

ISSUE HIGHLIGHTS:

- Holi at The Heights
- Harmony Day
- International Women's Day Breakfast
- Reception Welcome
- Year 4 and Year 5: Letters to the Prime Minister

Pictured: Holi and Harmony Day celebrations



DIARY DATES

Please check the parent calendar on our website or by using the link below. Please note that this calendar is continually updated and we ask that families check for school events from time to time.
<https://www.theheights.sa.edu.au/link/calendar>

School Calendar

SA TERM DATES 2026:

- Term 1:**
27 January – 10 April
- Term 2:**
27 April – 3 July
- Term 3:**
20 July – 25 September
- Term 4:**
12 October – 11 December

CONTACT

Kaurna Country
Brunel Drive, Modbury Heights SA 5092
Phone: 08 8242 8900
Email: dl.1430.info@schools.sa.edu.au
www.theheights.sa.edu.au
f /heightsschool



PRINCIPAL'S REPORT

What a remarkable three weeks it has been for our school community! I write to you with immense pride and gratitude as we reflect on some truly outstanding moments that have defined our term.

Our students approached NAPLAN with focus, resilience, and quiet determination. Whatever results emerge, I want each student to know how proud we are of the effort and calm courage they brought to the task. Your dedication reflects the strong culture of learning we nurture here every day. A heartfelt thank you also to our extraordinary staff, whose tireless preparation, encouragement, and belief in every student made the difference. You go above and beyond, always.

Then came Harmony Day last Friday. And what a day it was! Our whole-school celebration was nothing short of breathtaking. The colour, the music, the stories shared across year levels and generations of families - it was The Heights School at its very best. Events like this do not happen by accident. They are the result of dedicated staff, enthusiastic students, and a community willing to show up and celebrate together. My sincerest thanks to everyone involved.

As someone who is a new Australian, I carry with me a deep understanding of what it means to find a new home and to be welcomed into a community that honours difference, and I am moved every single day by the richness of cultures represented within our school. This is our greatest strength, and Harmony Day helped bring that to the fore. Wherever we have lived previously, however, we are currently all studying and working on Kaurna land, and I would like to acknowledge and pay our respects to the Kaurna people, the traditional custodians of the lands on which we learn and grow. Their deep connection to Country reminds us that care for place, for community, and for one another is a wisdom that endures.

In a world that can sometimes feel fractured, where divisive voices can seem louder than unifying ones, I believe schools like ours are more important than ever. Here at The Heights, we choose a different path. We choose curiosity. We choose to ask questions, to seek understanding, to lean toward one another rather than away. And we choose kindness as a daily practice, not merely an ideal. Together, these are the forces that build true cohesion, and they begin right here, in our classrooms, our corridors, and our community.

Thank you for being part of this school, this community, and this shared story. It is a privilege to lead alongside you.

With warmth and respect,



Alina Page
Principal



**THE HEIGHTS
SCHOOL**
Preschool - Year 12

The Heights School Community pays respects to the Kurna people, the traditional custodians whose ancestral lands we live on. We acknowledge the deep feelings of attachment to the Earth, the relationship of the Kurna people to this country, and we respect and value their past, present, and ongoing connection to this land and their cultural beliefs.

CONTENTS

School of Languages2

Holi at The Heights3

Harmony Day4

International Women’s Day Breakfast5

Reception Welcome6

Primary Years Values Certificate Recipients6

Unstructured Play in Year 27

Year 4 and Year 5: Letters to the Prime Minister8-9

SALA Competition10-11

Adelaide University Excursion - 807 & 808 12

Chemistry in Action 13

Sports Day 14-16

Community Notices 17-18

SCHOOL OF LANGUAGES



Interested in learning a language?

The Heights School, in partnership with the School of Languages is now offering the following after-hours languages programs:

R-6 French	Thursday	3.30-5.00pm
R-6 Hindi	Thursday	3.30-5.00pm
R-6 Punjabi	Thursday	3.30-5.00pm
7-10 Hindi	Thursday	3.45-6.00pm

Enrolment forms for these programs will be sent via Edsmart and be available on our website.

Discover more at

www.schooloflanguages.sa.edu.au

Telephone 08 8301 4800 Facsimile 08 8301 4801 dl.1802.admin@schools.sa.edu.au www.schooloflanguages.sa.edu.au



HOLI AT THE HEIGHTS

On Thursday 5th March, The Heights embraced the vibrant spirit of Holi, a festival fondly known as the “Festival of Colours.” Students and staff came together to mark this joyful occasion, celebrating the arrival of spring and the triumph of good over evil – a message that strongly reflects our school’s values of respect and collaboration.

Holi, which has its origins in India, offered our school community a wonderful opportunity to appreciate and take part in this rich cultural tradition. At lunchtime, both primary and secondary students enthusiastically participated in a range of vibrant activities. Striking chalk drawings, games, music and dancing brought everyone together, creating a lively, inclusive atmosphere.

At The Heights School, we believe that celebrations like Holi are a cornerstone of intercultural understanding and respect. The success of this year’s celebration has brought our community closer together and serves as a reminder of the strength we find in embracing diversity.

