

The Heights School

NEWSLETTER

ISSUE 9 | 19 September 2024

- > Educating young minds
- > Serving our community

REMINDERS:

LAST DAY TERM 3:

Friday 27 September

2.05pm Dismissal

FIRST DAY TERM 4:

Monday 14 October

> Instilling values and embracing our future



A Fair Go Have a Go, Go Hard, Keep Going! Go Together

ISSUE HIGHLIGHTS:

- R U OK? Day
- Science Week 2024
- Year II Physics Excursion
- Co2 Dragsters

Pictured: R04 R U OK? Day

DIARY DATES

Please check the parent calendar on our website or by using the link below. Please note that this calendar is continually updated and we ask that families check for school events from time to time. https://www.theheights.sa.edu.au/link/calendar

School Calendar

IMPORTANT DATES IN TERM 4

See the following page for important dates in Term 4.

PUPIL FREE DAYS:

Term 4 Thursday 12 December 2024 (Term 4, Week 9)

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PRINCIPAL'S MESSAGE

For our students undertaking Stage 2 subjects, the two week break between Term 3 and 4 will involve completing trial exams, workshops, completing tasks, independent revision and exam preparation, as subjects draw to completion. The end of the Year 12's school year and schooling is approaching. It will also involve the Year 12 Parade and Breakfast on Friday 25 October.

As mentioned in the previous newsletter, Term 3 has been a busy one. We have had subject selections for 2025 Years 9 to 12. Year 7 students have visited AFL Max. Our Stage 2 Outdoor Education students completed their final camp.

On Thursday 12 September we recognised R U OK? Day, with many staff and students wearing yellow in support. The courtyard was a bustling place to be at lunch time with lots of fun events taking place.

Way2Go Bike Education has been taking place with our upper primary classes. It provides practical bicycle education for students in primary years from Year 4 students up. Through the program students develop an understanding of the benefits of bike riding, basic bike skills, traffic awareness and safe decision making. Students have been enjoying this experience.

Each year as the weather improves more students begin riding to school on bikes and scooters.

I would like to take this opportunity to ask families to remind their children that bikes and scooters should not ridden when on school grounds, including before and after school. Students should walk their bike or scooter from the school gates through to the bike racks.

With the warmer weather it is great to see students enjoying the warmer mornings and sunshine in the yard with friends. Before we enter into Term 4, I also take this newsletter as an opportunity to remind our school community that supervision for students begins at 8.25am from Monday-Friday. Also, yard duty supervision finishes at 2.50pm on Monday and 3.25pm Tuesday to Friday. Our OSHC service runs before and after school. This service is accessed by a growing number of families. Our OSHC staff provide a program that involves students accessing school facilities before and after school. To assist us in the delivery of OSHC we request that families please leave the school grounds by 2:50pm on Monday and 3:25pmTuesday to Friday, unless they are meeting with a member of staff.

Teachers are undertaking report writing for Year 7 to Year 12. This will be completed by the end of the term. These reports will be available via Daymap by Friday Week I of the holiday break.

Good relationships within the school community give students a greater chance of success. There may be times when people have concerns or queries about what happens at school. If this happens, we would like to encourage an open dialogue with you. To hear your concerns and work out how to address them, we have an established grievance process.

(continued over)



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PRINCIPAL'S MESSAGE (CONTINUED)

Your child's teacher is usually your first point of call. The recommended way to contact staff members is via Daymap Parent Portal R-I2 (for Preschool to Year 6 Class Dojo is also an option) or via our school email: dl.1430.info@schools.sa.edu.au. Alternatively, you can contact the school by phone and speak to our reception on 8242 8900 and leave a message for the teacher.

Whilst staff are not always available immediately, they will be in contact as soon as possible. Further information can be located on our website <u>Raising & Resolving Concerns | The Heights School</u>.



Meg Fay Principal

INVITATION TO GOVERNING COUNCIL MEETING

Dear Parents/Caregivers

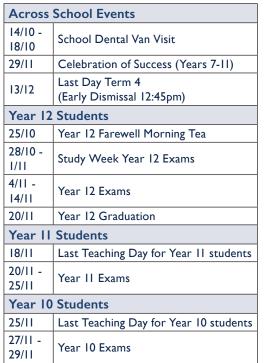
You are cordially invited to attend the Governing Council Meeting to be held at The Heights School on Tuesday, 29 October 2024 at 6:00pm in the Conference Room (Administration Building) where the Materials & Services Charges for 2025 will be included on the agenda for discussion. If you are unable to attend the meeting you are invited to send your views on the charges addressed to the Governing Council Chairperson via email dl.1430.info@schools.sa.edu.au no later than Monday 28 October 2024 to be presented at the meeting. Please be aware that legally, only

Governing Council members are eligible to vote on the changes.

