payment to the school
- Enter your family code (if you do not have this please contact the school on 8263 6244)
- Enter your child's name
- Enter the uniform items required in the description/invoice line, e.g. I x Sz I4 PE top (you can add a maximum of 50 characters in this line, if a large order please email itemised order to sonia.hahn343@schools.sa.edu.au and include receipt number)
- Enter total amount \$ (the uniform order form and sizing guide is on the school website, click on the 'About Us' tab at the top and select Uniform)
- Select your payment option
- Enter your credit card details and click proceed

You will be contacted when your order is ready (please allow 3-4 business days). Uniform orders will be left at the Front Office for collection between 8.30am and 4.30pm.

If you have any questions or would like any further information please contact Maria Parry on 8263 6244 or maria.parry794@schools.sa.edu.au

YEAR 10 IMMUNISATION REMINDER

Parents and caregivers of Year 10 students are reminded that nurses from the Tea Tree Gully Immunisation Clinic will be attending the school on Wednesday the 20th of May to provide the first dose of the Meningococcal B Vaccine. Participating students are encouraged to eat breakfast and wear a short sleeve shirt under their jumper to assist the nurses.

Please contact the Tea Tree Gully Immunisation Clinic directly on 8397 7444 if there have been any changes to the details previously provided on the consent cards.

A MESSAGE FROM OUR COMMUNITY LIAISON OFFICER

Under the Diary Dates section in our last Newsletter for Term 1, you may have noticed that the Mother's Day Stall has been cancelled for this year. As we are currently facing a very unique situation, and one not experienced before, our decision was not made lightly as this is an event very much enjoyed by both students and volunteers alike.

At home, this year's celebration will possibly be spent a little differently as well and most of us will be sending virtual love and thanks to those special people who are always there to share a smile, hug and words of encouragement.

However it is spent, we wish you all a Happy Mother's Day.

Gjuzide Apat, Community Liaison Officer



FROM THE CIRCULATION DESK ...

Welcome back to Term 2 everyone! We hope you had plenty of opportunity to read, enjoy family time and to catch-up on many "to-do" tasks! It is lovely to be back at school and getting on with our face-to-face learning.

Returning of Books:

Please have a huge search at home for any Library books and return them as soon as possible so students can maximise their borrowing. Towards the end of last term students were encouraged to borrow up to their year level limits so they had plenty to enjoy over the holidays.

Overdue notices will be sent out early next week. Hopefully there will not be many!

Bookflix:

Many thanks to Ms Kellye and Mr Powell for preparing our "Bookflix" display. Please have a look on the wall above the photocopier in the Library to see new titles. Students are welcome to borrow from the new book stand in front of the Desk.

2020 National Simultaneous Storytime:

On Wednesday 27 May at 11.00 am we will be participating in the NSS once again! The chosen book for 2020 is "WHITNEY and BRITNEY CHICKEN DIVAS" by Lucinda Gifford.

This annual event put on by ALIA (Australian Library and Information Association) is a fun activity which promotes literacy both within schools and the wider community reading the same book at the same time around Australia!

Please be in contact with me or any of the Library staff if you require any assistance.

Enjoy your reading!

Ms Simpson, Teacher Librarian



DO YOU KNOW WHAT A PIPEHENGE IS?

This is a very special piece of scientific equipment. In this photo taken in Term 1, you can see that these primary students believe it is a fantastic climbing gym, however it is more than that.

This is not a climbing gym but a teaching aid that brings aspects of the Sun and the cycles together in one apparatus — it is termed the Pipehenge.

For millennia, natural features (e.g. hills and mountains), stone and wood circles, pyramids and sundials have been used to mark the position of the Sun and its daily and seasonal movement. Stonehenge is an international historical and cultural icon, shrouded in mystery and speculation. Its astronomical links and relevance are still debated today, but it is clear its alignment with the Sun was not accidental.

In the early 1980s, Eric Jackson, an Auckland School Science Advisor, was intrigued by the enthusiasm and curiosity demonstrated by students about the Sun's movement and their shadows. From a prototype, an astronomical climbing frame was developed for teaching children about the movement of the Sun and stars across the sky during the year. The name 'Pipehenge' was suggested by Lyn Shannon and the apparatus, now found all around the world, was born.

Each one is constructed so it aligns with the Sun's path for the latitude of the location where it is installed. Pipehengens provide a multifaceted interactive outdoor learning experience. Children learn about the changing path of the Sun each day and over the cycle of months each year, and can mark their birthdays on the horizon bars. The Sun at solar noon can be compared with midday (12pm), and an understanding can be gained of the changing length of daytime during the year.

Sharon Robertson



CELEBRATION OF SUCCESS

Education Perfect Maths Competition

Over the last four weeks students from The Heights School voluntarily participated in an online international Maths competition. Each of the four competitions saw The Heights School achieve a significant score placing 4th, 1st, 2nd and 2nd respectively out of 400 schools across the world. Each competition lasted for 30 minutes a week and required students to answer as many questions as possible. 42 students participated from Year 7 to Year 11 answering over 17500 individual questions. The Heights students claimed a massive combined total of 76 awards including 23 Credits, 15 Bronze, 27 Silver, 8 Gold, 2 Emerald and 1 Elite Award.

Special mention to:

- Nishtha Patel, Jack Wade, Hayden Mortlock, Eshal Asad, Averil Oon, Amirah Zahirah Zainal Abbidin who participated in all four competitions.
- Eshal Asad was awarded an elite award coming 39th in the world.

