

## ISSUE HIGHLIGHTS:

- Reconciliation Week
- Defence Force Leadership Day
- School Beat Band
- Year 7 & Year 9 Visual Art

*Pictured: Year 7 Visual Art 'Infinity Apples' - see article on page 6*

## DIARY DATES

*Please check the parent calendar via our website for any last minute changes to scheduled events.*

25-27/5	Stage 1 Outdoor Education Camp "Deep Creek"
27/5-3/6	Reconciliation Week
1/6	Year 10 Debating Round 2
1/6	SA School Sport- Year 7-12 Girls Netball
3/6	SA School Sport - Year 7-12 Football
3/6	SAPSASA TTG District Soccer
8/6	Year 9/10 Girls State-wide Netball
9/6	Senior Boys State-wide Soccer
9/6	SA School Sport Cross Country
10/6	<b>PUPIL FREE DAY</b>
10/6	Year 12 Formal
13/6	<b>PUBLIC HOLIDAY - Queen's Birthday</b>

## 2022 PUPIL FREE DAYS/ SCHOOL CLOSURE:

Term 2	Friday 10 June (Week 6)
Term 3	Monday 25 July (Week 1)
	Friday 2 September (Week 6)
	Monday 5 September (Week 7) - School Closure Day
Term 4	Thursday 15 December (Week 9)

[Click here](#) to view our online calendar

## CONTACT

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 /heightsschool



Government of South Australia  
Department for Education

## PRINCIPAL'S MESSAGE

Nigel Gill will be in a short term acting position as an Education Director in the Gawler area for the remainder of the term. I will be fulfilling the role of Acting Principal while Nigel undertakes the short term role. After working closely with Nigel over the last few years I am looking forward to continuing his work with The Heights staff and students. We wish Nigel well during the remainder of Term 2.

### Academic Awards

The Year 7 to 9 Academic Awards Assembly was held in Week 3. It was good to be able to gather as a group again and acknowledge students' achievement from Term 1. Assemblies for Year 10 to 12 will also occur in the coming weeks. It is always great to see many students recognised for commitment to their learning and achieving positive outcomes.

### Parent Teacher Interviews

Our first online R to 12 Parent Teacher Interviews were held in Week 2. These were a success with positive comments from parents and teachers.

### NAPLAN

Students in Years 3, 5, 7 and 9 have been working through the online National Literacy and Numeracy Tests. 2022 has seen The Heights have its largest student participation in NAPLAN. 21 classes were involved this year. An increase of 4 from 2021. We are pleased to say no major technology glitches occurred and we are expecting the remainder to be completed without issue by the middle of this week.

### National Volunteer Week

National Volunteer Week ran from 16-23 May. The Heights School community is extremely fortunate to have a wonderful team of volunteers that work tirelessly to provide support to our school, enhancing the learning environment for our students. We are truly fortunate to have many volunteers and I would like to take this opportunity to thank each of them for their contribution. Last Friday a small recognition event was held to thank them.

### Reconciliation Week

Next week, 27 May – 3 June is Reconciliation Week. The theme is 'Be Brave. Make Change'. There will be a whole school P-12 virtual assembly on Monday, 30 May to acknowledge National Sorry Day and Reconciliation Week. We embrace this as a time for our students to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

## REMINDERS:

### PUPIL FREE DAY

Friday 10 June 2022

### PUBLIC HOLIDAY

Monday 13 June 2022

(Queen's Birthday)

### Year 11 Outdoor Education

Wednesday to Friday this week our Stage 1 Outdoor Education class will be on a bushwalking camp at Deep Creek. The class has been planning for this camp as part of the course and will now embark on 3 days of bushwalking, putting the skills they have learnt into action. We wish them a great camp and look forward to hearing of their journey when they return.

### Re-Engineering Australia Subs in Schools Challenge

Last week a group of four students from Year 11 took part in the Australian Subs in Schools Challenge national finals held in Melbourne, Victoria. This was a composite group made from the three sub teams that competed last year as Year 10s. In 2021 they came 2nd in the state final. Students were supported by engineers from SAAB that worked with them on a fortnightly basis.

This year the students have been training, preparing and innovating to improve the subs performance, as well as working on their marketing display and Engineering and Enterprise portfolios for judging. This was all done in their lunch times this year.

The students were accompanied on the trip by staff members Tom Cridland and Alison McNeill. The team won The Bosch Award for Excellence in Team Branding and received 3rd Place in the Submarine Class.

