The Heights School NEWSLETTER

ISSUE 14 | 15 September 2022

> Educating young minds

> Serving our community

> Instilling values and embracing our future



THE HEIGHTS

CHOOL Preschool - Year 12

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The Heights School has received in excess of **\$13 Million** over the past three years. Major redevelopments include two architecturally designed buildings incorporating state of the art furniture and equipment in addition to refurbishment of existing learning spaces. These facilities will provide a modern and contemporary learning environment which will inspire innovation and spark curiosity.



Go Together

A Fair Go Have a Go, Go Hard, Keep Going!

ISSUE HIGHLIGHTS:

- Capital Works Project Official Opening
- Year 5 Camp Adare
- Year 10 Science The Month of August
- Year II Awards Assembly Term 2

Pictured: Year 10 Science

DIARY DATES

Please check the parent calendar via our website for any last minute changes to scheduled events.

13-16/9	Year 10 Art & Photography Camp	
14/9	Year 10 Debating Semi Finals	
16/9	Festival Choir Rehearsal	
16/9	Preschool Artefact Lesson Incursion Group 2	
17/9	Festival Choir Performance	
19-21/9	Year 7 camp (701, 702, 704)	
21/9	Year 6 Aquatics Day (601 & 604)	
22/9	PUBLIC HOLIDAY - Day of Mourning for Her Majesty Queen Elizabeth II	
22/9	Year 6 Aquatics Day (602 & 603) – POSTPONED until Term 4, Dates TBA	
24-25/9	Pedal Prix Round 6 (24 hour event)	
24/9	Year 10 Debating Grand Finals	
26-28/9	Year 7 camp (703, 705, 706, 707)	
28/9	Year II Street Smart Excursion	
30/9	Last Day Term 3 – 2.05pm dismissal	

PUPIL FREE DAY

Term 4

Thursday 15 December (Week 9)

Click here to view our online calendar

CONTACT

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www.theheights.sa.edu.au





RESCHEDULING SCHOOL EVENTS ON THURSDAY 22ND SEPTEMBER 2022

Due to the upcoming Public Holiday on Thursday the 22nd of September adjustments have been made to the following events:

Year 7 Camp

Originally it was planned for 3 consecutive camps to occur, spanning across all of Week 9 and the start of Week 10. The camp planned for the second half of Week 9 (Wednesday - Friday) has now been split to join the two other camps.

- · Home groups 701/702/704 will now be attending camp from Monday Wednesday Week 9 (19th-21st September)
- Home groups 703/705/706/707 will now attend from Monday-Wednesday Week I0 (26th-28th September).

Details of these changes will also come out via a letter. After receiving the letter if you have any further questions please don't hesitate to contact the school for further information.

Year 6 Aquatics

Aquatics is postponed until Term 4 for classes 602 and 603 As soon as we have revised dates for these classes, families will be notified.

Any questions, please contact Jimmy Dimou, Pierce Seymour or Jessica Goldstone (Year 6 teachers).



Her Majesty Queen Elizabeth II.

This means schools, preschools and OSHC services will be closed on that day.

School events held on this day, including camps and excursions, will be rescheduled or cancelled, where an alternative isn't practical. Your school or preschool will contact you about effected events.

We understand this may cause inconvenience for you and thank you for your flexibility.

Schools and preschools will remain open and operating as usual outside of this day.

We seek your support in ensuring that your child attends school on Friday 23 September. and is able to continue their learning program, unless they are unwell and unable to do so

Further information about South Australian observances for the death of Her Majesty the Queen can be found at https://www.dpc.sa.gov.au/observances

Yours ever

Met world

Martin Westwell CHIEF EXECUTIVE September 2022



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CAPITAL WORKS PROJECT OFFICIAL OPENING

Friday 26 August, our \$10 Million Building Better Schools redevelopment was officially opened by Honourable Blair Boyer, Minster for Education, Training and Skills who unveiled a plaque commemorating this major Capital Works investment.

Guests in attendance were welcomed by Principal, Nigel Gill, who outlined why this redevelopment was so important to the growth of The Heights School. Mr Blair Boyer followed with a very positive address about The Heights and its reputation as a school of high quality and demand.

