

# The Heights School NEWSLETTER

ISSUE 14 | 9 September 2021

> Educating young minds

> Serving our community

> Instilling values and embracing our future



The Heights School has received in excess of \$13 Million over the past three years. Major redevelopments include two architecturally designed buildings incorporating state of the art furniture and equipment in addition to refurbishment of existing learning spaces. These facilities will provide a modern and contemporary learning environment which will inspire innovation and spark curiosity.



Go Together

A Fair Go Have a Go, Go Hard, Keep Going!

# **ISSUE** HIGHLIGHTS:

- Father's Day Stall
- Book Week
- Year 5 Adare Camp
- SAPSASA and VISTA Sports

(Pictured: Book Week 2021)

### **DIARY DATES**

Please check the parent calendar via our website for any last minute changes to scheduled events.

9/9	Non-uniform Day R-12
10/9	906 Science Excursion 'Australian Space Discovery Centre'
10/9	906 & 907 Science Presentation 'Lot Fourteen'
13/9- 15/9	Year 7 Camp (703 & 704) 'Murraylands'
13/9	Primary Years Assembly (CG7 & CF2) *staff and students only
15/9- 17/9	Year 7 Camp (701 & 702) 'Murraylands'
16/9	STEM Girls Networking Seminar & Dinner
16/9- 17/9	STEM Aboriginal Student Congress
17/9	SAPSASA Netball Carnival
17/9	STEM Girls Industry Tour Day 'UniSA'
17/9	VISTA Year 8/9 Boys Basketball
20/9	VISTA Year 8/9 Girls & Boys Volleyball
22/9	STAR Group Excursion 'Australian Space Discovery Centre'
22/9- 24/9	School Production 'Oh What a Lovely War'
24/9	Last Day Term 3 *2.05pm Dismissal

<u>Click here</u> to view our online calendar

### CONTACT

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## PRINCIPAL'S MESSAGE

### R U OK? Day

R U OK? Day is this Thursday 9 September. Our Student Council with the support of Wellbeing Coordinators Daniel Brzezinski and Suzanne lerace have made this one of our school's awareness raising events.

R U OK? is a suicide prevention initiative in Australia reminding people to have meaningful conversations with loved ones, friends and colleagues to promote awareness about mental health, address social isolation and encourage Australians to reach out to those at risk in our community.

Students were invited to wear something yellow or a splash of yellow in promotion of R U OK? and bring a gold coin donation. Money raised will be going to support Kick Start for Kids who provide food for programs in schools including our breakfast program.

### Staff Professional Learning Program

During the student free day on Friday 3 September staff were involved in professional learning on our teaching programs and practices. We began the process of curriculum review for subject areas and year levels as well as continuing the work to develop our pedagogical framework.

Essentially we are working together reviewing and re-developing what we are teaching and how we are teaching it.

This is very exciting - we recognise this is a couple of years work to really embed properly though we are determined our curriculum and teaching practice will be of a high quality across the school.

### Subject Counselling – SACE Course Confirmation

Students entering Years 9, 10, 11 and 12 in 2022 undertake subject selection and course confirmation processes this week. After listening to subject information students along with their parents attend subject selection and course confirmation meetings with home group teachers and subject counselling staff. It is through this process we endeavour to assist students to choose subjects that support their needs, interests and give them the best opportunity to be successful.

### PAT Testing

Progressive Assessment Testing is taking place over the next three weeks. Students in Years 3 to 10 are taking progress tests in reading and maths to determine how they are travelling in their learning programs and what areas need further attention.

### **RRHAN** Training

On Monday 30 August staff participated in the mandatory Responding to Risks of Harm, Abuse & Neglect (RRHAN) training. Every three years staff refresh this training to keep children and young people safe.



Nigel Gill Principal



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# ROAD SAFETY

We have received reports of near misses where children have walked/run in front of cars on Brunel Drive and Ladywood Road in the past couple of weeks causing drivers to brake suddenly.



We would like to remind parents and students to please use the school crossings/pedestrian crossings when arriving at and leaving school to ensure everyone's safety on the roads.