Congratulations to all the students that contributed in 2021 and to the following students for representing The Heights at the national finals:

• Kaksha Vyas	1106
• Yashwanth Gunasheelan	1107
• Aprilia Oon	1107
• Vatsal Thakkar	1107

Please see the next newsletter for an article written by the students.

### Reminder and Advanced Notice

Our next staff professional development / student free day is scheduled for Friday, 10 June.

### Community Support

It has been a time of grief for our school community with the tragic passing of 2 members of our Year 12 cohort. I would like to sincerely thank our staff, students and wider school community for the support they have given to each other during this time.



As a school we extend our sincere and deepest condolences to the families on their loss.

**Meg Fay**  
Acting Principal

## CONTENTS

Student Wellbeing.....	2
Nationally Consistent Collection of Data .....	2
Reconciliation Week..	3
Reconciliation Awards.....	3
National Volunteer Week 2022 .....	4
Defence Force Leadership Day.....	4
Stage 2 Society and Culture .....	5
School Beat Band .....	5
National Athletics Championships.....	5
Year 7 Visual Art.....	6
Year 9 Visual Art.....	7
Community Notices ..	8

### STUDENT WELLBEING

When experiencing grief it is important that people allow themselves time to grieve and understand that it is okay to express the emotions that they are experiencing. It is important to grieve in a manner that allows for remembering and still feeling connected to the person who has passed away whilst also learning how to adjust to the changes that have occurred.

Taking care to look after ourselves, such as having regular meals and showers, and undertaking some gentle exercise, such as walking, can help with grief management. Setting aside a period of time each day to grieve can be useful. This time can be used as an opportunity to express and acknowledge emotions or could be a time to meditate. Keeping a diary, and writing down personal feelings and memories of the person who has passed away, is a good way to self-reflect and to remember the person that has passed away and how important they were. Keeping a diary can also be a useful tool in assessing the grief processes, and to raise awareness of how this will change over time.

Finally, talking helps people to process thoughts and emotions. It can be helpful to talk to friends and family about the situation, or other support people. The Heights community is a strong one, and together we will work through tough situations to become better people.

*Daniel Brzezinski*  
*Student Wellbeing Leader*

[headspace.org.au](https://headspace.org.au)

[kidshelpline.com.au](https://kidshelpline.com.au)



### NATIONALLY CONSISTENT COLLECTION OF DATA

#### Nationally Consistent Collection of Data on School Students with Disability

All schools are required to collect information about the numbers of students that they provide adjustments to under the *Disability Discrimination Act (1992)* and *Disability Standards of Education (2005)*. This data is used as the basis for national funding.



**Nationally Consistent Collection of Data**  
School Students with Disability

This process will occur in Term 2 and 3 involving the collection of the number of students receiving adjustments to enable them to participate in education on the same basis as other students; the level of adjustment provided to students; and where known, the student's type of disability.

**Under the Collection model, the definition of disability is broad and includes learning difficulties, health and mental health conditions.**

If your child is identified for inclusion in the Collection, the required information about your child will be included in this year's data collection.

If you have any questions about the data collection, please contact Laura Tambe or Nathan Elliott at The Heights School on 8263 6244. Please click on the following link for further information:

[Fact sheet for parents, guardians and carers - Nationally Consistent Collection of Data \(nccd.edu.au\)](https://nccd.edu.au)

## RECONCILIATION WEEK

Reconciliation Week (Friday 27th May - Friday 3rd June) is fast approaching and this year's theme is 'Be Brave. Make Change.' Significant milestones that led to Reconciliation Week are the successful [1967 referendum](#), National Sorry Day and the [High Court Mabo decision](#).

**The 26th May** is National Sorry Day. This day is also known as Journey of Healing Day. This day is significant for all Australians as it is a special day of commemoration for the Aboriginal people that were part of the Stolen Generations. By learning about the past and showing empathy, we can move forward into the future without repeating past mistakes.

Between 1910 and the 1970s up to 100,000 Aboriginal children were forcefully removed from their families and placed into homes, missions or foster care. These children are known as the Stolen Generations. Even though the forced removals of children officially stopped in the 1970s, there are many members of the Stolen Generation that are still alive today, along with their children and grandchildren. Many of these people including Aboriginal families here at The Heights still do not know their families or where they came from.

