

## ISSUE HIGHLIGHTS:

- Buddy Narrative Sharing
- Careers, Pathways and Subject Expo
- Year 10-12 Achievement Assembly
- 2025 Year 12 Formal

*Pictured: Buddy Narrative Sharing (see article on page 3)*



## DIARY DATES

Please check the parent calendar on our website or by using the link below. Please note that this calendar is continually updated and we ask that families check for school events from time to time.

<https://www.theheights.sa.edu.au/link/calendar>

## School Calendar

## PUPIL FREE DAYS / SCHOOL CLOSURE 2025

### TERM 3

- Monday 1 September (Week 7)  
- School Closure
- Tuesday 2 September (Week 7)  
- Pupil Free Day

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Department for Education

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## PRINCIPAL'S MESSAGE

Hello to The Heights School community! It's an exciting time at our school with lots of things happening. We have recently welcomed 23 mid-year Receptions to The Heights who have joined our existing Reception classes and are making new friends. When asked about their learning and what their favourite thing about school is, our new Reception students have said 'playing with friends', 'drawing', 'homework', 'colouring in' and 'playing on the playground'. Reception students have been participating in fine motor tasks, play based learning, phonics lessons and activities that are helping them to become familiar with school life and routines. Thank you to all staff, students and family members who have supported their transition into life at The Heights School.

Our SALA exhibition has opened with hundreds of artworks by students and a few of our staff on display in the Visual Arts space. This year's theme for SALA is 'Echoes of Nature' and there has been an incredible diversity in student responses to this powerful theme, across a range of media types. One of the great things about our P-12 learning community is seeing artworks by our youngest students side by side with senior students' artworks and seeing a similarly broad group of students in the audience for the exhibition opening. Congratulations to all award winners and thank you to everyone involved with the significant amount of organisation that goes into an exhibition of this scale.

Looking ahead, our secondary students are entering the subject selection period where some big decisions will need to be made about subject choices for 2026. The amount of choice varies and increases with each year level. We encourage families to support their young people to deeply consider and research their subject choices. For older secondary students, this should include attendance at our recent Careers Expo (see separate article for more information about this amazing event), potential attendance at the recent university open days held at different sites across Adelaide and research into the requirements of their career pathway of choice. For those senior students on a university pathway, this will mean an investigation of the entrance requirements, likely ATAR, and prerequisites at specific universities, as entrance requirements can differ. For younger secondary students, their subject selection research should include looking at the subject flowchart maps to see the impact of a subject choice made at Year 9 or 10 on what subjects they will be able to study at Years 11 or 12.

My strong recommendation in all subject selection considerations is to ask questions and ask for help. There are many people at The Heights School who can provide support and guidance to help students make evidence-informed and personally meaningful decisions.

There's a lot more happening at The Heights School too and our neighbour The Heights Technical College. While the Technical College is now finished, visitors to our school will notice that building works are underway on the corner of Augustus Street and Brunel Drive, and within the school as well. We hope these building works will be completed in the next couple of months.

The Heights Technical College will have an Open Night on Tuesday 19 August 2025 for any interested students and families to explore; please go to their [website](#) for further information. I also invite you to read through the newsletter to see other upcoming dates for our Father's Day stall, and the final student free day of 2025.



Kind regards,

**Ingrid Lees, Acting Principal**



**THE HEIGHTS  
SCHOOL**  
Preschool - Year 12

*The Heights School Community pays respects to the Kurna people, the traditional custodians whose ancestral lands we live on. We acknowledge the deep feelings of attachment to the Earth, the relationship of the Kurna people to this country, and we respect and value their past, present, and ongoing connection to this land and their cultural beliefs.*

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## SAVE THE DATE: FATHER'S DAY STALL

**SAVE**  
*the*  
**DATE**

**THE HEIGHTS SCHOOL P-12**

*Father's Day Stall*

**TERM 3 - WEEK 7**

**Wednesday, 3 September 2025**

**Thursday, 4 September 2025**



## BOOK WEEK 2025

This year's Book Week theme is 'Book an Adventure'. We encourage Primary Years students to dress up as their favourite characters, with this theme in mind.

On Wednesday of Week 5, all Primary Years families are invited to our Book Week parade followed by an assembly in the new gym starting at 9.10am. Please keep an eye out on Class Dojo School Story for more details.



SAVE THE DATE

# BOOK WEEK PARADE

## WEEK 5 - 9.10AM

### WEDNESDAY, 20<sup>TH</sup> AUGUST



This year's theme is 'Book an Adventure'. We encourage children to dress up as their favourite characters, with this theme in mind.