We thank our dedicated staff, students, and families for making Holi at The Heights School a memorable and inclusive event. Here’s to many more celebrations that truly reflect our values of respect and collaboration!

*The Heights School
Wellbeing Team*



HARMONY DAY

On Friday 20th March, The Heights School warmly celebrated Harmony Day – a day dedicated to embracing inclusiveness, celebrating our rich diversity, and strengthening the bonds within our school community.

The festivities commenced with a Years 7–12 assembly, where several students took to the stage to proudly introduce their cultural backgrounds. It was inspiring to hear personal stories and reflections, reinforcing how our varied experiences enrich school life.

The entire school, from preschool to Year 12, then joined together for a Harmony Walk around the senior oval. This symbolic walk highlighted the unity of our school community, with students and staff walking side by side in a wonderful display of togetherness.

While senior students returned to class, our primary years gathered for their own special assembly. Students learnt about the importance of Harmony Day and were treated to traditional dancing performed by some of the school's leaders – an engaging and educational experience for all.

Our school courtyard became a hub of energy and celebration at lunchtime. The space came alive as many courageous students showcased their dance talents, and our Primary Kindness Crew added to the festivities with face painting for students. A vibrant sea of orange filled the school, with students and staff wearing orange or adorning their cultural or sporting uniforms, symbolising unity and pride in their background.

Harmony Day at The Heights School was a true celebration of our shared values – promoting inclusiveness, celebrating diversity, building community, positive symbolism, and wholehearted engagement. Thank you to all who participated and made this event a remarkable showcase of what makes our school special.

Let's continue to celebrate our differences and strengthen the welcoming community spirit that defines The Heights School.

The Heights School Wellbeing Team



INTERNATIONAL WOMEN'S DAY BREAKFAST

The International Women's Day Breakfast is an annual event held at the Adelaide Convention Centre. This year, The Heights was lucky enough to book two tables, despite the event selling out in a record 6 minutes (thank you Finance team)! This event is the largest IWD event in the Southern Hemisphere and is hosted by the Honorable Senator Penny Wong. This year's theme, 'Balance the scales', was exemplified by the keynote speaker, Dr Katherine Bennell-Pegg. Dr Bennell-Pegg is Australia's first female astronaut and the first Australian to ever be recognised as an astronaut under the Australian flag. She is also the 2026 Australian of the Year! Dr Bennell-Pegg spoke passionately about STEM education and the pervasive gaps that still exist in opportunity and employment.

We took a group of 18 students from Years 6-12 to the event who all spoke passionately about the Breakfast:

- "It was an amazing opportunity to attend this event, where the focus is on inspiring women to not limit yourself and always give it a go. I took in so much and have had my perspectives changed." Anna N
- "Dr Bennell-Pegg's message that she aspires to be known not as a 'female astronaut', but just as an astronaut." Bianca L
- "I have never been prouder to be a woman." Nadia C
- "It was very inspirational when the astronaut made a speech. I'm really proud to be a girl." Keerthi D
- "'For every two boys in STEM classes, there is only one girl.' As someone who's aiming for a career in STEM, I never considered being disadvantaged for being one of the few women in my classes. I know the imbalance, but it doesn't stop me." Esther R
- "I really loved the uniqueness of Katherine Bennell-Pegg and how she is so inspiring to women and girls around the world." Samar P
- "It was inspiring! I go away proud to be a woman." Olivia V
- "A key takeaway of mine was the quote from Katherine, 'You don't need to work hard to deserve a rest. You should be rested in order to do your meaningful work.' As someone who idealises a busy lifestyle, it's really important to be introspective and recognise and reflect on my personal life, whose ambitions align with the level of Katherine's success." Chitra D
- "It made me feel privileged to live in a country like Australia where I have the freedom to access a full education... I only hope one day women everywhere will have the same opportunities." Jiah A

We cannot wait to see what all our young women achieve now and into their futures.



RECEPTION WELCOME

The Reception Welcome Assembly marked the exciting start of R01 and R02 students' formal education at The Heights School. It was a heart-warming and celebratory event where we proudly welcomed the new Reception students and their families into our school community. The assembly featured an engaging adaptation of Starting School, reinforcing important routines while supporting a smooth transition into school. Year 12 students shared inspiring reflections about their journey at The Heights School, recounting their experiences from Reception to now. The Reception students then had the chance to share their aspirations for the future. To conclude the celebration, students performed the "Wombat Wobble", adding an extra layer of excitement and energy to the memorable day. It was a beautiful start to what promises to be an exciting and enriching journey for all of the new students.

Christina Tziortzis
R01 Teacher



PRIMARY YEARS VALUES CERTIFICATE RECIPIENTS

Primary Years Values Certificate Recipients Week 9 Term 1 Assembly

We congratulate and thank the following students for displaying our school values.

