

ISSUE HIGHLIGHTS:

- **BATYR Mental Health Program**
- **Adelaide International Guitar Festival Competition**
- **Music News**

Pictured: SALA Art Exhibition (see details on flyer on page 3)



SALA

ART EXHIBITION AT
THE HEIGHTS SCHOOL

**OPENING NIGHT
MONDAY 8 AUGUST**

DIARY DATES

Please check the parent calendar via our website for any last minute changes to scheduled events.

4/8	Stage 2 Food & Hospitality Excursion 'Love, Stephy' Group 1
5/8	Year 10 Excursion - 2022 Science Alive & Women in STEM Day
5/8	Stage 1 Outdoor Education Rock-climbing Excursion
6/8	Pedal Prix Round 4 (Open/Student Category)
8-19/8	SALA Art Exhibition
8/8	SALA Exhibition Opening 5pm
9/8	Governing Council Meeting 6pm
9/8	Stage 2 Food & Hospitality Excursion 'Love, Stephy' Group 2
11/8	Wakakirri Performance Day
12/8	Year 10 Immunisations (MenB Dose 1 or 2)
12/8	CANCELLED: SAPSASA TTG District Girl's Football
12/8	SA School Sport- Year 9 & 10 Boys & Girls 3v3 Basketball
12/8	Stage 1 Outdoor Education Rock-climbing Excursion
16/8	SA School Sport- Year 11 & 12 Boys & Girls 5-A-Side Soccer
17/8	Year 12 English Excursion - 'Chalkface'
17/8	Year 10-12 Digital Media/Creative Arts Excursion - CDW Studios

Click here to view our online calendar

CONTACT

The Heights School
Brunel Drv, Modbury Heights SA 5092
Ph: (08) 8263 6244
Fax: (08) 8263 6072
E: dl.1430.info@schools.sa.edu.au
www.theheights.sa.edu.au

f /heightsschool



Government
of South Australia
Department for Education

PRINCIPAL'S MESSAGE

Welcome to Term 3. This term we welcome some **new members to our teaching staff**: Isaac Beckmann will be teaching Primary Science behind Bronwyn Allan, Andrew McPhee will be covering a Year 9 HPE class and Harry Carine joins us in Maths.

August is a busy month at school with **Arts August, SALA Art Exhibition, Book Week, Science Week** and the **Year 5 Camp** all taking place. We look forward to these events and acknowledge the work that takes place to organise them.

This term **enrolment offers for secondary school** will be sent to the families of our Year 6 students. It is important for you to know that not all schools will send out their enrolment offers at the same time, but they will be sent between 10-12 August 2022. Most families will receive their offer via email. If you think you have not received your enrolment offer from your secondary school, you need to check your junk folder for an email from education.noreply@sa.gov.au.

For Students Leaving The Heights School for Year 7:

If you did not provide an email address on your Registration of Interest form, you will receive your enrolment offer in the mail or it will be handed to you by your child. If your enrolment offer has not arrived by 18 August, please email Michelle Crush on dl.1430.transition@schools.sa.edu.au and we can follow up on your behalf. If you need support to accept your enrolment offer, it is best to contact your allocated secondary school and they can step you through the process.

For Students Remaining at The Heights School for Year 7:

If your child is currently enrolled at The Heights School for Year 6, you will not need to complete new enrolment forms for Year 7. Please advise us of any changes to personal details by completing a change of details form available via our website or the front office.

The **subject selection process for 2023** takes place this term for Years 8 to 11 students. This is an important process to inform the classes for 2023. The key dates and information will be communicated to students in Home Group and Personal Development sessions. For parents, information will be communicated via email. If your email address has changed complete a change of details form available via our website or the front office.

September is another busy month with **PAT Testing, R U OK? Day, Year 10 Art Camp, Year 11 Outdoor Education Camp, Year 6 Aquatics** and our **Year 7 Camps** all taking place.