## THE HEIGHTS SCHOOL PRODUCTION LAST CHANC *New dates and times!* don't miss out! Tickets on sale from the Finance Office now. THE HEIGHTS' PLAYERS PRESENTS THE HEIGHTS SCHOOL Preschool - Year 12 PERFORMING ARTS SPACE BRUNEL DRIVE, MODBURY HEIGHTS modernised/directed by costumes b performed by MRS SALLY PUTNAM MRS KIRSTY HATCHARD THE HEIGHTS' PLAYERS musical direction/choreography by props/scenery by MRS BETH SZTEKEL MRS CHARISA SANDERS September 2021 dates: **WEDNESDAY 22ND 7PM** THURSDAY 23RD 7PM FRIDAY 24TH 7PM ADULTS \$10 - CHILD/CONC. \$5, **Government of South Australi** ignite 🥖 FAMILY SZS (2 ADULTS + 2 CHILDREN) 6.3 Limited ticket availability Available from the Finance Office or at the door (EFT)

# FATHER'S DAY STALL 2021

During Week 6 this term the Father's Day Stall was held over two days providing all our students with the opportunity to purchase a gift for their dad or a special male in their life.

It was great to see our students supporting each other, chatting about the gifts they chose and who they were buying it for. It was wonderful to see so many smiling faces!

The Father's Day Stall is a collaboration between our school and members of The Heights School Volunteer Partnership. We are very appreciative and would like to thank the following volunteers who were able to help - Hannah Allen, Michelle Dunn, Jo Bolderoff, Karen Thompson, Mandy Leventis, Christina Huang, Melinda Dai and Renee Baker. They all did such an amazing job!

We were also lucky to have some extra help from staff. Thank you to Felicity Barty, Maria Parry, Aaron Murray-Raschella and Sean Krauter for their help, in particular their quick wrapping skills.

Our teachers and SSOs also deserve a big thank you for bringing their students to the stall and supporting them throughout the event. It's a real joy watching everyone interact and just have fun.

We hope everyone enjoyed Father's Day.

Gjuzide Apat, Community Liaison

## HEALTH CHECKS

This term the Aboriginal Education Team coordinated with the Aboriginal Health Service - Watto Purrunna to conduct ear and eye health checks for our Aboriginal students under the age of 8.

The program targets ear canal and eardrum health, seeing how well the eardrum is moving and how well the child's hearing is going. It also checks teeth, gums and eyesight.

Aaron Murray-Raschella Aboriginal Secondary Education & Transition Officer

# ENROLLING NOW FOR PRESCHOOL 2022

# LET YOUK CHILD GROW WITH US

The Heights Preschool is an integral part of The Heights P-12 School. We provide an engaging and stimulating learning environment for children. Our philosophy revolves around play as a tool for learning. We encourage children to be curious and to seek answers through learning, underpinned by a partnership with family and the community.

If you would like your child to attend The Heights Preschool in 2022 please contact Dani Dunne on the details below.

 Email:
 Dani.Dunne687@schools.sa.edu.au

 Website:
 https://www.theheights.sa.edu.au/preschool.html















# ENTERTAINMENT MEMBERSHIP

### The Heights School is raising funds. Here's how you can help...

Support The Heights School! 20% of every Entertainment Membership sold goes towards fundraising.

There are no longer hard copies of the Entertainment Book. Digital membership is accessed by downloading the app and purchasing a 12 month membership at the following location:

#### www.entbook.com.au/1619k82

Membership is valid for 12 months and can start at any time.

The Entertainment Digital Membership can be shared with family members in your household on up to five different devices, but only one device can actively redeem offers at any one time.

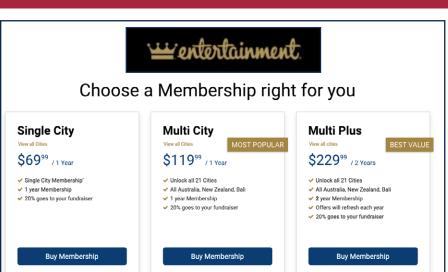
You'll receive hundreds of valuable offers for everything you love to do, and help our fundraising at the same time!