Respect

- R01: Eva
- R02: Georgie
- 102: Darcy
- 103: Agam
- 201: William
- 203: Gia
- 204: Aaron
- 301: Thanu & Aadi
- 302: Freya & Garry
- 304: Prisha
- 402: Fatehveer
- 403: Areen
- 404: Ishani

Resilience

- R01: Ludi
- R02: Koa
- 101: Garima & Avraj
- 103: Emma
- 201: Summer
- 202: Aiden & Samara
- 204: Cailin
- 304: Samar
- 401: Ryan
- 402: Holly
- 404: Jai
- 502: Layla
- 601: Aurora & Sarah

Integrity

- 102: Adira
- 203: Ollie
- 303: Ollie
- 503: Kayla
- 504: Karen & Rutansh
- 602: Seojoo
- 603: Krutarth
- 604: James

Collaboration

- 303: Siyona
- 401: Pirai
- 403: Levi

Congratulations

UNSTRUCTURED PLAY IN YEAR 2

The Year 2 classes have been incorporating regular opportunities for unstructured play as part of our learning program. These sessions give students time to explore, create and interact with one another in ways that support both their wellbeing and their development as learners.

Our approach is influenced by the Time 2 Play project, which The Heights School is participating in alongside other local schools. The project highlights the important role that unstructured play can have in supporting student engagement, wellbeing and learning outcomes.

During these play sessions, students have the opportunity to make their own choices about how they play and who they play with. They might build with sticks, create imaginative games, work together to design and make objects, or explore open-ended materials.

Through play, students are developing important skills such as creativity, problem-solving, collaboration and resilience. They are also strengthening friendships and practising communication and teamwork in meaningful ways.

This is what some students had to say about their unstructured play time:

“In unstructured play we are learning to be creative and take some risks.”

“Unstructured play makes me feel happy.”

It has been wonderful to see the creativity and enthusiasm that students bring to these sessions, and how they use play to explore ideas and work together.

Emma Yeomans, Jenne Heidrich, Theodora Andonopoulos, Jordan De Pinto, Vanessa Gentilcore and Stephanie Bell (Year 2 Teachers)

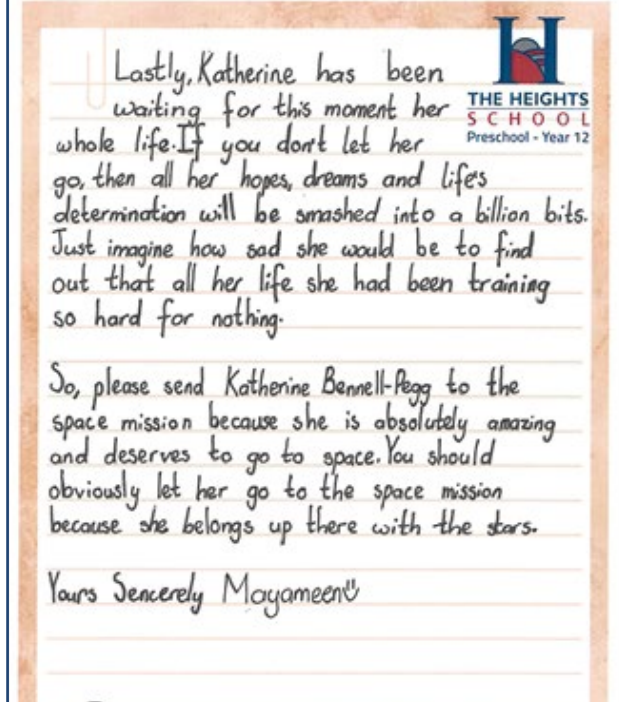
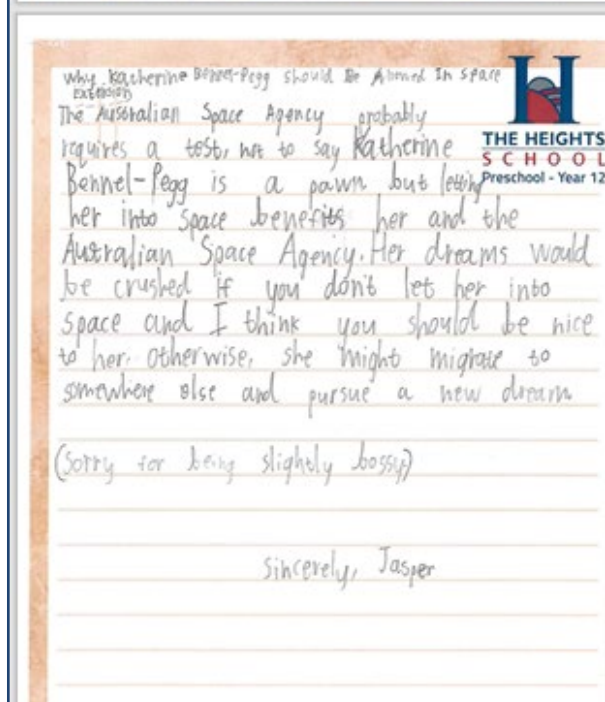
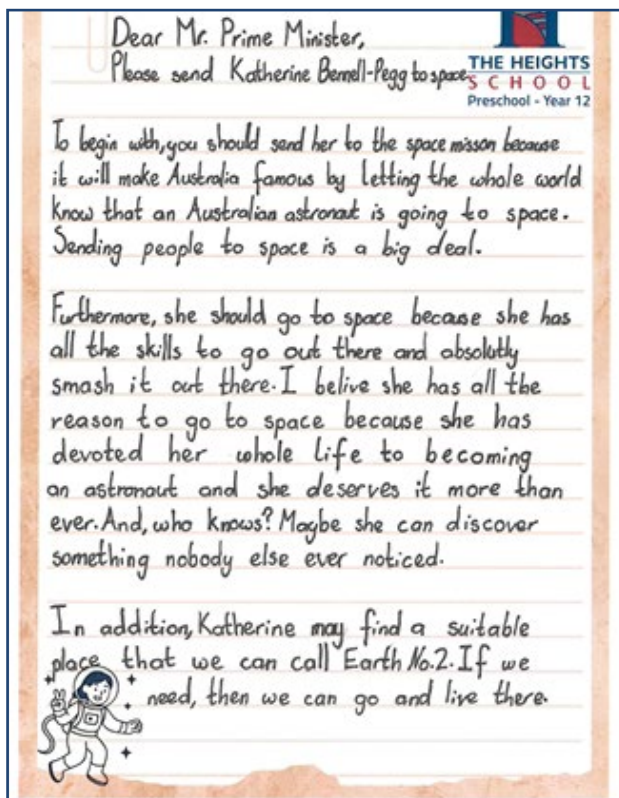
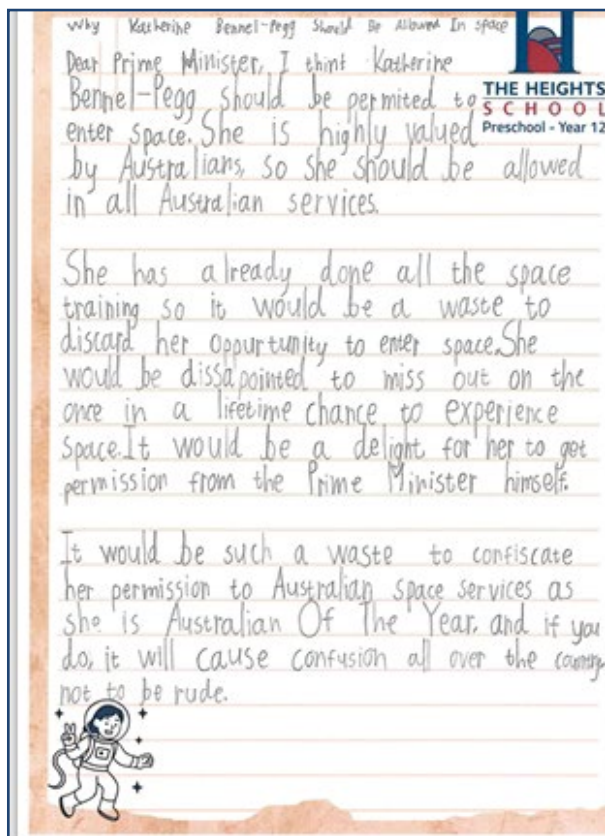