**ALL STUDENTS AND FAMILIES P-6 WELCOME**

*\*Further details to follow soon\**



# BOOK AN Adventure



## 2025 Children's Book Week

### 16-23 August



## BUDDY NARRATIVE SHARING

On Friday 1st August, students from 204 and 402 gathered outside for a special Buddy Session to share their wonderful narrative writing. It was a lovely lesson filled with creativity, conversation, and connection.

The Year 2 students from 204 proudly went first, reading their imaginative stories aloud to their Year 4 buddies. Then it was 402's turn to share, with each student presenting their own carefully crafted narratives. After each reading, buddies asked each other thoughtful questions and took time to discuss the illustrations that brought their stories to life.

This experience was a celebration of storytelling and a great way for students to build confidence in speaking and listening, while strengthening relationships across year levels. It was heart-warming to see the genuine encouragement and interest shown by all.

*Catherine Di Troia and Steph Bell*



## INTERNATIONALISM

### Shujitsu High School Visit 20-30 July

On a cold and dark Sunday evening a group of 7 boys and 8 girls from Shujitsu High School in Japan arrived at The Heights School. They were met with warm smiles from their host families. On the Monday, the group attended an excursion to Gorge Wildlife Park, Melba Chocolate Factory and Mt Lofty. For the next 7 days at school, students emerged themselves in EALD lessons, metal work and cooking, where they made damper. In lessons with RO3, the students read stories to Mr Hart's 304 class where they learnt about Australia and how to kick a football. They also had a lesson where they learnt about Indigenous culture. Over the weekend, our visitors spent time with their host families exploring Adelaide, and left very early on the Wednesday to fly back to Japan. All in all, it was a great visit.

Lynn McKenzie, Coordinator and Support Officer Internationalism



## PY VALUES CERTIFICATES AND COMMUNITY ROLE MODEL AWARD



### Primary Years VALUES CERTIFICATES

#### Respect

101 Summer H  
103 Stephanie K  
201 Yashvi  
204 Kimi T  
301 Ivy H  
301 Oliver V  
302 Hinaya S  
302 Jeffen D  
402 Aspen N  
603 Hidhaan M

#### Integrity

101 Danica O  
201 Abir S  
202 Ella C  
203 Aadi A  
204 Sia P  
303 Emilie P  
304 Dhyuti G  
401 Isha A  
403 Arwan S  
401 Naomi K  
404 Advai S  
503 Samor P  
504 Savvy B  
504 Zoe P  
601 Jacob R  
602 Vishakha S  
604 Ollie S

#### Collaboration

R01 Tyler H  
103 Scarlett S  
104 Chitra S  
104 Digenko S  
203 Ammu L  
303 Aaric A  
304 Archer G  
501 Lexie H  
501 Maddie W  
502 Shazil A  
503 Oliver P  
601 Ayia G  
602 Stavros K

#### Resilience

R01 Koah T  
R02 Kalilah P  
R02 Ranbir S  
R03 Ashnoor K  
R03 Aarav S  
202 Athur D-T  
302 Harsehaj M  
401 Sophie J  
402 Justin K  
404 Diana G  
502 Nayara S  
603 Georgia T  
604 Chanpreet S



### Primary Years COMMUNITY ROLE MODEL AWARD

#### Muhammad A



Muhammad consistently embodies all four of the school values in both his actions and attitude. He takes initiative and leads by example within the classroom, encouraging his peers to stay focussed, whilst also ensuring he completes his own work to a high standard. Muhammad actively contributes to creating a safe, positive and productive learning environment for everyone.



## YEAR 3 - 6 NRL 'SIMPLY YOUR BEST' WORKSHOP

During Week 10 last term, Year 3-6 students took part in the 'Simply Your Best' workshop run by Chip and Casey from NRL SA. The Simply Your Best workshop uses the platform of rugby league to inspire students to simply do their best and educates students about the positive impact this can have on themselves and the teams they are apart of including their class, school, family, activity group or sporting team.

The workshop was extremely interactive and well received by students. If your child is interested in giving rugby league a try, the Eels Rugby League Club, who are based at LJ Lewis Reserve in Northfield are always looking for girls and boys to join their junior teams.

*Josh Hart, Primary Years Sports Coordinator*



## PRIMARY YEARS RUN CLUB COMMENCES!

We're excited to announce the launch of our Primary Years Run Club - a fun and active way to start the day!

Primary students are invited to join us every Wednesday morning at 8:25am at the oval 3 footy goals. Whether your child loves to run, walk or jog, everyone is welcome to join in and enjoy some fresh air and physical activity before the school day begins.