Entertainment Memberships have thousands of up to 50% off and 2 for 1 offers for dining, takeaway, activities, local shopping, travel and services in our local area. Entertainment is now 100% digital, so it's the best things about the iconic Entertainment Book are now on your phone.

Get out and about and support your local community at the same time.

We appreciate your support in helping our school raise much needed funds.





# Your Membership, your way!

Entertainment Memberships can start anytime – you'll always get a full 12 months of savings no matter when you purchase.^

### Discover your local community's best savings with the App!



**JBHIFI** 

FREEDOM

# **BOOK WEEK**

A huge thank you to all the staff, students and families who contributed to this year's Book Week activities.

The week concluded with an amazing "Character Trail" where we had a huge variety of participants emerge from our bookshelves!

Harry Potter and the Hogwarts Team really made an impact with their numbers.

Winners of our Art Competition will be announced at the next assembly.

The theme for next year has already been announced: #dreamingwitheyesopen

We are continuing to explore our short-listed books and sharing our literacy experiences with each other.

Ms Simpson Teacher Librarian















# YEAR 5 ADARE CAMP

Camp Reflection - P5

Day I On Monday of week 5, students from Year 5, teachers, I SSO and 3 volunteers travelled to Adare House in Victor Harbor by a bus. We got to Adare House at 11.00am then we ate are recess. After recess we got up to our rooms to unpack are pillows and sleeping bag. We all had to meet at Bethany hall. We made our tribe names; I was in the tribe called Dyno Kids. The other tribes were called Hot Potato, The Avengers, Chunky Chicken and The Sponge Bob Seaweed.

- Jonathan

When we were in our tribes it was time to walk to the beach for our first day of activities. The first one was getting water from the ocean in a bucket that





had holes. We had to run back as fast as we could without losing to much water and not letting go of the bucket. After the big bucket was fall, we had to dig a trench back to the beach for our water to flow down. Activity two we had to dig under a pool noodle that was stuck in the sand, each person had to crawl under the noodle without touching it. We could only dig from one side with five diggers at a time. If we touched the noodle we had to do 10 star jumps as a group. When we were all finished and very sandy we had to cover the hole back up. We walked back to Adare and got to have afternoon tea and hot showers.

- Patrick

On camp we had lots of fun doing activities such as the Flying Kiwi and the Amazing Race. My favourite one was the Flying Kiwi where you got pulled up by a group of people, you choose a run or the elevator. With the elevator you got to stand still while a group of people pulled you up slowly by walking. The run was when you got to run while the group of people ran the other way, resulting in you going flying up and swinging! The Flying Kiwi was by far my favourite activity.

- Fin

Once we had finished the flying kiwi, it was lunch time! We had pizza subs and they were really good! I took my dishes over to the dish tray, then headed over to the Hall. I found that my tribe

had the most points, so that felt good. My third activity was the survivor challenge, you had to put tennis rackets down but they could only touch the floor if we were stepping on them so that made it harder. Our objective was to get to the middle island. There was also another part where you had to place crates and planks to get across to the island. - Allyshia





On Day two we all woke up, talked about how our sleep went, got dressed and rush to the dining room. Once we finished eating we went to the Bethany hall prepared



to come back exhausted. I did the Flying Kiwi, Shelter Building and the Challenge Course. They were all very enjoyable and challenging. For dinner we had chicken breast, peas and carrots. I thought it was delicious. Once we got back we all had showers and watched a movie [Cloudy with A Chance of Meatballs]. At nine o'clock most of us went to sleep but the others stayed up. - Verena

### **P6** Reflections

On Monday 16th of august, we went to camp! It was really fun and we were there for 2 nights and 3 days. First, we got allocated to our dorms. Straight after that we had our recess. Then, as everyone finished their recess, we were all introduced to the beyond limits staff. They ran all of our activities at camp. After we got to know the staff, we had free time then we went to the beach for some activities and afterwards we went on a night walk.