A reminder that **Governing Council provides support** to our student achievements by providing a small donation to contribute towards expenses involved with interstate travel and accommodation for state team selection and representation or its equivalent. Parents of students who are excelling in a particular area are invited to let the school know of individual achievements. If you are interested in



letting us know and would like to see if your child is eligible please email the Principal's Assistant Dani Dunne on dani.dunne687@schools.sa.edu.au

Meg Fay
Acting Principal

CONTENTS

Annual Parent Survey	2
Pupil Free Days/ School Closure Day ...	2
Year 10 Vaccinations	2
Resource Centre.....	3
SALA Art Exhibition ...	3
BATYR Mental Health Program.....	4
Adelaide International Guitar Festival Competition.....	4
Music News.....	5
Community Notices.....	5-6

ANNUAL PARENT SURVEY

You're invited to complete the 2022 annual Parent Survey, which is now open.

In the week beginning Monday 1 August you will receive an email or SMS from the Parent Survey Team with a unique link to participate in the survey.

If you did not receive an email or SMS with your unique survey link, contact education.ParentSurvey@sa.gov.au and include our school's name in your email.

The survey takes less than 10 minutes and will help us understand:

- What we're doing well
- Where we can improve
- What's important to you.

It has been coordinated centrally so that added administration workload isn't placed on the school.

Your answers will not identify you or your child. Only collated feedback will be provided to our school.

Information collected will inform school improvement planning and activities at the school.

The survey closes 5pm Sunday 28 August.



PUPIL FREE DAYS/SCHOOL CLOSURE DAY

Pupil Free Days

Term 3: Friday 2 September 2022 (Term 3, Week 6)

Term 4: Thursday 15 December 2022 (Term 4, Week 9)

School Closure Day

Term 3: Monday 5 September 2022 (Term 3, Week 7)



YEAR 10 VACCINATIONS

Parents and caregivers are reminded that nurses from the TTG Immunisation Clinic will be attending the school on Friday, 12 August to provide the scheduled Year 10 vaccination, dose two of Meningococcal B, to participating students.

Please remind your students to eat breakfast and ensure that students wear short sleeve tops under their other layers of clothing.

Please contact the Immunisation Clinic directly on 8397 7444 if there have been any changes to the details previously provided on your Consent Card or if your child will be having a COVID-19 vaccination with 7 days before or after the school immunisation clinic.

Kellye Rowe

Treatment Room

RESOURCE CENTRE

Book Week 2022: "Dreaming with eyes open..."

Book Week is fast approaching! Make sure you have **Week 5** highlighted in your diary - 20-26 August.

Years 4 and 5 begin with a live performance "Story Quest" on Friday 19 August. The other Primary Years will be watching an online performance on Wednesday 24 August. Letters have been sent home to parents/caregivers. Both performances are based on stories created from this year's shortlisted titles.

A major feature - the **Book Week Parade** - will take place on **Thursday 25 August**, starting in the courtyard at 9:15am. Students can come to school dressed as their favourite character.

Various activities will take place during the week including "Shadow Judging" for this year's shortlisted titles and many other activities that encourage a love of literacy.

Overdue Books

Please return any Library books that you have at home that belong to the school. Students need to be responsible for the books they borrow and need to check their bags, trays, lockers, home (including under the bed!) and also on the shelves in the Library.

Books that are not returned or are damaged need to be paid for but this should only happen if a massive search fails to find them!

Premier's Reading Challenge

Thank you to everyone for their assistance with the PRC. Many forms have already been completed. A reminder that students in R-2 submit a class sheet while students from Year 3 and above need to give their completed form to their class teacher. Any extra sheets can be handed in at the Library desk.

The very last day to submit is September 9.


Please go to the website: www.prc.sa.edu.au if you would like more information or contact me in the Library.


Reading is dreaming with your eyes open ...