Notice of charges for Reception to Year 6

Notice of Charges for Years 7 - 12

IMPORTANT DATES IN TERM 4 2024



	O Sewlew Boer					
Year 7-9	9 Students					
6/12	Year 6 to 7 Transition Day					
Primary Years						
28/10 - 1/11	Swimming Weeks (Reception-Year 5)					
18/11 - 19/11	Year 6 Aquatics					
19/11	New Reception Transition Visit I (Tuesday Group)					
21/11	New Reception Transition Visit I (Thursday Group)					
26/11	New Reception Transition Visit 2 (Tuesday Group)					
27/11	Primary Years Disco					
28/11	New Reception Transition Visit 2 (Thursday Group)					
29/11	Year 6 Celebration Assembly					
10/12	Primary End of Year Concert					

BUS TIMES FOR EARLY DISMISSAL

Please refer to the list below for early dismissal school buses for Friday 27th September.

Early dismissal date	Route	Start location	Early bus departure time	Finish location	Finish time	School early dismissal time
Friday, 27 September 2024	479	The Heights School, Brunel Dr	14:20pm	Stop 69 Womma Rd	15:22pm	14:05pm
Friday, 27 September 2024	929	The Heights School, Brunel Dr	14:15pm	Stop 60 Hamilton Rd	14:36pm	14:05pm

Services will also operate at the regular dismissal time as contracted by SAPTA.

FATHER'S DAY STALL

The Father's Day stall was held earlier this term and as always, is a buzz with lots of chitter chatter amongst the students, volunteers and staff as they discuss who they are buying their carefully chosen gift for and why.

This event relies on the support of our dedicated school volunteers to ensure everything runs smoothly. A heartfelt thank you goes to our amazing volunteers - Leah Hall, Chau Huynh, Helen Kidner and Barbara Wright for generously donating their time. We truly appreciate your contributions and exceptional stall and gift wrapping skills!

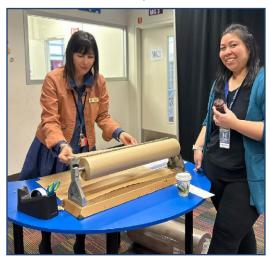


We were also lucky to have some extra help from staff - thank you to Felicity Barty, Yvette Hudson and Daniel Hosking. It was fun putting their wrapping skills to the test.

Our teachers and SSOs also deserve recognition for bringing their students to the stall and supporting them throughout the event.

A massive thank you to our families for supporting the event and we hope everyone had a wonderful Father's Day!













HIGH TEA

First ever High Tea hosted by Stage I Patisserie Students!

The Technologies team would like to invite all school community members to our inaugural High Tea event.

Students in Stage I Patisserie have been developing their skills and now want to showcase their cooking skills to customers. If you would like to come along to a relaxing afternoon and sample their food please head to Finance to purchase a ticket before end of term.

Any questions please contact Janna Lewis (Technologies Leader) via email janna.lewis565@schools.sa.edu.au.



R U OK? DAY

SRC

On Thursday I2 September, we celebrated R U OK? Day at The Heights School. It was a fantastic day, with the Student Representative Council organising and running a range of learning and events to bring the whole school together. Our Reception to Year 6 SRC students were very brave and organised to teach a lesson about R U OK? Day in their own classroom. They did a fantastic job! The lesson began by bringing their class together in a Yarning Circle, a tradition that Aboriginal and Torres Strait Islander peoples have been using for thousands of years to encourage communication, learning, respect and sharing of knowledge. They then shared information about why its important to look after each other and check in by asking "R U OK?" and finished with some mindfulness bubble breathing.

Our SRC students also ran a lunchtime Courtyard Fair, with face painting, craft and music activities. Thank you to all the students for your wonderful and positive participation. It was a wonderful to see our students and staff come together to celebrate.