Following the speeches, guests explored P Block, viewing classrooms and shared spaces before heading to the new Gymnasium, taking in the international size court and state-of-the-art technology before gathering for light refreshments and high-spirited discussions.



Governing Council Chairperson - Jim Rouse, Principal - Nigel Gill, Acting Principal - Meg Fay, Member for Makin - Tony Zappia and Minister for Education, Training and Skills, Member for Wright - Honourable Blair Boyer

CONGRATULATIONS

Congratulations to Katie S (Year 5) who recently competed in the South Australian 12 and Under School Golf Event and was named the 2022 State Champion!!!

Furthermore, Katie has also been selected in the South Australian 12 and Under State Team, and will compete in the School Sport Australia 12 and Under National Championships in Canberra later this year! What an awesome achievement!



YEAR 5 CAMP ADARE

Camp Reflections: 501

Advik: Camp was an amazing experience, and it was a great opportunity to make some new friendships. We went on the 22nd of August and came back at 24th of August. At camp, we first had a 2-hour bus ride to Adare. Then after that, we got to see our dorms and set up, and had lunch. We then did our tribal activities, figured out our tribe names and had dinner. Then we slept.

On 23rd of August, we woke up and got ready for the day ahead. We then did our tribal games and split into our tribes to do our activities. Afterwards we did activities like flying kiwi, survival challenge, beyond limits relay and much more. Then we had dinner and we slept.

Jordan: On Monday 22 August we set off to Victor Harbor. After we got there, we sat down in the Bethany Hall and ate our recess. Afterwards we found our rooms and had our lunch. We then had free time for a while and played our games because the weather was not good for the rest of the day. We had dinner and stayed in our dorms until the movie and went to bed.

On Tuesday we woke up and had breaky. The day before we also named our tribe, and I was in Cocomelon. Some of us went to the beach and completed activities. We came back to the camp after we had lunch and did some more stuff. Later we went on a night walk and went to bed. On Wednesday, we woke up and completed survivor and team-based activities which were enjoyable. We left Adare at 1:30 and arrived back at school around 3:30.

Riddhi: We left school at 9:00. The bus ride was 2 hours long. I had a lot of fun at camp. First, we had recess then we got located to our dorms. After we unpacked and got our bed ready, we went back to have our lunch.

The next day we finally got to do some activities. My tribe was number 7 and we named our tribe the Tigerz. The activities we completed were the amazing race, beyond limits relay and a survivor challenge. On the last day my tribe got to do the flying kiwi and it was really fun. We left back to school at 1:30 and enjoyed a nice bus trip back to The Heights.

Manreet: We left for camp at 9:00 am and arrived at Adare camp at about 11:00 am. Then we got our luggage and started unpacking. A bit later we had lunch and some snacks. Then we did some indoor activities later that day we had dinner and dessert then we watched a movie and went to bed.

The next day we had breakfast and then my tribe did the flying kiwi where you got lifted 30 metres from the ground - it was amazing! Later that day we went to the beach and did some activities and had

a snack. We then went back and had a shower, then had dinner, went for a night walk and went to bed. The next day we did our last activities. My tribe got to do the amazing race and the tribal games relay. We had lunch and some dessert and then we came home. It was the best time ever.



Camp Reflections: 502

Louie: At camp we did lots of challenging activities. We ate lots of good food. The most challenging activity was The Amazing Race. You first had to throw bean bags on top of wood and then the activity person gave us 40 questions in total and whichever team comes out with the most questions answered wins The Amazing Race. I would add a bit more free time with our friends and a few less activities. The most enjoyable part of camp was definitely the flying kiwi. One thing I learnt about camp is to not take showers at 4:30 am in the morning.

Vanditha: We went to Adare camp for 2 nights and 3 days in Victor Harbor. When we got there, we met the staff and made up our tribe names. My tribe name was Tribe Cocomelon. For each challenge, each tribe would win points. The camp food was delicious, my favourite dish was the chicken wrap they made. The most enjoyable thing about camp was the activities. My favourite activity was The Amazing Race because I loved running around trying to find the answers to questions. The beach was also very fun because we got to play in the sand and do challenges.