**The 27th May 1967** saw Australia's most successful **referendum**, more than 90 per cent of Australians voted to give the Australian Government power to make laws for Aboriginal people and recognise them in the Census. Prior to the referendum, Aboriginal people were not considered citizens of Australia and were only counted within the 'flora and fauna' of our nation. Unfathomable!

**On 3 June 1992** the Australian High Court delivered the Mabo decision, the culmination of Eddie Koiki Mabo's challenge to the legal fiction of 'terra nullius' which means (land belonging to no one) and leading to the legal recognition of Aboriginal people as the Traditional Owners and Custodians of lands. This decision paved the way for Native Title.

*Reconciliation must be in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.*

**Aaron Murray-Raschella**

*Aboriginal Secondary Education & Transition Officer*



## RECONCILIATION AWARDS

Deacan Franey was one of this year's recipients of The Dame Roma Mitchell scholarship presented to him during the Department for Education Chief Executive Reconciliation Awards in Week 3.

The Dame Roma Mitchell scholarships are intended to help support Aboriginal students to complete SACE with funding over two years that will be awarded to the successful students.

The awards afternoon was held on Friday 20 May in the Crystal Room, Stamford Plaza. Here, families and staff saw the 12 successful students from across the state presented with their awards followed by afternoon tea.

**Aaron Murray-Raschella**

*Aboriginal Secondary Education & Transition Officer*





## NATIONAL VOLUNTEER WEEK 2022

National Volunteer Week provides the opportunity to recognise and thank the volunteers who continue to selflessly donate their time supporting our school in various ways.

To celebrate this event and the importance of their role as school volunteers, a morning tea was held last week where our Acting Principal, Meg Fay and Business Manager, Vicki Cook came to personally thank those who were able to attend.

The integral part volunteers play within our school community by helping with cooking lessons in the Stephanie Alexander kitchen, returning books on the library shelves, sewing costumes for school productions such as Wakakirri, listening to students read, mentoring students, assisting on camps or excursions, working and maintaining pedal prix race vehicles, helping with lost property - all tasks undertaken whether big or small makes a huge difference to our students and school. Our sincere thanks and gratitude are sent to all our volunteers. It takes both sides to build a bridge and we couldn't do it without you.

*Gjuzide Apat, Community Liaison*

**NATIONAL** 16-22 MAY 2022  
**VOLUNTEER**  
Better Together **WEEK**




**INTERESTED IN BECOMING A SCHOOL VOLUNTEER?**

WE NEED YOU! Volunteers have an integral role at The Heights School. Please contact our Community Liaison on 8263 6244 or email [dl.1430.volunteers@schools.sa.edu.au](mailto:dl.1430.volunteers@schools.sa.edu.au) for more information.



## DEFENCE FORCE LEADERSHIP DAY

On Friday 13 May 2022, two female students; Emma Crawford (Year 12) and Swati Kashyap (Year 11) along with Ms Navi Khokhar (Year 11 Leader) attended the Defence Force Leadership Day for future female leaders. The full day conference was held at the Defence Force Recruiting Centre, Pulteney Street, Adelaide.

Two female students from our school who identify as having great leadership qualities or potential were nominated along with a teacher to attend this conference. The day included presentations, workshops and group activities focusing on values, communication, positive thinking, planning and resilience. The conference was concluded with a Q&A at the end of the session with current serving members of the Navy, Army and Air Force.

*Navi Khokhar*  
*Year 11 Leader*



## STAGE 2 SOCIETY AND CULTURE

### Save the Children

As part of the Stage 2 Society and Culture class we will be hosting a donation drive for Save the Children.

Save the Children is one of Australia's largest aid and development organisations with an aim is to improve healthcare, the quality of education for all children, protect children from violence and safety during emergencies, and you can get involved. **Our donation boxes are located in the BF Common Area, MF Common Area, Resource Centre and Front Office.**

**We will be collecting donations up until the 10th of June.** The items that can be donated are listed below.

**Anything donated MUST be in good and/or working condition:**

- Clothing, footwear and accessories
- Toys, books, CDs, and DVDs
- Cots, porta-cots and cradles
- High chairs, prams or strollers
- Household items
- Small electrical items such as lamps or toasters
- Bassinets, play pens, walkers



### Catherine House

Catherine House is a vital part of the South Australian community, supporting over 3000 people with meals, showers, healthcare and several other services. Your donation will allow for others to develop an understanding of the issues that lead to homelessness in order to respond with empathy for women experiencing homelessness rather than judging the woman for her predicament. To aid the centre, a group of students from the Year 12 Society and Culture class will be completing the Homelessness Challenge to raise funds for Catherine House. This challenge will include a 24 hour fast with a 1km walk for every \$20 donated.

