



Canteen Menu

THE HEIGHTS 2022

DAILY SPECIALS

MONDAY - Lamb or Chicken Yiros \$5.90

Other specials may include

- Meatball Subs \$5.90
- Hot Dog (B, O, C) \$5.60

TUESDAY - Deep Fried Chips
Bucket \$4.20
with Gravy \$5.00

Other specials may include

- Sweet Chilli Chicken Wrap \$5.90
- Baked Potato (with ham, cheese & pineapple) \$5.90

WEDNESDAY - Nachos \$5.00
- Pasta \$5.90

Different Pasta each week

- Bolognaise
- Carbonara
- Spaghetti Meatballs
- Lasagne
- Ravioli

Other specials may include

- Cottage Pie \$4.00
- Quiche \$4.00

THURSDAY - Hot Tray \$5.90
(Oven baked chips & nuggets or chicken tenders & gravy)

Other Specials may include

- Butter Chicken \$5.90
- Stir Fry's \$5.90
- Curries \$5.90
- Honey Soy Chicken \$5.90

FRIDAY - Burger Day \$6.00

Different Burger each week

- Caesar Chicken
- Beef
- Mexican Beef
- Hawaiian
- Chicken Parmi

Other specials may include

- Fried Rice \$5.50
- Cheese Kransky \$5.00
- Mash & Gravy \$2.50



Making healthy choices for Australian schools