Ms Simpson, Teacher Librarian



FREE EVENT



SALA 

Art Exhibition

at

THE HEIGHTS SCHOOL

Brunel Drive, Modbury Heights
Technologies Building, Visual Art Area



Annual student and staff P – 12 Art Exhibition

Opening Night

Monday 8 August

From 5:00pm – 7.30pm

Refreshments served upon arrival

BATYR MENTAL HEALTH PROGRAM

During the last weeks of Term 2, the Year 10 and 11 students had the second instalment of the BATYR mental health program. Continuing on from last year's introduction program, this year the focus was 'Look out for your mates'. Students received information and advice from several speakers to help understand the role that stigma plays and how to better support their friends. Students gained confidence in supporting their friends through an open conversation about the fears and hopes that may come up when worried about others. Students walked away from the sessions having learnt how to start a conversation with a friend, how to maintain their own boundaries, and what role they can play in longer term support.

Some feedback was collected from students after the program, this includes:

- 89% of students reported being more likely to seek help if they needed it.
- 88% of students said they felt engaged or very engaged.
- 96% of students thought 'Look out for your mates' helped them feel more equipped to look out for and start a conversation with their mates.

What the student said:

- "I believe that after hearing from BATYR I would be more open to talking to friends as I have ideas of what to say"
- "Because I have been struggling with my anxiety, I feel like this experience has shown me that it is ok to open up"
- "I think I will be able to start a conversation with my friends because they won't judge me or I won't judge them"
- "Hearing from someone who's experienced issues with mental health highlights the importance of looking out for your mates"
- "It's very relatable, and I would be glad to not only help myself but a close friend as well"
- "First I was scared to start a conversation with my friends, but now I can"
- "The presentation made me feel more comfortable to share my feelings"

In 2023 BATYR will return to The Heights School for the next instalment of the program.

Daniel Brzezinski, Student Wellbeing Leader



ADELAIDE INTERNATIONAL GUITAR FESTIVAL COMPETITION

Connor Whyte wins 2022 Adelaide International Guitar Festival Competition

The Heights School Old Scholar, Connor Whyte, at the tender age of 19 years, became the first South Australian to win the Adelaide International Guitar Festival Competition. This competition commenced in 2010 and is adjudicated by a panel of 10 national and international judges with finalists from Russia, Italy and Australia.

Connor began Instrumental Music tuition in a group of eight in Year 5 at The Heights School and continued through to Year 9 before accessing individual private lessons. He performed with the Primary Schools' Guitar Ensemble for two years and The Heights Senior Guitar Ensemble for five years to the end of Year 12. His teacher throughout this time was Ian Seaborn, with four years private tuition from Andras Tuske and 18 months at the Elder Conservatorium with Dr Oliver Fartach-Naini.

This is the most lucrative and prestigious award in the Southern Hemisphere with a first prize of \$10,000, a Jim Redgate guitar valued at \$23,000 and a concert at the 2023 Festival.

Connor is to be congratulated on his amazing achievement.

Ian Seaborn (IM Classical Guitar teacher) and Beth Sztekel (Arts Learning Area Leader)



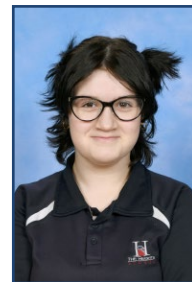
Ian Seaborn and Connor Whyte

MUSIC NEWS

PSMF Choir 2022

It is with great pride that we congratulate Gemma Thamm (601) for her success in gaining a vocal solo for this year's Primary Schools' Festival of Music. Gemma was one of 4 students from The Heights School who auditioned, and we would like to congratulate all of them on their preparation and efforts.

The Heights Primary School Music Festival choir has been rehearsing since early in Term 1, under the direction of Rebecca Howard. They are excited to be performing at the Adelaide Festival Theatre on Saturday 17 September, 2022. Tickets go on sale on Monday 8 August through Ticketek.



Gemma Thamm

The Heights Music Recital

As part of Arts August, we will be presenting our Music Recital on Thursday 1 September 2022 in the Secondary Performing Arts space. This event will showcase our class ensembles, instrumental groups, PSMF choir, extra-curricular ensembles and soloists. You are warmly invited to support our talented music students on this evening from 6.30pm.