We had a movie night and watched *Hotel Transylvania* while stuffing our faces with lollies and snacks. At the end, Tribe Shadow Phoenixes won. When we had to leave camp, it was very sad but I was joyful to see my family again. I would recommend going to camp as it is very fun to spend time with your friends and to do fun activities outside.

Nysa: My favourite activity was definitely 'The Flying Kiwi' because we went 13 metres in the air and just hung there while watching the beautiful view



of Victor Harbor. One of the most challenging activities was the 'Survivor Challenge' as our tribe had to lead the blindfolded person through obstacle courses. Another really challenging activity was the 'Beyond Limits Relay' as we had to do multiple activities to win the relay and our tribe WON the activity so that gave our tribe up to 800 points. The food in Adare Camp was amazing especially on Wednesday as we had a burger with filling that was our choice. Overall camp was an amazing experience and I doubtlessly want to go again!

YEAR 5 CAMP ADARE

Caitlan: Year 5 camp was an amazing experience. I wouldn't change a thing. We went to Adare Camp for 3 days and 2 nights. The food there was delicious and the activities were exciting. One activity I really enjoyed was the flying kiwi. We were harnessed to a rope hat could hold 1000kg and were swung 30 meters into the air. At first, I was a little bit petrified, but after I got used to being in the air, it was really fun. During camp, my friendships grew stronger and my cooperation skills got better. If there was another opportunity for a camping trip, I would definitely attend.

Chiruhas: It was an amazing camp! All the Year 5s stayed at Adare Camp for 2 nights and 3 days. There we did so many activities. The best activity was the Challenge Race where we need to find the code and move onto the next question. For lunch we had a wrap and ice-cream as dessert. It was so tasty. The most challenging activity was the race between tribes. There are four stages and the tribe that comes first gets points for their team. There was a movie night and that was everyone's favourite because we got to munch on our delicious treats.

It was an awesome experience for me and I hope we go camping again!!!

Aisha: Year 5 camp was my first ever camp and was an extraordinary time. Even though we had to leave our parents and siblings behind we all had a fun time. I was in a dorm room with 8 people including myself with lots of my friends getting ready for our tribal games including flying kiwi, amazing race, survivor challenge and lots more. My favourite game was flying kiwi because I overcame my fear of heights.

We got to eat lots of scrumptious foods like chicken wraps and chicken schnitzel with gravy. Our tribe came third which was a huge improvement because from two games we were last but we all tried our best.

Camp Reflections: 503

Tayla: We left the Heights School at 9 o'clock on Monday the 22nd of August 2022 to go to Adare Camp. On the bus we did lots of different things, some kids played bang bang shoot, others played chopsticks, or talked amongst themselves. Once we got to camp, we took all of our luggage out of the truck and put it under marquee. We couldn't unpack when we got there because the cleaners were still working. We ate our recess instead and then we were set off to unpack. When we finished unpacking we met up in the Bethany Hall and got started on our first activity, but because it was too wet we did inside activities.

Jordan: The Flying Kiwi is a contraption where there is someone who gets harnessed up on a long rope 13 metres in the air! The person who is harnessed up is called the Kiwi because Kiwi's can't fly and the people that make the Kiwi fly are called the Pirates. The Kiwi runs I way and the Pirates run or walk the opposite way. The walk is like an elevator going straight up and the run is like a swing but moving up. I really liked this tribal activity. I would suggest this for people who love heights or people who like elevators or just someone who likes swings.



Ari: On Monday night, it was movie night! So, everyone grabbed their snacks, lollies and warm items. Then everyone went to Bethany Hall and selected their spots. Jordan and I sat together under my blanket. We watched Hotel Transylvania which is a fantasy about monsters and a monster's birthday! We ate our snacks and watched the movie, I gave it around 4.5-star rating because I loved the humour. When it finished we went back to our dorms. We brushed our teeth and went to bed.

Raidon: My favourite thing at camp was definitely the night walk on the second night. I chose my friend, Tyler to be my walking partner so we could talk. I liked that when we walked, the huge waves crashed loudly on the beach. Tyler and I

had to share my torch because his was broken. The walk was about

half an hour long to get to the destination, the nature playground. We got to play cops and robbers with the other classes and after about twenty minutes of playing we headed back to the camp site.