Catherine House relies on the support of the community to ensure we can continue to provide much needed crisis and longer-term accommodation and support services. **You can support the work of Catherine House and make a positive difference in the lives of many women by fundraising using the link below!**

<https://catherine-house-community-fundraising.raisely.com/theheightsschoolyear12homelessnesschallenge>

Donations close 12/06/22, 8pm.



## SCHOOL BEAT BAND

We were so lucky to have the SA Police 'School Beat Band' visit The Heights on Thursday, 12 May to perform to the Reception to Year 6 students. It's been a long time since we have had such a treat to have a live performance. The students had a great time, especially enjoying the renditions of Katy Perry's 'Firework'. There were lots of giggles when the band played the 'Bluey' theme song which all students secretly recognised but some of the older ones were too cool to admit!

*Mrs Beth Sztekel, Arts Learning Area Leader*



## NATIONAL ATHLETICS CHAMPIONSHIPS

Congratulations to Tryphena Hewett (Year 11) who competed in the National Athletics Championships in March at Sydney Olympic Park Athletics Centre. She was very successful in her efforts, winning silver in both Under 18 High Jump (1.77m) and Under 20 Pole Vault, jumping an impressive 3.45m. Tryphena has now been selected to represent Australia in the Oceania Championships in June, taking place in Mackay. Good luck Tryphena!





## YEAR 7 VISUAL ART

### 'Infinity Apples' - created by 703 in Ms Dawson's Visual Art Class

Students were inspired by Yayoi Kusama's art career, specifically responding to her work *'THE SPIRITS OF THE PUMPKINS DESCENDED INTO THE HEAVENS'* that is currently on display at the Art Gallery of South Australia. Students learnt about Kusama's use of pattern, colour and texture to produce their own class display titled *'INFINITY APPLES'*.

Below are some photos of the making process and the students' final works – on display in the BF Common Area for all to view!





## YEAR 9 VISUAL ART

### 'My room, my castle'

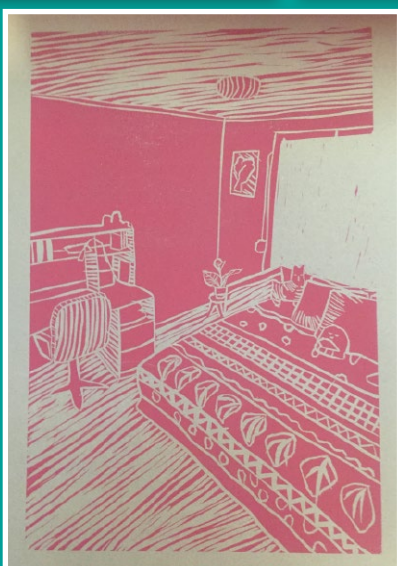
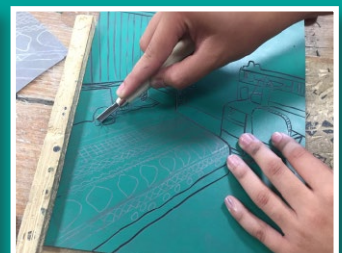
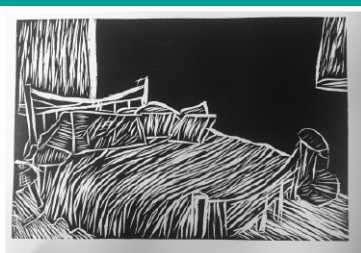
This Semester I have been instructing Year 9s in various techniques: drawing, lino-cut printmaking and ceramics. As the term goes by, my students are rapidly improving and entering the classroom happy and eager to be challenged. Considering their success (see pictures below), I am hoping to display their artwork in a future exhibition.

The theme of the printmaking technique was 'My room, my castle'. This represents each student's personal space. In the concept and execution of recreating their own room, they revealed their unique personality. Again, the shading technique (replicating the marble of Michelangelo's statues) was a great achievement and result.

My theme for this term will be 'Animal World' and I am eager to support my students in their creating. Having such enthusiastic students makes my job very enjoyable.

Well done Year 9, I am proud of you all.

