

ISSUE HIGHLIGHTS:

- Year 9 Visual Art
- Universities visit The Heights School
- Stage 1 Chemistry
- SAPSASA & VISTA Sports

(Pictured: Year 6/7 SAPSASA Girls AFL Carnival)



DIARY DATES

PLEASE VISIT PARENT CALENDAR VIA THE WEBSITE FOR UP TO DATE INFORMATION REGARDING ALL SCHOOL EVENTS

- 10/9 Non Uniform Day
Whole School - wear something yellow
- 11/9 VISTA Year 8/9 Boys & Girls Volleyball
- 15/9 Year 6 (EI) Excursion - Parliament House
- 17-18/9 SAPSASA District Soccer
- 18/9 Year 7 Excursion - Woodhouse
- 23/9 Choir Sing Day Excursion - Tea Tree Plaza
- 24/9 SAPSASA District Netball Carnival
- 25/9 Last Day of Term 3 (2.05pm dismissal)
- 12/10 First Day of Term 4

UPCOMING PUPIL FREE DAY:

Friday 4/12 Term 4, Week 8

[Click here](#) to view our online calendar

CONTACT

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 /heightsschool



Government of South Australia

Department for Education

PRINCIPAL'S MESSAGE

R U OK? Day

We are celebrating R U OK? Day this Thursday. Our Student Council with the support of Wellbeing Coordinators Daniel Brzezinski and Suzanne Ierace have made this one of the school's awareness raising events. A virtual assembly will occur for students as well as many activities throughout the day.

R U OK? is a suicide prevention initiative in Australia reminding people to have meaningful conversations with loved ones, friends and colleagues to promote awareness about mental health, address social isolation and encourage Australians to reach out to those at risk in our community.

Students are invited to wear something yellow in promotion of R U OK? and bring a gold coin donation. Money raised will be forwarded to support Kick Start for Kids who provide food for programs in schools including ours.

Subject Counselling – SACE Course Confirmation Day

Students in Years 9, 10 and 11 are in the midst of subject selection processes for 2021. This week Year 10 and 11 students and parents attended subject selection and course confirmation meetings with home group teachers and subject counselling staff.

PAT Testing

Progressive Assessment Testing is taking place over the next three weeks. Students in Years 3 to 10 are taking progress tests in reading and maths to determine how they are travelling in their learning programs and what areas need further attention.

Staff Professional Learning Program

During the student free day on Monday 7th September staff were involved in a variety of collaborative learning activities. This was a common day for primary and secondary schools across the north eastern area. The day resulted in many teachers working in year levels and subject areas to continue to develop teaching practices by sharing work and learning with teachers from other schools as well as teachers within our school.

Glen Pearsall facilitated a webinar for primary teachers in schools across our partnership. Secondary teachers connected with other secondary teachers across the north eastern area in small groups using Microsoft Teams to share and critique task design and feedback strategies.

Later in the afternoon staff were involved in Work Health and Safety mandatory work.

New Build

In a matter of a fortnight, much activity has occurred in the north west corner of the school. In preparation for construction of new classrooms, old buildings have been demolished and the ground has been flattened.



Nigel Gill
Principal

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LOST ITEMS

We recognise it is inevitable that items will be misplaced by students. To assist in reuniting lost items with their owner we would like to highlight the importance of clear labelling with students full name and current class on all items.

Lost property will be located in a central collection point;

- Primary years; the corridor outside the Stephanie Alexander Kitchen
- Secondary years; under the stairwell in M building



Students are encouraged to take responsibility for their own belongings and if missing check appropriate collection areas throughout the school day. Parents seeking lost items should check the lost property before school (8:40am – 8:55am) or after school (3:05pm – 3:30pm) to claim items.

Unclaimed but labelled items will be returned to their rightful owners after each clean-up of the lost property. At the end of each term any unclaimed uniform items in good condition will be utilised by the school and all non-uniform items in good condition will be donated to a local charity.

WAITING LIST FOR PRESCHOOL 2021

LET YOUR CHILD GROW WITH US

The Heights Preschool is an integral part of The Heights P-12 School. We provide an engaging and stimulating learning environment for children. Our philosophy revolves around

play as a tool for learning. We encourage children to be curious and to seek answers through learning, underpinned by a partnership with family and the community.

If you would like to request a Preschool Registration Form for 2021 please contact Daniella Dunne on the details below.