Anya: On the last day of camp, we were doing the amazing race which is when your tribe gets divided into four groups. For the first challenge there were four boxes from smallest to largest and you and your team had to throw bean bags and land them on top of each box. On the first box you had to throw four bean bags on the second one you throw three the third one you throw two and the last and biggest one you throw one. However, if you dropped a bean bag you had to start again. After we finished that, the teacher

gave us a question and we have to go around Adare house to find the answer. My team and I did six questions in the time.





YEAR 5 CAMP ADARE

Sanvi: In conclusion, camp was a blast as all my fellow class mates have said. We used a lot of team work for all the challenges, the flying kiwi was the best and I know that many of my class mates will agree. It was so fun that I didn't want to leave! But then again, I did really want to see my family.



Camp Reflections: 504

Dhyana: We all loaded our luggage into the mini bus. I couldn't believe it. It was the day everyone had been waiting for. The Year 5 camp at Adare House, Victor Harbor. We all said farewell to our parents and boarded the bus. The view on the way was amazing! When we arrived there, we were shown around. We were then allocated dorms. From my dorm, I could see the beach.

Emma: The three days were all full of fun activities with friends. My favourite one was the Flying Kiwi. There was a person in a harness attached to a rope and a group of people would pull the rope from the other end and the person in the harness gets lifted up into the air and gets a beautiful view of Victor Harbour. Overall, Adare Camp was an extraordinarily enjoyable time that will never be forgotten.

Pietro: On the last day, we did a few activities and saw which tribe won camp. My tribe came 5th and the Shadow Phoenixes won. We

Our thank you

We would like to thank all of the teachers and of course the camp organisers for their time and for making sure that we had a fun camp and a safe trip. We would like to thank Mrs Ravi, Miss Loch, Mrs Arnold, Mr Turnbull and Mr Weir.

A special mention and thank you to our wonderful parent volunteers who accompanied us on camp: Meagan Southam, Tanya Le Couteur, Mandy Leventis and Matthew Tomney as well as Tom

Jarvis for coming along and helping out at camp.











CDW Studios Excursion

The Heights School

Seventeen aspiring Digital Artists journeyed into town on Wednesday 17th August to visit CDW Studios. We had a tour of the facilities, viewed their SALA Exhibition of current and past students and staff work and engaged in a drawing activity with one of the Studio

lecturers. Our students were astounded that such a treasure-trove of artistic goodness was hidden at the top of the Myer Centre and were all in their element imagining what they could achieve if they studied there. CDW Studios in conjunction with Flinders University offer a Bachelor of Creative Arts (Visual Effects and Entertainment Design) as

well as a variety of short courses. It was a timely excursion with subject selection and career pathway discussions looming and gave them food for thought.





Beth Sztekel

Valanga Khoza Performance

Year I and 2 students were delighted by the storytelling and traditional South African music performed by artist Valanga Khoza on Tuesday 30th August in the new Gym. Khoza spoke of his childhood in South Africa and how he and his friends would make music with their hunting instruments whilst waiting to catch an animal. He told a story based on his book *Gezani and the Tricky Baboon*, and some tall tales about the origin of the goatskin used to make his kora and ngoni (guitar-like instruments).









Beth Sztekel

Music Recital

Arts August came to a fabulous end with the Music Recital on the evening of the 1st of September. There was standing room only as over 130 performers in the Year 5 and 6 Festival Choir, Years 9-11 Class ensembles, guitar, percussion and ukulele



ensembles as well as the secondary choir put on an entertaining and eclectic program for an appreciative audience. Year 12 soloists Aimee Wilson and Allycia Angeles gave our junior musicians something to aspire to, and the vocal ensemble of Allycia, Amelia Sanders and Maddison Sanders sang the tales of Henry VIII's wives with humour and personality. We congratulate each and every student for the many hours of rehearsing put in to share with our school community, with a specific shout-out to Amelia Sanders for assisting in the technical side of the show.

Many thanks go to Instrumental Music Staff Tom Hart (percussion), Tasso Bouyessis (vocals), Adam Nanou (strings) and Ian Seaborn (classical guitar), as well as Charisa Sanders and Bec Howard for preparing the ensembles. Events like this are a team effort, and the extra support of those, as well as The Heights Arts faculty is much appreciated.