Jenni Stam
Music Teacher

COMMUNITY NOTICES



KELLY SPORTS WEEKENDER




BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU

INFORMATION FOR PARENTS

WEEKENDER PROGRAMME

This program gives children skills and confidence in a fun and enjoyable environment. It also encourages enthusiasm, participation and life skills that such involvement brings, giving confidence to join sports clubs and teams in the future. Sessions will be facilitated under a COVID-19 safe environment.

- ✓ Skills based intro to sport
- ✓ Sports equipment to KEEP!

8 WEEK PROGRAM FOR \$125 incl. GST
OR redeem your \$100 Sports Voucher and pay only \$25

LOCATIONS

Adelaide - Gilles St Primary School
Blackwood - Blackwood Primary School
Brighton - Paringa Park Primary School
Hallett Cove - Hallett Cove School
Mawson Lakes - UniSA Mawson Lakes Sports Centre
Nailsworth - Nailsworth Primary School
Norwood - ICA Sportsworx Stepney
Seaton - Seaton Park Primary School
Wynn Vale - Keithcot Farm Primary School

DAY

Sunday
Sunday
Saturday
Sunday
Saturday
Sunday
Sunday
Saturday
Saturday

SPORT

Basketball
Basketball
Basketball & Soccer
Soccer
Basketball
Basketball
Soccer
Soccer
Soccer

SESSION TIMES

4 - 6 year olds - 10:00am to 10:45am
7 - 9 year olds - 10:45am to 11:30am

TERM 3 DATES

When: Saturday or Sunday
Commencing: 6th & 7th August 2022
Concluding: 24th & 25th September 2022

To enrol and/or redeem your sports voucher discount, register online at www.kellysports.com.au. Payments can be made online at www.kellysports.com.au or by EFT to Kelly Sports Adelaide Metro BSB 035 045 A/C No 342581. One voucher for every primary school aged child per calendar year (4 year olds ineligible) www.sportsvouchers.sa.gov.au.

Website: kellysports.com.au/events
Email: ianbarnes@kellysports.com.au
Bookings & Enquiries: 0421 888 400
Facebook: #KellySportsAdelaide

KELLY SPORTS
BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU

COMMUNITY NOTICES

WHO'S in CHARGE?



Does your child hurt or intimidate you?
Do you feel you are losing control?
Do you want to handle conflict better?



Reclaim respect and calm in your family

The Who's in Charge? group is an 8 week program for parents or carers of young people (8-18) who are beyond control, violent or defiant.

This is a FREE program

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

Next Group: Thursday's commencing 4th August for 8 weeks, 9:30am to 12pm

Where: The Parks Library, Community Room 1, 46 Trafford Street, Angle Park

For any queries or referrals please call: Trevor: 8405 6862 or Centacare: 8215 6700

An initiative of Reconnect, City of Port Adelaide Enfield and Centacare Catholic Family Services



BRINGING UP Great Kids

il nido Children's Centre
22 Campbell Rd,
PARADISE SA
83653839

FACILITATOR: DEI GRIFFITH

A reflective parenting program that offers parents a fresh way to understand and build on relationships with their children.

Start date:
Thursday 11th August
Finish date:
Thursday 22nd Sept

Time: 6 - 8pm

COVID safe refreshments provided.
Tea and coffee available

For any enquiries, please call
Jane on
83653839



Register through Eventbrite



Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible


Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

 Stacey Hall

 stacey.hall@thesmithfamily.com.au

 0417 048 689

DELIVERED BY



everyone's family

Find out more
at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

Northern Districts Baseball Club



COME & TRY + PRESEASON TRAINING



Senior Men ages 15+
Sundays starting 7th Aug 10am

Senior Women ages 12+
Sundays starting 14th Aug 1pm

Juniors up to 15 years
Sundays starting 14th Aug 1pm




at NDBC Walkley Park, Fairfax Road, Ingle Farm

Looking for a new sport? Try Baseball!



ndbcjuniors@outlook.com

 @ndbaseballclub