Email: Dani.Dunne687@schools.sa.edu.au

Website: <https://www.theheights.sa.edu.au/preschool.html>



PRESCHOOL COMPOSTING

The Preschool has purchased two Subpods® to begin our composting journey. These in-garden compost systems work with nature, using worms and microbes to compost organic waste without the mess and hard work of traditional composting. Thanks to a Year 9 student, Nick, who spent a few lunchtimes digging holes in our garden beds for our Subpods® to go in. As he worked he happily answered the preschoolers questions and let them assist where possible.

We look forward to disposing our organic waste and to growing vegetables and herbs for the preschoolers to enjoy.

Preschool Staff



R U OK? DAY

R U OK?'s vision is a world where we're all connected and are protected from suicide.

Our mission is to inspire and empower everyone to meaningfully connect with people around them and support anyone struggling with life.

Our goals are to:

1. Boost our confidence to meaningfully connect and ask about life's ups and downs.
2. Nurture our sense of responsibility to regularly connect and support others.
3. Strengthen our sense of belonging because we know people are there for us.
4. Be relevant, strong and dynamic.

<https://www.ruok.org.au>



ASK RUOK?
It can make a big difference

R U OK? Week at The Heights

R U OK?
Who will you ask?

Week 8

Tuesday – Lunchtime cultural dancing / dot painting

Wednesday – Live music @ lunch (Alex Spalding Year 10 band), student activities Yr 4-7

Thursday – Non-school uniform day (wear **yellow**), gold coin donation, primary workshops L3-4, lunchtime fair, iPod shuffle, staff morning tea, lunchtime wellbeing information stands, primary ice blocks

Friday – Mr. Oscar Asbanu Live music @ Lunch

... THERE'S MORE TO SAY ABOUT RUOK? 10 September 2020 ruok.org.au

SCHOOL CANTEEN

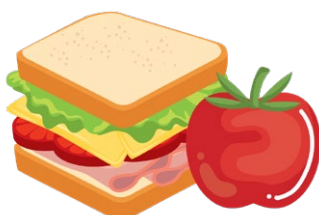
Have you heard?...

Place your canteen lunch orders online (R-6)

Our canteen service has partnered with [Flexischools](#) to allow families of Primary years children (R-6) the option of placing lunch orders online at any time while easily monitoring your child's nutrition. Once registered you can start placing orders immediately and select from payment options - Visa, Mastercard, PayPal or direct deposit.

We hope this step forward will support families with a more convenient and efficient process for placing canteen orders. Offering this service reduces the worry of handling money, ensures lunch orders are delivered to classrooms and eliminates wait time in lines.

Instructions shown will guide you through setting up your account.

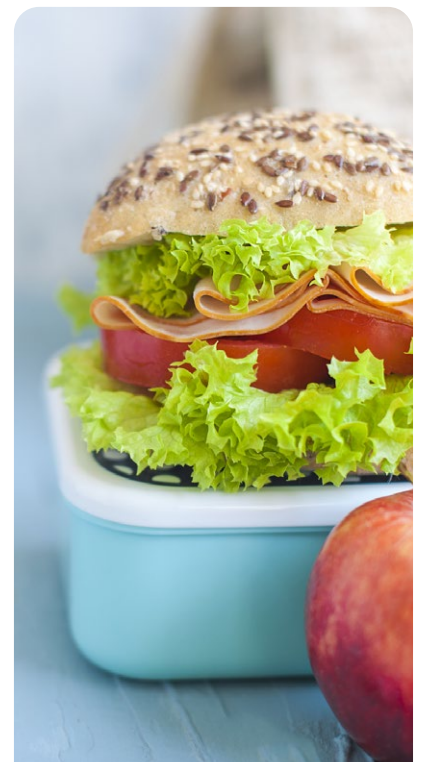


Set up your account

- 1 **Download the Flexischools App**
Note: for iPhone and iPad please select 'Allow' notifications.
- 2 **Login/Register**
 - **Already a Flexischools user** – Enter your details and login. To save your login details select 'remember me'.
 - **New Flexischools user** – Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.
- 3 **Top Up Your Account**
To make ordering fast and simple, you can set up automatic top ups in your 'User Profile'.

Order

- 1 **Place your Order**
On the app home screen, scroll down to view your school services such as canteen and uniforms. Then **swipe left and right** to view all available services.
- 2 **Make your Selection**
Find the service and press 'Order', then select the items you wish to order.
- 3 **Make Payment**
Select your payment option and complete payment to place your order.