Jenni Stam, Secondary Music Teacher











YEAR 9 STUDENTS ARTWORK EXHIBITED AT GALLERY 1855

As you will see from the attached flyer, the *Future You* exhibition at Gallery 1855 opens to the public from 5th October. Of the three schools chosen to exhibit, The Heights is the only public school.

It was an honour for my Year 9 students to be selected, and their resulting artworks represents their creativity and diligence. Reflecting on the theme of *Future You*, students created lino prints of their bedroom - the place from which dreams emanate. Please make time to come along and experience the fantastic artwork created by the Year 9 students.

I hope to see you there.

Petra Dolezalova, Visual Art Teacher



Gallery 1855 Local schools exhibition Future you

See an incredible range of artworks created by year 7-12 students from The Heights School, Pinnacle College, Torrens Valley Christian School and Pedare Christian College who present their artistic impressions of the future.

Wednesday 5 October - Saturday 5 November 2022

Gallery 1855, 2 Haines Road, Tea Tree Gully Open Wednesday – Saturday, noon–5pm Closed public holidays and during exhibition changeover Enquiries: arts@cttg.sa.gov.au





TEA TREE GULLY Naturally Better

Images (clockwise, L–R): Dani Nur Hamizan Mazwardi, The bliss of a beating heart! (detail of digital collage); Isabella Sauerwald, My Room, My Castle (detail of lino cut print); student Aimerance Ruigira planning a self portrait; Josiah George, Future Deer (detail of Modroc sculpture)



NAVAL SHIP BUILDING CAREERS PRESENTATION FOR YEAR 10 AND 11 STUDENTS

The NSC is an Australian Government initiative designed to help students to start their career in Australia's Naval Shipbuilding Industry. \$183 billion is being invested and over 15,000 jobs created. NSC are training young people with lots of different skills to work in wide range of roles.

On Monday, 12 September 2022, experts from various fields of the Naval Ship Building industry were invited to share their lifetime experiences that helped them to make career choices. They correlated with our students by



sharing similar anxieties and confusions they all had about career choices as teenagers. The only way to find a solution to these confusions was to follow your interests, "do what you like to do and find a career in it".

They unfolded the ample career opportunities in Ship Building which cater for all students including; Engineering, Trades, Project Management, Supply Chain and Support. We look forward to having more presenters who can connect with our students and share their experiences with us.

YEAR 10 SCIENCE - THE MONTH OF AUGUST

Science Alive

Year 10 students attended Science Alive at the Adelaide Showgrounds. With over 80 stalls to explore, the students had plenty of opportunity to talk with a range of industries about potential career pathways. In particular, our students interacted well with the following industries:

- (i) Defence industry where they learned how drones are implemented in real world situations;
- (ii) Australian Space Discovery Centre students explored the life of an astronaut in space and the Mars rover. Students were even able to test their skill at driving a rover on a simulated Martian landscape;
- (iii) Sustainability industries students observed the process of water treatment and how electric vehicles work;
- (iv) Entertainment Industry students were able to immerse themselves into another reality through VR and interact with Daleks.

Several of our students joined a challenge to build the strongest tower. Their tower withstood weight up to 500g and even though it was not the strongest, all students had fun participating.

The Adelaide Planetarium Visit

This term, 1006 and 1007 have been learning about Earth Science during their Science lessons, in particular the stars and our universe. To consolidate student learning, students visited the Adelaide Planetarium, where they experienced a tour of our galaxy that explored our solar system during a night sky presentation led by an experienced astronomer. This was a wonderful experience for the students as they were able to transfer their knowledge from the classroom to real world.

University of South Australia STEM Challenge

This term, 1006 and 1007 are participating in a state-wide STEM competition known as Revolutionary Resources. The focus of this challenge is managing resources and energy production. There are many factors the students must consider in this challenge, such as how can the elements from mineral ores be used in everyday life, how can they be extracted efficiently and transported safely.

We wish 1006 and 1007 the best of luck with this challenge and wait with anticipation for the final product.