As part of R U OK? Day, students were also encouraged to wear yellow and bring a gold coin donation to raise money for the Busking for Change fundraiser by the Indigenous Literacy Foundation. Busking for Change is a fundraiser by the Indigenous Literacy Foundation (ILF), developed by Josh Pyke to engage primary school students in a musical literacy and raise awareness about Indigenous languages. This year, our students have learnt the song, *Shordi Krik*, in English/Kriol, an Aboriginal language spoken in the Top End of Australia which will be performed at school this week.

The money our school community has raised supports more remote communities to access and create books in languages they speak at home. We thank all our families and our community for your support of such an important cause.

Suzanne lerace

Student Wellbeing Leader

Wellbeing Team

On Thursday September 12th we celebrated R U OK? Day. R U OK? Day exists to inspire and empower everyone to connect with people around them to start conversations with those around them who may be struggling. R U OK? Day encourages that you don't need to be an expert to reach out – just a good friend and a great listener.

This year as a wellbeing team we ran a number of activities to encourage students to participate in the day and to 'check in on one another'.

We ran a poster competition to encourage student participation. The posters were displayed proudly in the library during Week 8 and 9. We had many wonderful entries and four competition winners! Congratulations to Asees in 101, Hikaru in 404, Samar in 404, Aisha in 403 and Armandeep in 502 who won some R U OK? Day merchandise.

Our lunchtime program consisted of a range of activities that hundreds of students chose to partake in. These included face painting, loom bands, chalk drawings and finger knitting. Many students volunteered to help set up, pack up and volunteered their lunchtime to help students with activities.

With the help of our amazing Technologies team we had a new display of 'R U OK?' letters at the front of the school. The signs were a huge project and team effort headed by Jake Holt from Technologies and a few of his students.

The Heights School Wellbeing Team

R04

What a wonderful time R04 had engaging in R U OK? DAY! They shared thoughts and feelings during the Yarning Circle activity, they participated in the numerous activities provided during lunch time, and shared bubble blowing and classroom activities with 301 during Buddy Class.

It was an inspiring and empowering day to meaningfully connect with one another by asking the simple question, "Are you OK?".

Thank you Suzanne, Rachel, and Daniel, and everyone else who helped organise such a fantastic day!

R04



R U OK? DAY (CONTINUED)



SCIENCE WEEK 2024

The theme for this year's Science Week was 'Species Survival - More than just sustainability'. Primary students took part in many activities related to the theme, both in class time, during lunch time and in their own time.

Science Show

On Monday, Tuesday and Wednesday the primary science team ran a lunch time science show. There was much excitement and anticipation about the demonstrations, especially the famous 'Elephant's Toothpaste' which turned out to be very impressive. We demonstrated many different scientific concepts that can be replicated at home with common items/chemicals. See Class Dojo for more information.

Quiz

On Thursday we ran a lunchtime quiz in the library for Year 4-6 students. Students were asked to nominate and form teams of 3-6. Students worked in these teams to complete 3 rounds of 5 science questions. Each round saw three teams awarded 1st, 2nd and 3rd place. We had over 100 students enthusiastically participating, and their behaviour was commendable.

Movie - The Lorax

On Friday at lunchtime, we showed the movie *The Lorax* to fit with the theme of Science Week. Students who chose to come along enjoyed a relaxing time in our school's lecture theatre.

Buddy Activities

Miss Angela and Mrs Goerner buddied up some of their Year I and Year 3 classes to participate in a Kahoot quiz covering the scientific concepts each year level has covered so far this year. Students had to work together to answer a series of questions in the fastest time possible to earn points for their team. Classes involved were very enthusiastic and it was wonderful seeing the older students supporting the younger students.

Classroom Activities

During lesson time students were invited to participate in activities including bubble blowing, making popcorn kernels dance, and using purple cabbage water to investigate acids and bases. Some classes also participated in an insect hunt after learning about how important pollinators are for species survival. Miss McMahon's class helped Mrs Goerner to decorate the Friendship Garden wall with chalk drawings of insects and information about insects and Science Week.

Competitions

Students from Reception to Year 6 were invited to participate in a competition related to this year's theme of Science Week.

Students in Reception-Year 2 were asked to colour, like a scientist, a picture of an endangered Australian animal. Students in Year 3-6 were asked to design a poster to inform the wider community about the plight of an endangered animal of their choice. We were impressed by the quality of this year's entries. Well done to all the students who took the time to enter.