YEAR 4 AND YEAR 5: LETTERS TO THE PRIME MINISTER

A group of Year 4 and Year 5 students recently had the exciting opportunity to take part in a national initiative supporting Katherine Bennell-Pegg, the 2026 Australian of the Year and Australia's first qualified astronaut under our national flag.

In class, students discussed the importance of inspiring women in STEM with Ms Angela, reflecting on how role models like Katherine can motivate future generations. They then put their ideas into action by writing thoughtful letters to Prime Minister Anthony Albanese, expressing their encouragement and support for Katherine Bennell-Pegg's mission. Through this experience, students showcased their creativity, pride, and a strong sense of national support.

We are incredibly proud of the enthusiasm and effort our students demonstrated.




YEAR 4 AND YEAR 5: LETTERS TO THE PRIME MINISTER (CONTINUED)

Dear prime minister Anthony Albanese

I hope katherine makes her dreams come true. You should definitely support her. I also think that women deserve more rights and katherine bennel-pegg is leading the pathway for younger generations. I do think that katherine will make a difference to the Australian space agency. I know that she is making a foundation for Australian women to not give up so they can accomplish they're dreams.

I strongly believe that women deserve more rights for them. Also I know that katherine is laying the foundations for younger generations. She is making more women be more brave.

thank you
kind regards
from Diya somarathne




Why I Support Katherine Bennell-Pegg

Dear Prime Minister Anthony Albanese, I support Katherine because she wants to give children astronomical opportunities, how determined to be an astronaut she was, and I really think she will make us proud.

She is very special and inspiring. She was very happy to receive her uniform which proves she was definitely excited about being an astronaut.

Katherine is a good role model for many kids in Australia. That is why I support Katherine Bennell-Pegg.



Sorry if your name is spelt wrong

A note to Kathrine

My dream is to fly to. I'm from india and I want to see my Contry. I want to be a fighter pilot

Drawn By Dhyuti

your name burns more than fire



SALA COMPETITION



SALA

The Heights School P - 12
Visual Art Exhibition Competition
Monday 3 August - Friday 14 August 2026

🎨 Unleash Your Creativity in Our Annual School Art Competition! 🎨

Are you ready to showcase your artistic talents and see your work displayed to the entire school community as part of the statewide SALA festival?