A big congratulations and thank you to all who participated.

Nathan Watkins, Mathematics



HARMONY WEEK

During Week 7 of Term 1 The Heights school community celebrated Harmony Week. It was a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it. At The Heights School from P-12 we promote and encourage inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

There are some fascinating statistics about Australia's diversity:

- nearly half (49 per cent) of Australians were born overseas or have at least one parent who was
- we identify with over 300 ancestries
- since 1945, more than 7.5 million people have migrated to Australia
- 85 per cent of Australians agree multiculturalism has been good for Australia
- apart from English, the most common languages spoken in Australia are Mandarin, Arabic, Cantonese, Vietnamese, Italian, Greek, Tagalog/Filipino, Hindi, Spanish and Punjabi
- more than 70 Indigenous languages are spoken in Australia.

Throughout the year The Heights Wellbeing Team and Student Representative Council will work together to celebrate these important dates and events as a whole school. Working together with a common goal and vision on positive student wellbeing is what our school will continue to do into the future.

Daniel Brzezinski and Suzanne Ierace, Student Wellbeing Leaders

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THE HEIGHTS STEPHANIE ALEXANDER KITCHEN GARDEN PROGRAM

Welcome back to Term 2 in the Stephanie Alexander Kitchen Garden Program.

Kitchen classes have a busy and interesting term ahead with different year groups focussing on various skills and activities. Some classes will be honing their skills at meal planning and preparation, table settings, recipe reading, and kitchen cleanup. Other groups will focus on healthy eating, food advertising and styling, seasonal produce and creating healthy canteen menus.

After a hot and dry summer, we are experiencing much cooler weather and wonderful amounts of rain in the school kitchen garden. The Autumn plantings of garlics, spring onions, broccoli, cabbages, silverbeet and beetroots are thriving with all the rain; and so are the weeds! Our classes will be busy with preparing garden beds, making compost by chopping up old summer plants such as tomatoes, eggplants and capsicums; fertilising and planting new herbs and vegetables. We've also been fertilising all of our fruit trees.

We would like to let all of our school families and staff know about a trial project called "NUDE FOOD TUESDAYS" which will commence in Week 3 on Tuesday, May 12th. Please read the following KESAB article for an explanation of Nude Food, and many ideas for what and how to bring your recess and lunch without using any disposable packaging. Please come and see Amanda in the garden if you have any queries or ideas for this project.

Thank you also to our fantastic kitchen and garden volunteers... we look forward to seeing you back again very soon!

Amanda, Gen and Eva
SAKG Kitchen Garden team



What is Nude Food?

'Nude Food' is a popular term in schools and preschools. But what exactly is 'Nude Food'?

Simply put, it's food without excess packaging. Usually, this means food that is not processed, often making it a healthier and more environmentally friendly option.

Why bring nude food?

Reducing packaging has important environmental benefits. Each year in SA, families of primary school aged children spend more than \$3.5 million on individually packaged items, collectively throwing away over 1.5 million yogurt suckers, 3 million small tubs and 11 million ziplock bags - that's enough ziplock bags laid flat to reach from Adelaide to Ceduna and back! ** Landfill disposal is also usually a significant cost for a site, and by reducing waste, more money can be invested on learning resources and teaching support. Unpackaged food also encourages better food and drink choices, as many healthy food options come with their own packaging!

*Based on 2016 Wipe Out Waste audit data

**Based on average data from over 200 Wipe Out Waste SA school audits since 2006 (extrapolated to all primary schools in SA)



Up to 50% of items in school bins come from food and drink packaging.

You can help the environment and your school save money on waste disposal costs.



Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or backpack

Avoid

- Plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Tips for parents packing Nude Food lunches

• **Let children make their own lunches.** Consider packing lunches the night before and storing them in the fridge overnight to avoid the morning rush.

• **Discuss with your child what they like to eat and how much.** Bin audits in schools across SA show large quantities of unopened packaged foods (single-serve yogurts, cheese sticks, sandwiches, uneaten fruit and fruit boxes are being thrown away. This costs your family money as well as creating unnecessary waste.

• **Cut up fruit and vegetables and pack them in reusable containers** so that children can eat some and save the rest for later. (It's easier to eat a wedge or two of an apple and then reseal the container than to take a few bites out of a whole apple and save the rest). A rubber band around a sliced apple will prevent browning.

• **Encourage your children to bring home uneaten food to eat later.** Appreciate that play time is also important, so discuss with children how much they can reasonably eat in one day. Often children throw uneaten food away because they don't want to upset the person who packed the lunch. If you're not sure how much they can eat at school, start small, e.g. a piece of fruit and a sandwich, and build it up if they are asking for more.

• **If your children have chips, savoury biscuits, or other snacks, try buying a larger bulk pack** and have your children put the same quantity into a reusable labelled container that they bring home each day. It's also cheaper!

• **Avoid buying drinks in packaging that cannot be resealed.** Many children take just a few sips at snack time and discard the rest. Pack drinks in a re-usable container.

INTEGRATED LEARNING 703 – VEHICLES

Students in 703 completed their work creating vehicles that run on a renewable source.

I was so proud of the collaboration that occurred between students. There was a continual buzz as students marvelled at each other's work, shared ideas and continually helped each other out to solve tricky problems.

Here are some of their final creations.

Mrs Rothery