Run Club aims to provide students with a supportive environment to connect with friends and develop healthy habits. Please note, Run Club is dependent on the weather and won't go ahead if it's too wet or unsafe.

We look forward to seeing lots of happy feet on oval 3 each Wednesday morning!

*Josh Hart, Primary Years Sports Coordinator*



THE HEIGHTS SCHOOL

# RUN CLUB

WHAT:	Run, walk or jog - all abilities welcome!
WHO:	THS Primary Years Students
WHEN:	Every Wednesday at 8:25am (starting Week 2, Term 3)
WHERE:	Meet at Oval 3 Footy Goals
WHY:	Running helps our body and mind grow stronger!



## ADELAIDE GUITAR FESTIVAL'S WINTER SCHOOL

### THS Students Participating in Adelaide Guitar Festival's Winter School (AGFWS)

During the first week of the school holidays, classical guitar students Induwarra, Aleks, Rachel, Jaebeen and Levi, rehearsed and performed as part of the Adelaide Guitar Festival Orchestra (AGFO). This was part of the Adelaide Guitar Festival's Winter School (AGFWS) which focussed on classical guitar playing and ensemble techniques and was held at Prince Alfred College. The sessions were run by Dr Paul Svoboda (Director) - an in-demand guitar ensemble specialist composer and teacher who holds a Doctorate of Musical Arts from the Sibelius Academy of Music.

All students performed very challenging repertoire brilliantly at the final concert on Friday night July 11th and will play again in the Consonance Concert with Slava Grigoryan and Lior in Elder Hall on September 14th at 4pm.

*Ian Seaborn – IM Classical Guitar Teacher*

*Daniel Roberts - Leader of Curriculum and Pedagogy - The Arts*



## VIKING EXHIBITION

During Week 4 of Term 2, our Year 8 classes went see the memorable “Treasures of The Viking Age, The Galloway Hoard” museum exhibit at the South Australian Museum. Being able to go and see the valuable artefacts from the Viking ages tied into our current unit on Vikings. We were able to obtain more understanding and insight into what Viking life valued and was like, and the mini movies through the exhibit contributed to this.

The excursion had many different elements of fun incorporated into it, such as a Lego hunt through the museum. We were given the quick opportunity to see other, more permanent, exhibits in the museum, and we kept an eye out for Lego displays with hidden pieces needed for the hunt. Being able to go to the South Australian Museum with our friends was a great privilege, and we are very thankful for the staff that made this excursion happen.





## YEAR 10 METAL TECHNOLOGIES

### Welding and Turning Investigations

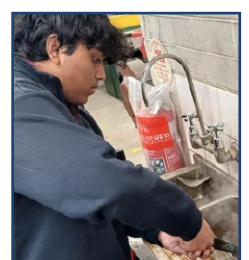
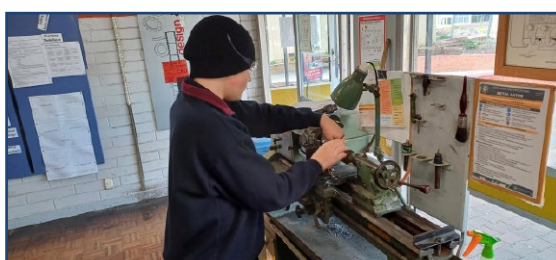
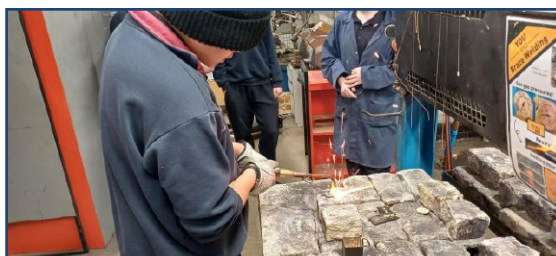
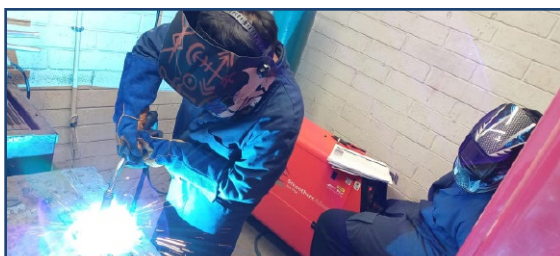
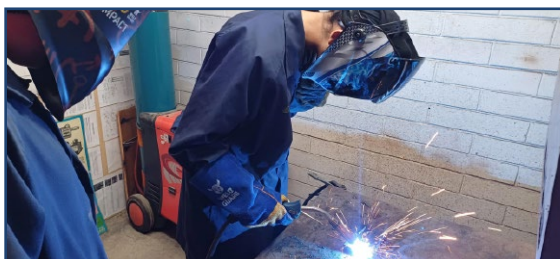
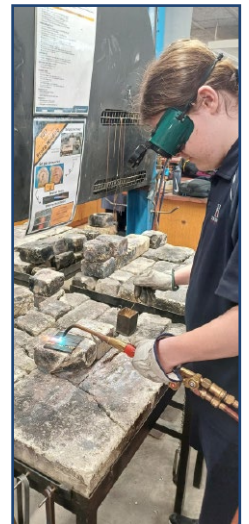
To kick off the semester, students have been diving into the world of metalworking by researching and investigating common fabrication techniques, including welding and turning. As part of this exploration, they conducted their own research, recorded observations to create practical guides. Supporting both their own learning and that of their peers.