Here's your chance!

We are thrilled to invite entries for our much-anticipated, 18th annual School Art Competition. This is a fantastic opportunity for students to express themselves, explore their creativity and gain recognition for their artistic skills.

Theme: "Stories of Suburbia"

Open to: All students from Preschool – Year 12

Submission Deadline: Friday 26 June (T2 WK 9) - artwork and entry form

Electronic Entry form will be shared in the coming weeks.

Awards will be announced during our **Opening Night** where families, staff and the wider community are invited to view the original artworks

Monday 3 August 5:00pm - 6:30pm

The Heights School Technologies building Gallery

Awards for the following categories include an acknowledgment certificate, art themed prize and/or gift voucher - First Prize / People's Choice / Karnkanthi (open to Aboriginal and Torres Strait Islander students only)

Start producing an original piece of art that reflects our theme.

Great prizes to be won

SALA COMPETITION (CONTINUED)



SALA

The Heights School P - 12
Visual Art Exhibition Competition
Monday 3 August - Friday 14 August 2026

🎨 Unleash Your Creativity in Our Annual School Art Competition! 🎨

CONDITIONS OF ENTRY

- Entry forms will be available electronically
- Entry forms must be submitted and artwork received by the Art Department no later than end of school, Friday 26 June 2026. Term 2 Week 9
- Artwork can be of any medium IE acrylic, oil, watercolour, ink, pencil, pastel, charcoal, photography, digital imaging, multi-media
- Artwork must be no larger than 1.5m x 1.5m including frame
- If works are framed, they must include a wire or hook for hanging
- You can offer your artwork for sale, but any work sold must remain on display until the exhibition closes
- The winning entry will be chosen according to the following criteria
 - o Creativity and originality
 - o Sensitivity and skill in use of media
 - o Presentation
- The judging panel consists of members of school Leadership and Art teacher and Artist - Ms Catherine Bourn
- The judge's decision will be final and no correspondence will be entered into.

NO LATE ENTRIES WILL BE ACCEPTED

artwork by Allan S

Allan 2025

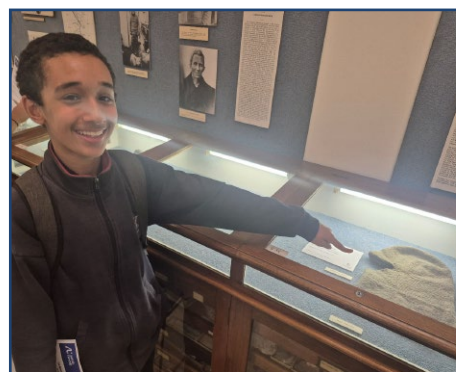
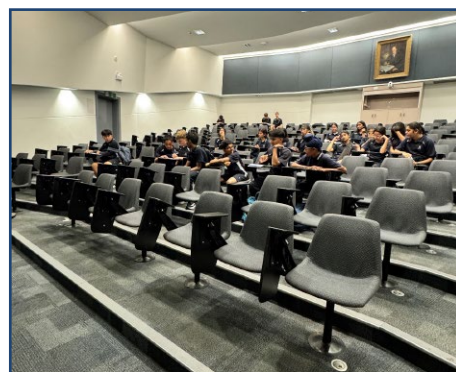
ADELAIDE UNIVERSITY EXCURSION - 807 AND 808

On Wednesday 18th of March 2026, the Year 8 ignite classes (807 and 808) went on an excursion to Adelaide University. The visit provided valuable insight into the wide range of opportunities available at university, with a particular focus on careers in Earth Sciences.

Throughout the day, students took part in engaging activities designed to highlight the importance of mining technologies, sustainability and related career pathways. A highlight was the Geomodelling Lab, where students explored how natural disasters such as floods and tsunamis impact both the environment and communities. Working collaboratively, they designed and built model cities along rivers and coastlines, then tested their resistance against simulated disasters.

While exploring the university campus, students got a glimpse of uni life, and observed how it differed from school life. Overall, the excursion was a highly enjoyable and enriching experience, broadening students' understanding of science and engineering fields while inspiring future aspirations.