On the second day, we did some tribal games and we named our tribes. I was in tribe 5 and our name was the 'chunky chickens.' After that we did a few challenges and my favourite and my favourite things to do were the amazing race, beyond limits relay, shelter building and survival challenge. I highly recommend it and I would definitely go back if I can.

- Stella

Camp was an amazing opportunity to have an enjoyable time working with our friends to complete activities to earn points for our tribe. Later we discussed what tribe we were in and started doing tribal activities. The beach activities were very fun and entertaining but when we got messy it was real race to see who could reach the showers first. The food was delicious especially dessert on Monday, we had ice-cream. There was a variety of meals to choose from and the good thing was that all of them were yummy!

Movie night was especially and extremely fun night. Everybody was snuggled up in their cozy sleeping bags, munching on sugary snacks. It's unbelievable that nobody went hyper after eating a large amount of sugar. I would definitely recommend going there again as the fun we had there is a memory that will never be forgotten - Rehat

# YEAR 5 ADARE CAMP (CONTINUED)

The Year 5 Adare Camp was amazing! When we reached, the Beyond Limits crew introduced us to the area then we went into our rooms and unpacked. The food had been incredibly good till, my favourite highlight of the day was definitely the flying kiwi. A person is harnessed to one side of the rope and the others pull the rope back, when they pull the harnessed person goes up in the air.

On Wednesday, our last activity was the amazing race with the amazing Sam! After our activity we went back to the crew with our luggage to find out who had won Tribal camp activity. They revealed the points and SpongeBob Seaweed came in 1st place, we won! We got into the bus and went home and I was really excited to tell my family about my amazing journey.

- Babur

Year 5 camp was fun. The staff were nice but my favourite was Sam because he was cool. My favourite activity was the flying kiwi because when it was my turn my friend told me to dance so I did the floss, after my turn I stated pulling when I was pulling I guessed Sam's age first time. In conclusion I strongly believe that people should go there because there are so many fun activities. - Mitchell

I had a great time at the Year 5 Adare Camp. We played games at the beach. We did so many activities. All the food was delicious. That was the best camp I have ever been on. My favourite food was the chicken breast. The movie night was awesome I enjoyed it a lot. At the movie night we got to eat lollies, that is why it was so fun. I really want to go back to the camp.

- Thomas

On the 16th of August, all the Year 5s got on a bus to go to Adare campsite in Victor Harbor for Year 5 camp. We spent 3 days and 2 nights at Adare. The next day was jam-packed with fun activities for us, some of the activities were: The Amazing Race, The Flying Kiwi, Shelter Building, The Survivor Challenge and The Challenge Course. The Flying Kiwi was amazing!!!

It was very sad leaving camp, but my tribe WON CAMP!!!! We won bragging rights as well as delicious cupcakes. Camp was fun but it was good to get home. Overall camp was one of the best experiences I've ever had. - Abby

### **P7** Reflections

On Monday we went to Adare camp site in Victor Harbor. We left school at nine o'clock in the morning and travelled by bus. We went with both of the other year five classes, our teachers and some volunteers who usually help around the school. When we got there, we all got to go to our dorms and unpack before our first activity at the beach. In my dorm I had Alisha, Yasmin, Fiona and Samiha. - Rachel



My favourite meal has to be the Spaghetti Bolognese that they served for dinner on the first night of camp. When it was dinner time they escorted us inside the Adare House and into the Dinning Room. It was a massive room. It had long, wooden dinning tables on a wooden floor. The walls were concrete and painted a pail grey. Also, there was a little stone statue in every top corner. We were selected by table groups to go grab our food. We waited in line for our meals. The options were Spaghetti Bolognese, Carbonara or a Vegetarian option. As soon as we finished our food, we had dessert which was ice-cream, then went back to our dorms. - Patrick

At camp they kept us very entertained and the tribal leaders did fun activities with us! Some of the activities were making huts,



obstacle courses and more. My favourite activity at the camp was definitely the Flying Kiwi. It was where one person was in a harness attached to two wooden poles reaching 13 metres high. This person was called the kiwi. Then other people hold onto a rope attached to the kiwi's harness. Those people were called the pirates.