*Ms Petra Dolezalova*





## COMMUNITY NOTICES

**GIRLS ROCK! ADELAIDE PRESENTS**

# ROCK CAMP

A week long holiday program for girls, all trans youth, and gender-diverse youth ages 10-17

**KAURNA YERTA 11-16th JULY 2022**


**GIRLSROCKADELAIDE.ORG**

GOOD WOOD COMMUNITY CENTRE

Auspicious Arts Projects, Music Development Office


**Scouts SA Comedy Capers Gang Show**

**TICKETS PLEASE! CAPERS ON RAILS**



**HEWITSON THEATRE - STARPLEX**  
25th - 26th May 2022

TICKETS VIA WEBSITE - [WWW.COMEDYCAPERSGANGSHOW.ORG.AU](http://WWW.COMEDYCAPERSGANGSHOW.ORG.AU)  
OR CALL SUE ON 0402 972 437



Northern Adelaide Local Health Network

## Aboriginal Traditional Healing Service - Ngangkari

Traditional Healers are essential for the physical, social, emotional and cultural health and wellbeing of Aboriginal and Torres Strait Islander People.

**Appointment Bookings**

For a referral to see a Ngangkari, please speak to a staff member today. Referrals can be made by any of the following:

- > Doctor
- > Aboriginal Health Practitioner
- > Aboriginal Hospital Liaison Officer
- > Social & Emotional Well Being Staff (inc Social Worker)
- > Nursing and Midwifery Staff
- > Allied Health professional



The **minimum age** to access a Ngangkari is **16 years old**.

Once a referral has been made, the Clinical Unit Support Officer will contact you to book an appointment.

Appointments are available at all four Watto Purrunga sites on the dates below.

<b>Maringga Turtandi</b> 1 Gilles Crescent HILLCREST Tel: 7425 8900	<ul style="list-style-type: none"> <li>Thurs 19 May</li> <li>Thurs 28 Jul</li> <li>Thurs 20 Oct</li> </ul>	<b>Wonggangga Turtandi</b> 11 Church Street PORT ADELAIDE Tel: 8240 9611	<ul style="list-style-type: none"> <li>Mon 27 Jun</li> <li>Mon 19 Sep</li> <li>Mon 14 Nov</li> </ul>
<b>Muna Paiendi</b> Corner Mark & Oldham Roads ELIZABETH VALE Tel: 8182 9206	<ul style="list-style-type: none"> <li>Thurs 19 May</li> <li>Thurs 28 Jul</li> <li>Thurs 20 Oct</li> </ul>	<b>Kanggawodli</b> 16-22 Clements Street DUDLEY PARK Tel: 8342 2250	<ul style="list-style-type: none"> <li>Tues 31 May</li> <li>Tues 23 Aug</li> <li>Tues 13 Dec</li> </ul>

For more information

Watto Purrunga Aboriginal Primary Health Care Service  
11 Church Street  
Port Adelaide SA 5015  
Telephone: 8240 9611

[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)

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This document has been reviewed and endorsed by NAJIN CAC\* for consumers and the community 08 May 2022.

Northern Adelaide Local Health Network Consumer Advisory Council

Health  
Northern Adelaide  
Local Health Network

PRESENTED BY FULLARTON PARK COMMUNITY CENTRE



## ANXIETY IN CHILDREN

**FREE Parent Education Seminar by Madhavi Nawana Parker**

Madhavi will teach simple, practical ways to help your children cope better with anxiety and stress. Madhavi's ideas will encourage happiness, resilience and wellbeing in your family.

**Madhavi Nawana Parker** is a widely published Author of Confidence, Resilience, Wellbeing and Social Emotional Literacy books who has worked with families and schools for over two decades. She is Director of Positive Minds Australia. [www.positivemindsaustralia.com.au](http://www.positivemindsaustralia.com.au)

**Monday 30 May 2022, 7-8.30pm**

Fullarton Park Community Centre  
(Use Rear Foyer Entrance)  
Bookings essential as places are limited:  
phone 8372 5180 or email [pdale@unley.sa.gov.au](mailto:pdale@unley.sa.gov.au)

**BOOKINGS ESSENTIAL DUE TO COVID 19 RESTRICTIONS. NUMBERS WILL BE LIMITED, PLEASE ADVISE US IF YOU ARE UNABLE TO ATTEND AS THERE MAY BE A WAIT LIST. QR Check ins and masks may apply.**



Funded by Dept., for Communities and Social Inclusion

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[unley.sa.gov.au](http://unley.sa.gov.au)  
[facebook.com/fullartonparkcentre](https://facebook.com/fullartonparkcentre)

THE CITY OF Unley