In the workshop, students experimented with base metal temperatures in braze welding, adjusted voltage settings in MIG welding, and tested various turning processes while crafting a scribe. I've been genuinely impressed by the level of engagement and curiosity shown throughout this task. What's stood out most is the energy and enthusiasm in the room. It's been inspiring to see students so engaged. Asking questions, sharing discoveries, and supporting one another. Those with prior experience stepped up as mentors, generously guiding their peers through unfamiliar territory.

Through these hands-on activities, students have developed a solid understanding of the core fabrication processes essential to metal technology. These foundational skills will be invaluable as they move into their upcoming practical projects.

I look forward watching them develop further as we continue through the semester!

Sean Krauter – Technologies Teacher



## CAREERS, PATHWAYS AND SUBJECT EXPO

### The Heights School Annual Careers, Pathways and Subject Expo - Thursday 31 July, 2025

The Heights third annual Career, Pathways and Subject Expo was held on Thursday evening. Our event aimed to inspire and inform our students and their families about the diverse options available to them beyond school. Additionally, the event aimed to support students and families to be more informed about their upcoming subject selections.

Students from Years 7-12 were provided with the opportunity to explore career pathways and network with industry professionals, with over 50 exhibitors including:

- Defence, Universities, Registered Training Organisations, Apprenticeship Providers, Employment Services, The Heights Technical College, local businesses and industry professionals, all supporting our students to gain pathway advice.
- 8 Curriculum Area displays staffed by leaders and teachers from each of the disciplines, as well as SACE and VET Pathways information stands, supporting students and families to learn about the electives we offer and the benefits and opportunities that flow from different subject choices.
- Students and families also had the opportunity to attend SACE presentations to learn more about Subject Selection.

Thank you for supporting this event. More importantly, thank you for taking the opportunity to begin, or continue to have pathway conversations with your children. When our students are optimistic about their future, when they engage in *exploring the exciting and emerging* opportunities for their career pathways, then we have the joy of working with students who want to learn, who will be resilient when learning feels tougher, and who ultimately will be successful young people actively shaping their future.

Our school is stronger because of community participation – Thank you!

If you didn't grab a flyer at the EXPO, check out the information included in this newsletter about positive ways to engage your child in pathways conversations.

We hope to see you again at our 2026 EXPO!

(see photos on the next page)

### Career Tools

#### How Can I Talk to My Teen About Careers?

You play an influential role in helping your teen to make career choices. Below are some tips about how to prepare for and approach career conversations constructively.

##### Our role

Some teens struggle to know where they want to head in life - many young people don't have a strong sense of this until their 20s. Nevertheless, society demands they make pathway choices sooner. While it's difficult to witness angst in our teens around career decisions, we can't, and shouldn't, choose for them. Our role is to guide their development by fostering their engagement and curiosity, and helping them to better understand themselves and their world.

##### Set the scene

Career conversations are most helpful when they're ongoing rather than a one off, so we need to take every opportunity available. Most teenagers respond well to casual conversations, with some good times including:

- In the car
- Over dinner
- While watching TV
- At subject selection time
- When helping with homework

Give your full attention, listen actively, and offer encouragement.

##### Mindset matters

Communicating from a set of flexible and

positive mindsets helps teens develop optimism about the future:

##### Believe in them

- Let them know you believe they are capable and resourceful.
- Reflect and reinforce their strengths, skills, and achievements.
- Assure them they will find satisfaction throughout their career.

##### Put things in perspective

Encourage them to:

- Focus on the journey rather than the destination.
- Explore their preferred future/s, rather than deciding what they want to be and do for the rest of their life.
- Believe there are many careers they will be good at and be satisfied with, rather than thinking there is only one 'best' option to pursue.
- Understand they only need to choose their next steps, not their entire life path, as they will encounter change along the way.