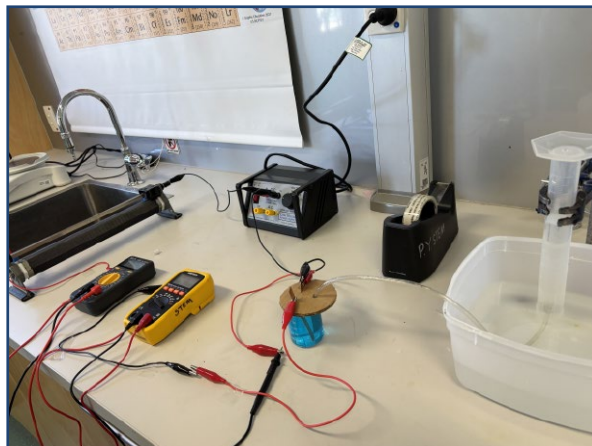
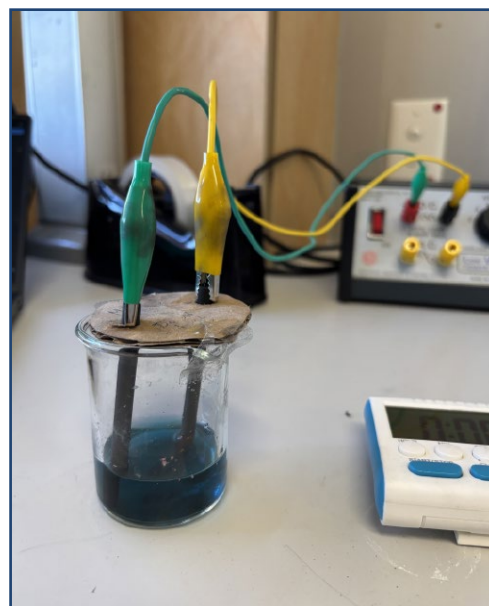
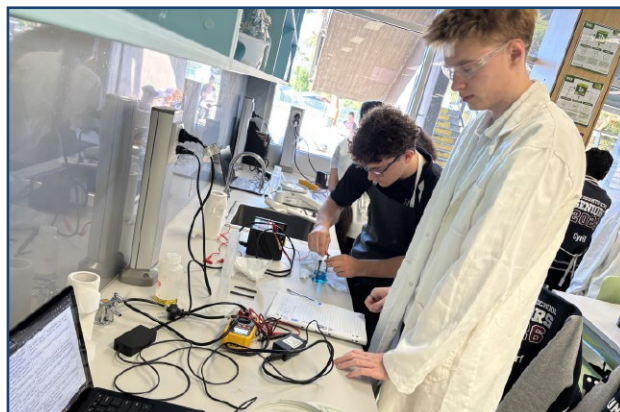
Amanda Lamming and Mamta Khanna
Science Teachers



CHEMISTRY IN ACTION

Our Year 12 Chemistry students have recently been working on an inquiry task where they designed their own practical investigations to explore how the **electroplating process** can be made more sustainable. Electroplating is widely used in many industries, including corrosion prevention, decorative metal finishes, medical equipment production and metal refining. Through this project, students examined the chemistry behind electroplating and considered ways to reduce environmental impact, such as minimising chemical waste, improving efficiency and selecting more environmentally responsible materials. By designing and planning their own investigations, students developed critical thinking and problem-solving skills while gaining a deeper understanding of how chemistry can support more sustainable industrial practices. Learning experiences like this help prepare our students to become thoughtful, responsible members of the next generation.

Lucy Clasohm, Chemistry Teacher



SPORTS DAY



The Heights School Preschool- Year 12 SPORTS DAY

We are excited to invite all parents and caregivers to join us for our Preschool to Year 12 Sports Day! This event promises to be a fun and engaging day for all involved, and we would love for you to be a part of it.

Date: Thursday 2nd April, Term 1 Week 10

Location: School Grounds

Program Release

The program for the day will be available through electronic distribution. Additionally, hard copies can be obtained from the Front Office on the day of the event.

Key Information

Dress Code: Students should wear their house colours. Please ensure they wear appropriate sun protective clothing to stay safe and comfortable throughout the day.

Day Outline

Home Group Session

Students are to attend their Home Group at 8:40 am.

After a brief session, they will be instructed by their teacher to proceed to the Primary Asphalt.

Opening Address

The day will officially begin with an Opening Address at 9:00 am.

Sports Events

Following the address, students will head to their scheduled areas.

Events will commence at approximately 9:30 am.

We look forward to a day filled with energy, sportsmanship, and school spirit. Your presence will undoubtedly make the event even more special for the students. Thank you for your support, and we can't wait to see you there!



SPORTS DAY (CONTINUED)















The Heights School Preschool- Year 12 SPORTS DAY

Thursday 2 April, Term 1 Week 10
School Grounds

Food and Beverage Options

The school canteen will be operating out of both sides all day for **Secondary Years ONLY**. One side will be **HOT** food, payment via EFT available. The opposite side will be **COLD** food, payment via CASH only. Look for the signs marked **HOT FOOD** and **COLD FOOD**.

Primary Years are required to place recess and lunch orders via QKR app no later than 12noon **Friday 27 March**. A limited menu applies; when ordering you may see other options, please select from the Sports Day option only, see below.

 Donut - Blue	\$5.50	 4" Chicken Tender Burger & Juice...	\$9.50
 Donut - Green	\$5.50	 Cheese Pizza slices x 2 & Juice Box	\$9.00
 Donut - Red	\$5.50	 Hot Dog & Juice Box	\$8.50
 Donut - Yellow	\$5.50	 Nachos (Sm) & Juice Box	\$8.50
 Zoooper Dooper	\$1.00	 1/2 Hot Dog & Juice Box	\$6.00
 Nippy's Apple/Blackcurrant Froze...	\$2.20	 Cheese Pizza slice x 1 & Juice Box	\$6.00



SPORTS DAY (CONTINUED)



The Heights School Preschool- Year 12 SPORTS DAY

Thursday 2 April, Term 1 Week 10
School Grounds

Food and Beverage Options

SAUSAGE SIZZLE – Serving during lunch break only.