The pirate's job was to run or walk with the rope so the kiwi could shoot into the air. There were two types of the flying kiwi, there is the 'elevator' where the kiwi stays still and the pirates walk to two sets of cones located near the end of the field. As they start to walk to the cones, the kiwi slowly lifted up to the 13 metre poles and had to try to do their best dance in the air. The other version of the flying kiwi was the swing, it was where the kiwi would run one direction and the crew would go the opposite. As the kiwi started to run, they would take their last step and suddenly blast into the air.

- Lance

I loved hanging out with my friends in my dorm. We had a great view, we had a series of windows along the side wall and we could see lots of interesting things because we were on the first floor. We would always close the curtains so that our room stayed nice and cool and would lay down on our bunk beds. We would always make each other laugh and it was fun. When we had a bit of free time, we would tell spooky stories but they would always end up being funny.

- Saanvi

I really enjoyed the movie night on Tuesday, which was Cloudy and a Chance of Meatballs 2. All the children went to Bethany Hall and all the teachers let the us bring snacks for the movie! Even though the movie was good, everyone wanted to squish at the front to get the best spot.

- Cienna

Camp was amazing. With so many great activities, food and free time. I had so many of my friends there to enjoy it with and I had an awesome time. Camp is my favourite moment of Year 5 so far.

## SAPSASA EVENTS

#### Tennis:

On 27 July, the Year 6/7 SAPSASA Tennis team competed at the TTG District carnival. Eighteen students competed throughout



the day with a mix of experienced and beginners participating. All students had a terrific day competing against other schools and learning about the sport. Some stand outs throughout the day were: Vikram Rajaram (pictured) winning all of his matches on the top ranked court and Jaebeen Lee competing brilliantly on a high-level court in her first experience in organised matches.



### **Girls Football:**

On 31 July, the Year 6/7 SAPSASA Girls' Football team competed at the TTG Carnival at Pertaringa Oval in Banksia Park. We took a team with mixed experience with most girls new to the game. We were placed in a competitive Division 1 and had 5 competitive matches throughout the day. Some highlights from the day were Jasmine Phillips kicking a terrific goal in the first game and Liana Cherian competing with terrific tenacity in all matches.

**District Soccer and Hockey Representatives:** Over the past fortnight we have had students from Year 6/7 selected to represent the Tea Tree Gully District at the state SAPSASA carnivals for soccer and hockey.

Harjas Singh (Year 6) was selected to represent TTG at the hockey carnival at Grange Hockey Club. Congratulations Harjas on this terrific achievement and opportunity to represent the district.

Additionally, we had four students selected to represent the TTG district at the state soccer carnival at West Beach. Ruben Natividad-Zjerfan and Louis Morgan (pictured) were selected to represent the Year 6 Boys' team, both scoring in their first game competing in a challenging Division I. Zharfan Mohammed Abiddin was selected to compete in the Year 7 Boys' team, scoring 4 times throughout the week. Elsie Siddall was selected to compete in the Year 7 Girls' team having some excellent matches in the midfield throughout the carnival. Congratulations Ruben, Louis, Zharfan and Elsie on this outstanding achievement and opportunity to represent the district.









# VISTA YEAR 8/9 BOYS 9-A-SIDE AFL CARNIVAL

On Monday 23rd of August our Year 8/9 Boys 9-a-side AFL team competed against other schools at The Heights School. The conditions throughout the day were challenging, ranging from sunny, to hail. However, the boys started off the day with a good win against The Avenues. From here, they met some strong opposition in Charles Campbell



College, Banksia Park International High School and Parafield Gardens High School. After the minor rounds, the team finished in 4th place, playing against the top team for a spot in the final. A good start meant the team was in it at half time, however, they were run over the top of by the opposition in the second half. We eventually played off for third, but were quite tired after a lot of game time throughout the day and ended up losing to finish the day in 4th place. Thank you to Tyler Crowhurst for umpiring on the day.





Nick Schild, Sports Coordinator

### COMMUNITY NOTICES



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