Science Competition Winners:

Reception: Summer H and Jiyana J

Year I: Paige N and Aisha S

Year 2: Sinan N and Colleen W

Year 3: Eshreet C and Yuvi T

Year 4: Sophia B, Nayara S

Year 5: Tamim A

Year 6: Paige S

We would like to thank the students for their enthusiastic participation, the class teachers for their support and parents for encouraging and supporting their children to enter the competitions. Special thanks to Julie Simpson for allowing us to use the library for the quiz and to Christine Docherty and Sam Schultz with their support for the lunchtime science shows!

Colleen Goerner and Angela Xu



























PRIMARY YEARS ASSEMBLY WEEK 8

Visual Art Exhibition / SALA Awards presented by Visual Art Teacher Ms Catherine Bourn

Each student received a certificate and a small selection of art materials to encourage their creativity.





R04 Margaret Sumignan



103 Thanu Pallayil



204 Shiv Gohil



304 Rutansh Patel



404 Viaan Ranaut



402 Milani Newman



502 Onasha Mahappu Arachchige Dona



602 Paige Simpson

SOUTH AUSTRALIAN SPACE SCHOOL

Congratulations Luke.

Luke (Year 10) has been accepted to attend the 2024 South Australian Space School during the October school holidays. Luke will join other students who have been selected from around SA to take part in an intensive educational four day residential conference experience. It will highlight the careers available in the Space Industry and Astronomy fields within the disciplines of physics, science and engineering at Adelaide, Flinders and UniSA Universities. Over the four days, Luke will complete various practical sessions as well as visit:

- Defence, Science & Technology Group (DSTG)
- Full day Mission to Mars program at the Hamilton Space Centre
- The Planetarium at Hamilton Secondary Space School
- · Physics laboratories and Engineering facilities at Adelaide University
- The Space Discovery Centre at the Australian Space Agency

This is a wonderful opportunity for Luke.

Maria Provatas, 7 - 12 Maths Leader



TEA TREE GULLY YOUTH LEADERSHIP AWARDS

Thursday 5 September was the TTG Youth Leadership Awards, hosted at the Golden Grove Recreation Centre. These awards celebrate the hard work and dedication of young people aged 12-25 in a range of categories. The Heights School nominated a number of students, with three being short-listed in their categories and invited to attend the event.

The short-listed nominees were:

- Maddison Sanders for the category Creative Community
- Nysa Khanna for the category Changemaker
- Jazmia Wardle for the category Giving Back

The Heights are excited to announce that *Maddison Sanders* won her category, *Creative Community*. Congratulations Maddison. This is an incredible achievement that highlights the dedication and commitment Maddison has not just to being a part of The Arts herself, but to leading and supporting her peers to achieve at the highest levels. Maddison was nominated by her peers for her commitment to the Performing Arts both in class and in extra-curricular activities. We cannot wait to see what she and our short-listed nominees achieve in the future.

Congratulations Maddison, Nysa and Jazmia.







STEM CONGRESS

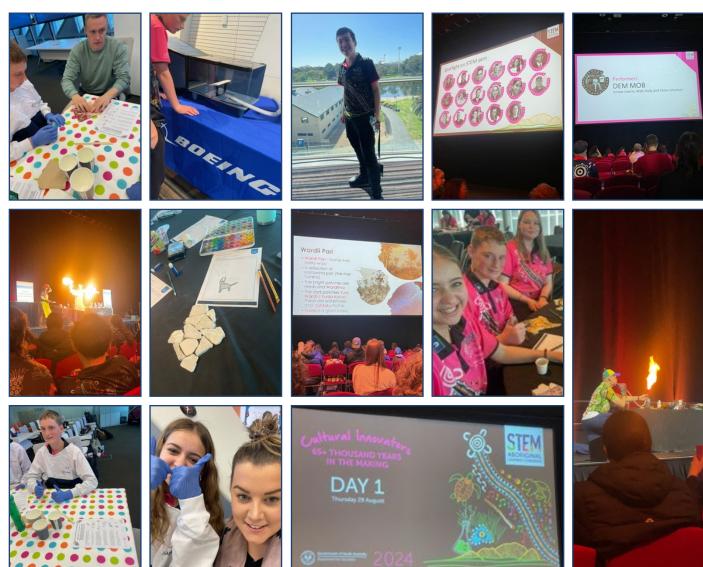
On Thursday 29th and Friday 30th August, Aboriginal and Torres Strait Islander learner community students were invited to participate in the STEM Aboriginal Learner Congress 2024. The STEM Aboriginal Learner Congress 2024 is an opportunity for students to be engaged and inspired to be the next generation of young Aboriginal scientists, technologists, engineers, and mathematicians for students in Years 6 to 10.