A Lions Club Sausage Sizzle will be located in two areas,
Year 7-12 Oval – payment via EFT available and Primary Years asphalt – payment via CASH only

- \$3.00 sausage on bread, optional onion and sauce
- \$4.00 vegetarian burger on bread, optional onion and sauce
- \$3.50 soft drink can (secondary years only)

COFFEE VAN – 8:30am – 12:00PM

A Coffee Van for parent/caregivers and families **only** will be located in the vicinity of the Primary Years asphalt area throughout the morning supplying Coffee, Hot Chocolate and limited bakery items. EFT available. Students will not be served



COMMUNITY NOTICES

Let's talk!
Intensive oral language program in the school holidays



This program will offer intensive and interactive language learning experiences for SA students enrolled in a Year 10, Stage 1 or 2 language pathway in a range of languages.

Register online at:
<https://www.ticketebo.com.au/letstalk>
Registration close 3 April 2026

VENUE:
School of Languages,
255 Torrens Road, West Croydon

COST:
\$10 per day
School card / Healthcare card holders **FREE**

WHEN:
Tuesday 14 APRIL and Wednesday 15 APRIL 2026
Thursday 9 JULY and Friday 10 JULY 2026

Key objective of all sessions is to improve proficiency through engaging and differentiated language/cultural experiences. Given that the focus of all sessions will be on the oral use of the target language, groups are capped at 12 students.

Note: Students will be able to register for either 1 or 2 days as the program for each day will be different.

Each day runs from 10.00am — 3.30pm. Three sessions of 75 minutes duration will be offered by highly proficient speakers of Chinese, French, German, Indonesian, Italian, Japanese & Spanish.



This program will offer intensive and interactive language learning experiences for SA students enrolled in Year 10, Stage 1 or 2 **INDONESIAN**

Register online at:
<https://www.ticketebo.com.au/letstalk>
Registration close 4 April 2026

VENUE:
School of Languages,
255 Torrens Road, West Croydon

COST:
\$10 per day
School card / Healthcare card holders **FREE**

WHEN:
Tuesday 14 April
**Indonesian will only be offered on this day*

Key objective of all sessions is to improve proficiency through engaging and differentiated Indonesian language/cultural experiences. Given that the focus of all sessions will be on the oral use of Indonesian language, groups are capped at 12 students.

Each day runs from 10.00am — 3.30pm. Three sessions of 75 minutes duration will be offered by a highly proficient speaker of Indonesian.

**Chinese, French, German, Italian, Japanese & Spanish will all be offered both days Tuesday 14 & Wednesday 15 April*



**Senior Girls State Sports Academy
South Australian Trial Day**

TRIAL DATE: MARCH 29, 2026

ACADEMY DATES: TBC

REGISTRATIONS NOW OPEN FOR ISLAMIC PARTICIPANTS AGED 15-17

Further details to follow once registrations close. Successful participants will be involved in this year's Senior Girls Sports Academy - A 12-month program starting later in 2026.



**Junior Boys State Academy
South Australian Trial Day**

TRIAL DATE: MARCH 29, 2026

ACADEMY DATES: TBC

REGISTRATIONS NOW OPEN FOR ISLAMIC PARTICIPANTS AGED 12-14

Further details to follow once registrations close. Successful participants will be involved in this year's Junior Boys Academy - A 12-month program starting later in 2026.



COMMUNITY NOTICES (CONTINUED)



Unwritten Hoops is more than a basketball development service, it's an inclusive environment for personal and on-court growth.

Dedicated to elevating players skills, I offer a unique framework for hoopers to shape their development journey - *Making Plays Your Way*.

At Unwritten Hoops, I believe in the power of individuality, with every player having a unique solution to a problem.

Through customised individual and group sessions, I empower players to explore their movement & skill capabilities in a high-energy competitive environment.

From working with one player in early 2023, to now training 40 players weekly, from complete beginners to NBL1 level pros, my goal for Unwritten Hoops remains the same - to provide an individualised platform for all players to become more curious discomfort seekers.

ABOUT ME

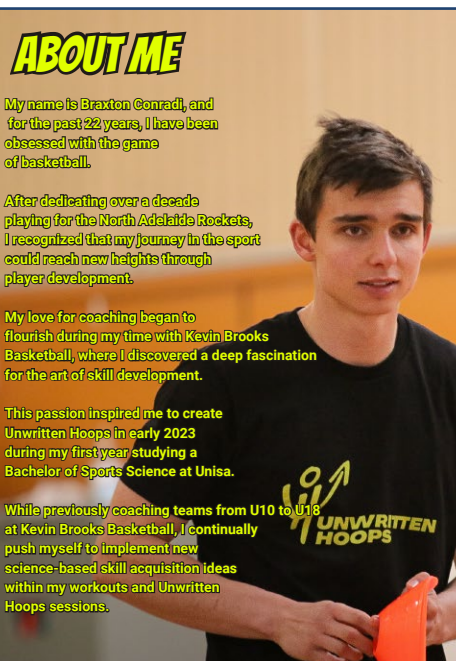
My name is Braxton Conradi, and for the past 22 years, I have been obsessed with the game of basketball.