Maria Provatas (1006) and Rebecca Nicholson (1007), Science Teachers





YEAR 11 AWARDS ASSEMBLY TERM 2

Congratulations to following Year II students on being awarded certificates for their phenomenal results in Term 2. The Principal's Award in Academic Achievement is awarded to students with grades in A band. The Outstanding Academic Achievement is awarded to students with grades in A and B band.

I am so proud of you all and look forward to see even more recipients in the next term.

Navi Khokhar, Year 11 Leader

Principal's Award:

- I. Kaksha Vyas
- 2. Aidan Hoffmann
- 3. Vatsal Thakkar
- 4. Yashwanth Gunasheelan

Outstanding Academic Achievement:

- I. Naishvi Patel
- 2. Deborah Baker
- 3. Katelyn Glover
 - 4. Tryphena Hewett
- 5. Kisa Tran

7. Reem Jamal

8. Jasmin Buttery

- 6. Gus Vojnovic I0. B
- 9. Han Ong 10. Ban Ong
 - II. Jeevas Andrews
 - 12. Mithuni De Silva
- Congratulations!
 - 13. Swati Kashyap
 - 14. Reannah Curl



























STAGE 1 OUTDOOR EDUCATION SEMESTER 2 UPDATE

The Stage I OE class for Semester 2 has been busy this term! The class attended two afternoons at Vertical Reality Indoor Rock-Climbing Centre, where they were put through their paces and trained to belay and effectively climb walls of varying difficulty. Students then completed a reflection on their individual and group growth during these experiences.

The class then started their preparations for the Term 4 Bushwalking Journey Camp. This has included a practice bushwalk at Anstey's Hill Recreation Park and completing their First Aid Training through the provider First Aid Pro. Students have also been developing skills in risk assessment and management, route planning and basic navigation. Stay tuned to see how the group goes on their camp in Week 2 next term!





YEAR 7-9 MIXED BADMINTON

On Friday, 19th August, Year 7-9 students from The Heights School competed against other schools in the Secondary School Sport Badminton Carnival at Cedar College. On the day, we had a total of

6 teams, spread out amongst 2 divisions. Many of the opposition teams provided great competition for our students to play against. In the end, we had some fantastic results, with the Division I Girls placing Ist and other teams making it to the finals, but unfortunately not winning. Well done to all involved!

Nick Schild Sports Coordinator





ESPRIT DRILL & DANCE



Jr. TEAM

A new season is beginning in September and we would like to welcome new members into our very successful team.

Our girls aged 7 - 12 train in the gym at the Heights school every Saturday.

For more Please Barb 0421631775



Information

Contact

Kuei

0467058503

COMMUNITY NOTICES

WHO'S CHARGE?



Does your child hurt or intimidate you? Do you feel you are losing control? Do you want to handle conflict better?

Reclaim respect and calm in your family

The Who's in Charge? group is an 8 week program for parents or carers of young people (8-18) who are beyond control, violent or defiant.

This is a FREE program

- The group aims to:
- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

Next group: Thursday's commencing 27 October 2022 for 8 weeks, 9:30am to 12pm Where: The Greenacres Library, Community Room, 2 Fosters Rd, Greenacres

For any queries or referrals please call Trevor: 8405 6862 or Centacare: 8215 6700

An initiative of Reconnect, City of Port Adelaide Enfield and Centacare Catholic Family Services









Season 2022/23 Starts Now!!

Tea Tree Gully Little Athletics Centre is inviting all children between the ages of 3-17yrs to join us for a Summer full of family, fun and athletics.

Information Night and Come & Try

When: Friday September 16th Where: TTGAC Clubrooms, Bulkana Oval, Banksia Park

Time: 6pm- 7:30pm.

Register for you free Come and Try now:

https://registration.resultshq.com.au/ CentreRegistration/CentreInfo/9ba7c35cf457-42ad-8358-29e8889f3957/

Join us for a short information session and then head out onto the oval to meet our coaches and learn about athletics and the events we offer.

Wear comfy clothes and get ready for action!

TTGLAC is all about.....

..... "Family, Fun and Fitness"

Check us out on FB, Instagram or our website www.ttgathletics.com.au