10 years supporting the school community



Committed to healthy eating



Over 1,500 happy schools

flexischools

ENTERTAINMENT MEMBERSHIP

The Heights School is raising funds. Here's how you can help...

Support The Heights School! 20% of every Entertainment Membership sold goes towards fundraising.

There are no longer hard copies of the Entertainment Book. Digital membership is accessed by downloading the app and purchasing a 12 month membership at the following location:

www.entbook.com.au/I619k82

Membership is valid for 12 months and can start at any time.

The Entertainment Digital Membership can be shared with family members in your household on up to five different devices, but only one device can actively redeem offers at any one time.

You'll receive hundreds of valuable offers for everything you love to do, and help our fundraising at the same time!

Choose a Membership right for you

Single City

View all Cities

\$69⁹⁹ / 12 + 2 Months Bonus

- ✓ 2 months extra*
- ✓ Single City Membership*
- ✓ 1 year Digital Membership
- ✓ 20% goes to your fundraiser

Buy Membership

Multi City

View all Cities

\$119⁹⁹ / 12 + 2 Months Bonus

- ✓ 2 months extra*
- ✓ Unlock all 21 Cities
- ✓ All Australia, New Zealand, Ball
- ✓ 1 year Digital Membership
- ✓ 20% goes to your fundraiser

Buy Membership

Multi Plus

View all Cities

\$229⁹⁹ / 2 Years

- ✓ Unlock all 21 Cities
- ✓ All Australia, New Zealand, Ball
- ✓ 2 year Digital Membership
- ✓ Offers will refresh each year
- ✓ 20% goes to your fundraiser

Buy Membership

2020 FATHER'S DAY STALL

It was wonderful to see so many students attend the Father's Day Stall on Wednesday 26th and Thursday 27th August 2020. The volunteers and I enjoyed chatting to the students whilst helping them select and wrap their special gift.

The Father's Day Stall is a collaboration between the school and our School Volunteer Partnership and without our volunteers events such as this would not be possible.

I would like to extend a very special thank you to the following amazing volunteers who generously donated their time and lots of energy over the two days - Michelle Dunn, Tara Mather, Karen Thompson, Danam Andrews, Mandy Leventis, Samantha Smithson, Sophie Angelaris, Christina Huang, Laila Saida and Barbara Wright. A special thank you to Michelle Dunn and Tara Mather who provided invaluable support setting up, pricing and packing up!

Thank you also to our brilliant teachers and SSOs for bringing their students to the stall and supporting them throughout this event. It was great to hear such good manners and see so many smiling faces!

Gjuzide Apat, Community Liaison



ATSI GARDEN MENTOR PROGRAM

This year the Aboriginal Education team commenced a Garden Mentor Program for the ATSI students at The Heights School. Amanda who runs the garden graciously gave our students two nice sized garden patches to work with and make their own. The program consists of small groups attending a one lesson block every fortnight. These sessions are run by the Aboriginal Secondary Education and Transition Officer and Aboriginal Education Teacher.

Our school was fortunate enough to receive a 30 plant grant from Tea Tree Gully Council this term. This allowed us to visit Provident Indigenous Plants in Salisbury to pick 30 Indigenous plants to populate our garden with.

The aim of the Garden Mentor Program is to have our ATSI students engaged in learning about the natural environment, seasons and how to care for gardens, positive food habits, practical skills from recycling, composting, budgeting as well as life skills and engagement. This is especially important for those who face barriers learning in the traditional classroom environment.

Aaron Murray - Raschella, Aboriginal Secondary Education and Transition Officer



YEAR 8 MONEY MATTERS SEMINAR

Big thanks to Jesse Bruno, financial wellbeing expert from Centra Money, who shared some thoughts around money and saving to some of our Year 8 students. Students learnt about 'how to not have \$0 in their bank accounts' and explored a range of principles such as budgeting and investment. We learnt that we

should strive to be financially free not 'rich' and that we really become 'rich' when we are happy with our finances.

If you would like to find out ways you can improve your financial wellbeing you can call Centra Money on (08) 8211 7180 or visit www.centramoney.com.au

Nathan Watkins



YEAR 9 VISUAL ART

This term my Year 9 Visual Art students have been inspired by a variety of techniques I applied to their learning. They began with a pencil drawing of a domestic pet, before replicating this in charcoal. From there, they moved on to Drypoint (a printmaking technique whereby you scratch the surface of a piece of Perspex. Ink is applied and the image is printed onto paper using an old-style printing press). Finally, they created a ceramic pot onto which they incorporated the same image. I was very impressed by my students' engagement in the subject and as you can see from these examples, their exceptional outcomes. As a result, their work has been entered in the Adelaide Fringe 2021 poster competition.