After dedicating over a decade playing for the North Adelaide Rockets, I recognized that my journey in the sport could reach new heights through player development.

My love for coaching began to flourish during my time with Kevin Brooks Basketball, where I discovered a deep fascination for the art of skill development.

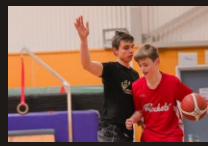
This passion inspired me to create Unwritten Hoops in early 2023 during my first year studying a Bachelor of Sports Science at Unisa.

While previously coaching teams from U10 to U18 at Kevin Brooks Basketball, I continually push myself to implement new science-based skill acquisition ideas within my workouts and Unwritten Hoops sessions.



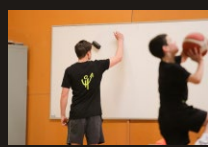
UH ACADEMY

UH Academy operates five days per week, catering to players from U8s through to U21s at Athelstone Primary School. Weekly sessions focus on developing a wide range of game skills within a competitive, group-based training environment, with monthly training videos provided to support each player's ongoing development. Unwritten Hoops is built on the belief of developing curious hoopers, prioritising holistic growth over short-term performance. Each session challenges players to embody Unwritten Hoops' three Core Values: Curiosity, Identity, and Discomfort Seeking.



TIME SLOTS - ATHELSTONE PRIMARY SCHOOL

- Monday
- 5 to 6 pm: U8/10
- 6 to 7pm: U10/12/14
- Tuesday: U10/12/14
- 6 to 7pm
- Wednesday: U14/16/18
- 6 to 7pm
- Thursday: U10/12/14
- 5.15pm to 6.15pm
- Saturday: U16/18/21 (Lab46)
- 7am to 8am



UH ACADEMY MEMBERSHIPS

NEW PLAYERS = FIRST SESSION IS FREE

HALF-TERM MEMBERSHIP

- 5 Sessions
- 2 Monthly Workout Videos
- Price: \$250 per player
- Family Option: \$425 (2 players) or \$475 (3 players)

TERM MEMBERSHIP

- 10 Sessions
- 2 Monthly Workout Videos
- Price: \$450 per player
- Family Option: \$750 (2 players) or \$900 (3 players)

UHA GOLD MEMBERSHIP

- 10 sessions
- 2 Monthly Workout Videos
- Individualised WEEKLY Workout Program
- 2 Monthly 30-minute film studies (in person)
- Price: \$900 per player

Prices will change subject to joining during the term

INDIVIDUAL & SMALL GROUP SESSIONS

Small group and individual workouts are a great alternative to academy sessions to dive deeper into specific game skills. Whether your looking at improving you're shooting, handle or finishing - this 60 minute personalised training framework is a great option. Every player also receives an individual performance plan and detailed game breakdowns.



LOCATION: LAB46 MAWSON LAKES

1 ON 1 CLICK ME SMALL GROUPS

FIRST SESSION FREE
4 session package: \$440
6 session package: \$600

1 session weekly: \$240/month
2 sessions weekly: \$420/month
3 sessions weekly: \$540/month



10% Discount for Academy Members on Individual & Group Sessions!



CLICK ANY BELOW!

NBL1 SESSION

SNEAK PEEK!

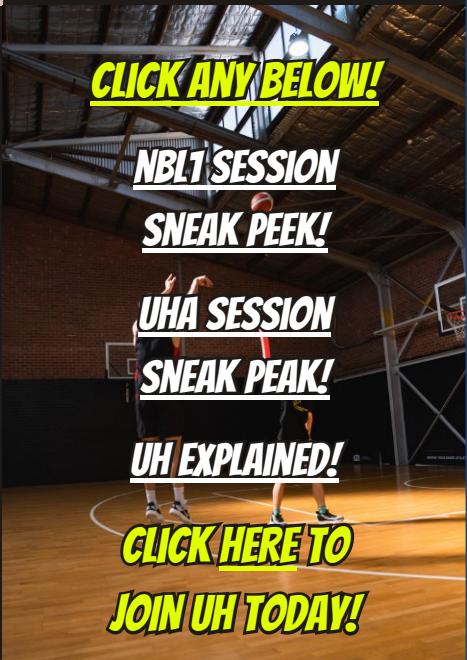
UHA SESSION

SNEAK PEEK!

UH EXPLAINED!

CLICK HERE TO

JOIN UH TODAY!



**Karate Builds More Than Skill
It Builds Character**

JINDOKAI SHOTOKAN KARATE-DO

Traditional Karate for Kids – Jindokai Shotokan Karate-Do

Jindokai teaches authentic Shotokan Karate, focusing on confidence, discipline, and personal development in a supportive environment.

Classes available for children and families.

Learn more: <https://senseidion.com.au/join>

WSKF Jindokai Shotokan Karate-Do: Mawson Lakes | Angle Vale | Modbury Heights