This year, four of our Heights students attended this two day Congress accompanied by Miss Williams and Mr Barmby. Day I involved hearing from some inspirational key note speakers such as Tiahni Adamson. We then took part in two workshop, the first being Ancient Echoes, which was about exploring Aboriginal Rock Art and Megafauna through STEM. Students then created their own rock art. We then took part in Cool Aerodynamics, where students understood the history of Boomerangs and how this relates to aeroplanes. Computers were then used to construct and fly their own plane. A Science Alive experiment then took place for all to enjoy. Day I ended with an entrepreneur chat about caring for food and the importance of knowing what's on our land. With a laugh in the taxi ride home, Day I was long but thoroughly enjoyed by all.

On Day 2, we took part in Deadly DNA, which looked into health and well being and caring for ourselves. This then lead into an experiment extracting cells from fruit and seeing what we can tell just from these cells. To finish the day, an engaging performance from DEM MOB took place.

Overall it was thoroughly enjoyed by all, with many laughs, exploration of culture and connections to our future pathways.

Congratulations to Callan McInnes, who during those two days was a mentor and SAASTA representative running some workshops.



YEAR 8 WIND ENSEMBLE PERFORMANCE

As part of our Year 8 curriculum, our students have been developing technical skills on a chosen brass/woodwind instrument (including Flute, Clarinet, Saxophone, Trumpet and Trombone). On Wednesday 4th of September our current group 40 Year 8 students have shared their learning through performing a concert for an audience of Year 3 students.

They played a range of traditional, folk and rock pieces to a cheer and applause from the audience. This program is a great example of how learning an instrument can improve not only cognitive ability (Collins 2024, Bigger Better Brains) but also improve collaboration with peers. Many students highlighted this performance as a fulfilling and enjoyable part of the course. If you are interested in an opportunity to play a brass/woodwind instrument keep an eye out for upcoming information next term for 2025 enrolments into our Instrumental Music program.



YEAR 7 ENRICHMENT DAY - AFL MAX

On Friday Week 7 and Monday Week 8, all Year 7s attended AFL Max to further develop skills in resilience, problem solving and emotional intelligence. AFL Max delivered their 4-Quarter Wellbeing and Mental Health program, which aims to build student awareness of their own mental health and provide them with strategies for monitoring and improving their overall wellbeing.

Through being active and working with their peers, students got a lot out of the program and were able to thoughtfully discuss ways to support positive mental health. The rock climbing and trampoline activities were clear favourites for the Year 7 students. Students will build on this skill development in Term 4 when they participate in a full day incursion run by Active Ed.





















YEAR 11 PHYSICS EXCURSION

Year II Physics Excursion to University of South Australia, Mawson Lakes Campus

On 4 September, all Stage I Physics students went to the University of South Australia, Mawson Lakes campus for a full day physics workshop. Students learnt about the university, completed a number of experiments using the RADAR technology, as well as several practicals to study the decay of radioactive isotopes in the nuclear physics lab. Here are some feedbacks from students.

Lucy Clasohm, Teacher

Students Feedback:

"I felt that this excursion was very educational. The best experience for me personally was the nuclear physics, as it was an interesting and engaging topic." - Nethra

"The radiation testing was interesting. I liked doing the sound calculation practical the most." - Connor

"It was very educational and I learnt a lot." - Hae-Gyu

"Very nice, I enjoyed the radar experiments the most." - Manny

"I felt very happy and thought the excursion was very nice. The best experience was learning about the waves and how things can affect them." - Eugene

"The excursion was enjoyable and knowledgeable. The best experience was the radar testing where we used an interesting piece of software to graph sound waves." - Kiran

"I thought the excursion was informative, the best experience was the activity with the doppler effect." - Junee

"The excursion was very informative and was experienced through conducting practicals using isotopes. It also gave insight towards being in a university setting." - Thomas