Ms Petra Dolezalova, Secondary School Visual Art Teacher



UNIVERSITIES VISIT THE HEIGHTS SCHOOL

Over the last three weeks we have been very fortunate and had visits from each of the three universities in South Australia - Adelaide University, Flinders University and University of South Australia

Over 150 of our students in Stage 1 and Stage 2 received information about various degrees being offered as well as graduate career opportunities. Students were also provided with information that related to pathway information and terminology used in course handbooks. The SATAC application process was also explained in detail clarified for students. Over the next few days, Stage 2 students will be filling out their SATAC application forms.

Pictured are some students in the BF common area during the presentations.

Arthur Roubanis

Stage 2 Year Level Leader



STAGE 1 CHEMISTRY NEWS - TITRATIONS

Recently in Stage 1 Chemistry, students conducted a titration. A titration is a technique where a solution of known concentration is used to determine the concentration of an unknown solution. Typically, the titrant (the known solution) is added from a burette to a known quantity of the analyte (the unknown solution) until the reaction is complete. Knowing the volume of titrant added allows the determination of the concentration of the unknown. Often, an indicator is used to usually signal the end of the reaction, the endpoint.

Pictured are two of the students from my Chemistry class, Madison and Jolie.

Arthur Roubanis

Stage 1 Chemistry Teacher



SAPSASA GIRLS AFL CARNIVAL (YEAR 6/7)

On Thursday 3rd of September, our Year 6/7 Girls Football team competed in the SAPSASA Carnival at Tea Tree Gully Football Club. Our team was quite inexperienced and it was terrific to see the development and game awareness improve drastically throughout the day. To begin the day, we struggled against strong competition but were able to improve and win our final two games. We had a lot of girls kick their first goal in football and it was terrific to see the girls celebrate this as a team.



YEAR 8/9 BOYS VISTA NETBALL

On Friday the 21st of August the Year 8/9 boys netball team braved the weather to participate in a carnival involving teams from the north east. The boys showed great spirit and resilience to play through difficult conditions that during one game resulted in running from the court as the hail came down. The team continued to develop throughout the day improving on previous performances each game. Well done to all players who participated and for sticking it out for the whole day.

Mr Elliott



VISTA SENIOR GIRLS AFL CARNIVAL

On Friday 31st of August, our Senior Girls AFL team competed against other schools at The Heights School. It was an absolute pleasure watching the girls skill development and game awareness growth. Many of the girls participating could have played in a Year 8/9 team, but fought hard in the senior team to get three wins on the board; they are commended for their efforts in doing this. The girls were ably assisted by supercoach Mr Jelfs and Tyler Crowhurst (field umpire) and Laela Ebert (goal umpire). We thank them for volunteering their time on the day.

Nick Schild, Sports Coordinator





T-Ball 2020-21

Offering U/8 & U/10 Teams

We play 12 games starting 30 October 2020 & finish 26 February 2021
Fridays 6pm to 7pm
at the

GOLDEN GROVE CENTRAL DISTRICTS
'DODGERS' BASEBALL CLUB
Illyarrie Reserve, Illyarrie Avenue, Surrey Downs

Registration Costs

\$150 which includes a team photo, a \$20 refundable uniform top deposit and insurance



PRE-SEASON COME n TRY SESSIONS

Monday, 19 October & Friday, 23 October from 6pm
TEAM ALLOCATIONS are Monday, 26 October at 6pm.

For more information, contact **Bob Neiswander** – T-Ball Coordinator at:
ozwander42@gmail.com or 0402 068 738



'With Love' formal wear is a non-profit charity organisation that dresses students who may be experiencing financial hardship at no cost for Year 12 Formals and Year 7 Graduations.

Located at 1506 Main North Road Salisbury.

Join their Facebook Community for Pop-Up Boutique dates and times.

<https://www.facebook.com/withloveformalwear/>

2020 With Love Formal Wear has been nominated for a Westfield Local Hero which is a recognition program that celebrates individuals who make a positive impact to their local community. Find out more at:

<https://www.westfield.com.au/teatreeplaza>