##### Expect and accept change

- Young people frequently change their mind about what they want to do.
- This is positive because it shows they are exploring their options and that

### Career Tools

#### How Can I Talk to My Teen About Careers?

they are open to various possibilities.

- Remind them they will likely have multiple jobs across different industries, so it's important to expect and prepare for change.

##### Turn negatives into positives

- A subject, job, course, or pathway choice that doesn't turn out as hoped can be a helpful learning experience - it's not going to ruin their future.
- Learning what they don't like and don't want to do helps teens clarify their preferences.
- Remind them they have time to re-assess their interests and broaden their options.

##### Reflect and share

Even though the world has changed since you were their age, your teen will benefit from learning about your experience.

Reflect on and share:

- How you imagined your future when you were their age.
- If your life now is how you imagined it would be.
- How you made important make career decisions and who influenced you.
- Which chance events have contributed to where you are now.

Be willing to tell them the positives and the negatives, and how you coped with challenges. Encourage the other adults in your teen's life to also share openly.

##### Ask the right questions

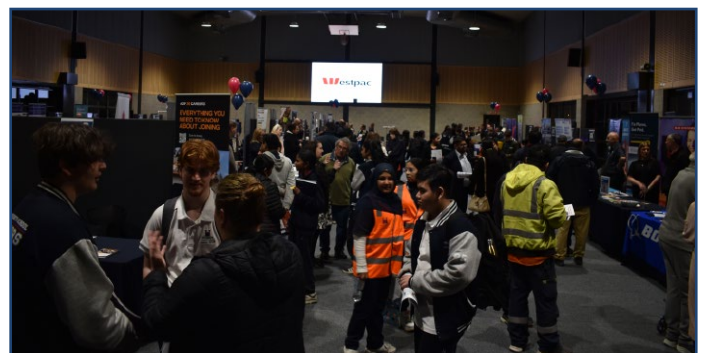
The way we pose questions has an effect on the ease and outcome of the conversation.

Avoid	Try
What do you want to be when you grow up?	When you were little, you wanted to _____. What seemed appealing about that job?
What are you going to do when you leave school?	What options are you considering for your future?
These assumes there is only one answer, and they can be daunting for those without answers.	These are less confronting and allow the conversation to open up.
What are your strengths/ weaknesses /skills? What are your achievements? What do you value/ what's important to you? What motivates you?	What do you enjoy? What do you like to do? What are your favourite subjects? What do you like about these things? What are you proud of? What do you feel strongly about?
These can be hard for young people to identify and articulate.	If your teen has difficulty answering these, try asking how their friends would answer these questions about them, or what compliments they've received.

Another idea is to ask your teenager to use their imagination and think about a day at their 'dream job'. Ask them what they're doing, who they're with, where they are, what they're wearing and using, and what they like about their job, to reveal some helpful insights.



## CAREERS, PATHWAYS AND SUBJECT EXPO (CONTINUED)





## YEAR 10-12 ACHIEVEMENT ASSEMBLY

Term 2 Academic Awards assemblies were held for our Year 10-12 Secondary students. This was a time to celebrate the hard work and commitment of our students across the Secondary Years. The Principal's Awards were presented to students who demonstrated outstanding success across all their subjects (all A grades), whilst the Academic Achievement Awards were presented to students who achieved all A and B grades. School Values awards were also awarded to students who demonstrate respect, resilience, integrity and collaboration in their learning. Students were nominated for these awards by support staff, teachers and leaders for their positive contributions to our school community.

We were joined on stage by both our Year 11/12 Class Band who demonstrated their talent and hard work so far this year. It is always a joy to share the hard work and dedication of our music students and provide them with opportunities to perform for a large audience.

Congratulations to all our award recipients and thank you to the band, led by, Mr Roberts.

The Year 7-9 assembly was held Monday Week 3, photos to be published in the next edition.





## 2025 YEAR 12 FORMAL

The 2025 Year 12 Formal was a grand affair held at Sfera's Convention Centre on Friday, 6 June. The evening commenced with a pre-formal gathering at 6:00pm, welcoming close to 500 students, parents and friends. By 7:00pm, 180 students and their partners made their way into the elegantly prepared Ballroom. As captured in the stunning photographs, students looked exceptional in their formal attire and enjoyed an evening of camaraderie with peers and staff. One of the night's highlights was the presentation of special awards to some Year 12 students. Their efforts to make the evening magical and unforgettable were truly commendable. Congratulations to the Class of 2025 – may the memories of this special night stay with you for years to come.

**Arthur Roubanis, Year 12 Leader**

*(continued over)*





## 2025 YEAR 12 FORMAL (CONTINUED)





## 2025 YEAR 12 FORMAL (CONTINUED)