"Good, the best experience was the practical." - Jasmeet

"The experiments were genuinely very interesting and enjoyable." - Sterling

"I enjoyed the excursion a lot, especially the part where we had to measure radiation as I have always loved radiation and found it very interesting." - Toby

"This excursion was very good and engaging with the multiple practicals we had." - Remus

"I believe this excursion was very successful in giving us students an insight into the type of physics that will be taught and learnt when studying at university, as well as showcasing the available facilities for students." - Ryder

"The excursion was fun and educational." - Frankie

"It was pretty good, best experience was working with the isotopes and measuring counts." - Ryan































CO2 DRAGSTERS

Success for THS the CO2 Dragster Program at Royal Adelaide Show

On the 4 September, 16 students attended the Royal Adelaide Show. There, they embedded themselves with running the CO2 dragster championships. The logistics of staging the event was a challenge itself as the 20m track and timing equipment was very futuristic and precise. A total of 18 dragsters were entered from The Heights School amongst others from various schools around Adelaide. As the racing progressed through the day, many of the general public were also invited in to watch and participate. The enthusiasm and professionalism displayed by our students to the public was outstanding as they also continually relayed information in regards to the whole CO2 Dragster program including researching, designing and the manufacturing phases. During participation in the Year 9 CO2 dragster program at THS, students learn about: researching the three principles of design including mass, friction and drag; sketching techniques; designing; safety in the workshop; manufacturing; testing; evaluating; associated technical language; interpreting CAD models and working drawings; workshop manufacturing tools and equipment; assembly processes and procedures; digital folios; managing logistics of and culminating in running a competition. Hence, what are CO2 Cars? CO2 dragsters are miniature racing cars, less than 300mm long and mainly constructed from balsa wood, that students: design; build, test; modify; and eventually race. Propelled by CO2, two cars are raced at once down a 20m track and a timer records the speed (averaging 80kph!) for each lane. As they follow the Technology Design Process, students learn about specifications, aerodynamics and ways to make their dragsters go faster.

The fastest time of the day was a dragster from Kirat Jassal (THS) with a blistering time of 1.198 seconds over the 20m track! Winner of the 'best made dragster' went to Danik Vasilyez (THS).

Race results were:

Ist place: Jack Lamont (THS) 2nd place: Mia Chambers (THS) 3rd place: Leanna Batara (THS)

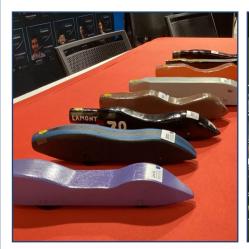
The 3 place getters will now be sent to and compete in the Australian National Championships in October in Brisbane, Queensland. Some others may also be entered.

Thank you to all staff and students that made this event possible and for supporting this great educational program.

Jac van Hoof, Technologies Teacher



THS group photo.



The fastest 8 qualifiers lined up.



Jack Lamont and Danik Vasilyev.



Grand Final start for Jack Lamont vs Mia Chambers.

YEAR 12 HOLIDAY SESSIONS - OCTOBER

Week I									
Monday 30th	Tuesday 1st	Wednesday 2nd	Thursday 3rd	Friday 4th					
9am - 12pm	10am-12pm	9am-Ilam	9am-11am	9am-12pm					
UNITEST - prebooked BF Common	English Lit (Ryan) – trial exam	Biology (Lamming and Eglinton) — trial exam BF Common	Legal Studies (Utting) – trial exam MF9	General English (Gilson and MacKenzie) MF Breakout					
		9am-Ham Workplace Practices (Lamming) – individual appointment BF Common	9am-3pm Music (Roberts)						
Ipm-3pm Integrated Learning PE (Schild) G3			I2pm-3pm Integrated Learning PE (Costello) – individual appointment	Research Project (Gilson) MF Breakout					
	Week 2								
Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th					
	10am-12pm Psychology/Scientific Studies (Van Hoof and Callisto) – exam revision BF Common	9am-Ham Math Methods (McCabe) – exam revision Lecture Theatre	I0am-12pm Specialist Maths (Chatfield) – trial exam	9am-3pm Furniture (Holt) 10am-2pm General Maths (Roubanis)					
PUBLIC HOLIDAY	10am-12pm Outdoor Education (Sulley-Beales) G3	I0am-Ipm Food and Hospitality (Brown)		– exam revision BF Common					
		Ilam-Ipm Physics (Innes) MF2							

COMMUNITY NOTICES





